

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

August 2009

Medical Home/Multipayer Group

by Deonne Brown-Benedict

In June, the WA state Health Care Authority and DSHS initiated a meeting between health care plans, purchasers, and providers to determine how to improve health care (more prevention/screening, optimal management of chronic health conditions, gateways to care, reducing hospital admissions & ER visits, etc) in a cost effective manner. The group has since eliminated the Medical Home moniker since so many are uncomfortable using the term. The end goal of the group process is changing patient outcomes, and reconsidering provider payment is a large part of this process. Governor Gregoire had the opportunity to discuss the group's work with President Obama during a June meeting with him and indicated that Washington State may be one of the models for developing a coordinated health care system.

Aetna, GHC, Cigna, Community Health Plan, Group Health, Regence, United Healthcare, and Premera indicated support for moving forward in this process. The Washington State Medical Association and the Washington Association of Family Practices were represented. Alaska Air, Boeing, and the the Association of WA Businesses (a small business organization) were also represented. During the initial meeting health care plans were given 4 minutes to discuss their concerns, and provider and purchaser representatives were given 2 minutes. During ARNPs United's time, we discussed access, international perspectives on an increased nursing role, the NP's preventive and care coordination core, and inclusiveness. Afterwards several MD group and health care plan representatives indicated that they "tend to forget" NPs, and appreciated our representation. Common concerns among group representatives were developing a common metric across all health plans, having an administratable system, moving beyond fee for service (many spoke of capitation), engaging the consumer, developing a system that works for practices of all sizes, and pilot projects already in place across the country.

August's meeting will be dedicated to reviewing current data and pilot projects already in place to cull lessons learned and to outline the process for the group's work. In September, there will be a Summit meeting using concrete scenarios to discuss issues involved. It will use an interactive, electronic response system to engage the group. ARNPs United's purpose will be to

keep patient access and inclusivity at the forefront as we move forward.

Deonne Brown Benedict is a current member of the ARNPs United Board of Directors and Faculty at Seattle University.

Seeking Board of Directors Members for ARNPs United of WA State

We need your help. This October, at the Primary Care conference, we will hold an election for a new board of directors. Four BOD positions are open; the old board members have the option of running, as does every AUWS member. The bylaws call for 5 to 9 members on the BOD, with 4 of them serving as Board officers - President, Vice-President, Treasurer, and Secretary. The Chair of the Legislative Committee is automatically on the BOD as well (Legislative Committee members meet separately.) Board officers will be determined by the BOD after the election. The term of service is 2 years. The time involved is approximately 5-10 hours per month, as we have monthly to quarterly board meetings (which can be attended via conference call) and subcommittee work based on your area of interest. Our subcommittees include the ARNP Care newsletter, the website, membership, and public relations.

If you are interested, know someone you would like to nominate, or have any questions about this opportunity to serve Washington's ARNPs and their clients, please feel free to email tracy@nurse.net.

L&I Changes for Psychiatric ARNP Rules

The Department of Labor & Industries has adopted changes to the Washington Administrative Code. The amended WACs will do the following:

- ☑ Allow psychiatric ARNPs to treat injured workers WAC 296-23-241, and
- ☑ Clarify that concurrent care providers can prescribe medication while providing care to injured workers WAC 296-20-071 and WAC 296-21-270

The new rule was effective July 31, 2009. We are encouraging psychiatric ARNPs to submit applications now to become workers' compensation providers so you can start treating injured workers on July 31, 2009. You can do this electronically by going to www.lni.wa.gov and clicking on "managing claims for injured workers" and then "becoming an L&I provider."



Seattle Storm Nurses Appreciation Night

For the past several years, WSNA and the Seattle Storm have teamed up to jointly promote the nursing profession and WNBA basketball. This year, Johnson and Johnson has joined in the fun as a co-sponsor with WSNA and the Storm to bring you a special ticket offer of \$12 a ticket for the game! This is a great offer because these are regularly \$34 tickets!!

Saturday, August 22nd
Seattle Storm vs. Indiana Fever
7 p.m. at Key Arena
\$12 per ticket (regularly \$34/ticket)

To order, contact Dan Ferguson at (206) 272-2526.

As part of this special night, all nurses, nursing students and persons interested in the nursing profession, along with their family and friends, are invited to the game and all nurses will be asked to stand to receive a special recognition during the game.

Don't miss it! Call and order your tickets today!

New Non-Neurotoxic Head Lice Treatment

Sciele Pharma, Inc., a Shionogi Company, just announced the availability of Ulesfia (Benzyl Alcohol Lotion 5%), the first and only prescription medication that kills head lice by asphyxiation without potential neurotoxic side effects. Approved by the U.S. Food & Drug Administration (FDA), Ulesfia is available now by prescription nationwide in time for peak head lice season as children will shortly be headed back to school.

Each year, approximately 6 to 12 million children between the ages of 3 and 12 years are infested with head lice, parasites that survive by injecting small amounts of saliva and removing small amounts of blood from the scalp every few hours. To survive, lice breathe through sophisticated breathing holes that close upon contact with most liquids, allowing the lice to go into suspended animation and survive for hours without respiration. Ulesfia's unique mechanism of action is facilitated through the use of benzyl alcohol that prevents lice from closing their breathing holes, thereby asphyxiating them and causing death. Ulesfia is an effective head lice

treatment that does not contain harsh chemicals and addresses the increasing resistance of lice to therapies that contain neurotoxic chemicals.

Full prescribing information for Ulesfia (Benzyl Alcohol Lotion 5%) is available at <http://www.sciele.com>.

Editorial Note: One of the sound bites attached to this press release was done by Judith O'Haver, RN, MS, CPNP, Nurse Practitioner, Phoenix Children's Hospital. You've got to love that.

HHS Announces \$13.4 Million in Financial Assistance to Support Nurses

HHS Deputy Secretary Bill Corr on August 12 announced the release of \$13.4 million for loan repayments to nurses who agree to practice in facilities with critical shortages and for schools of nursing to provide loans to students who will become nurse faculty. The funds were made available by the American Recovery and Reinvestment Act (ARRA).

"The need for more nurses is great. Over the next decade, nurse retirements and an aging U.S. population, among other factors, will create the need for hundreds of thousands of new nurses," Deputy Secretary Corr said. "The awards from these two HRSA programs will help us meet projected demand for their services."

The awards come from two programs administered by HHS' Health Resources and Services Administration (HRSA): the Nurse Education Loan Repayment Program and the Nurse Faculty Loan Program.

Funding announced today under the Nurse Education Loan Repayment Program (NELRP) totals \$8.1 million. Those funds, awarded competitively, will help 100 registered nurses pay their nursing education debts. The program repays 60 percent of the loan balance of registered nurses in exchange for two years of service at facilities with a critical shortage of nurses. For a list of facilities employing the first 100 NELRP award winners from ARRA funds, go to <http://newsroom.hrsa.gov/releases/2009/nelrprecips.htm> Participants may be eligible to work a third year and receive additional repayment assistance.

Funds announced today under the Nurse Faculty Loan Program (NFLP) total \$5.3 million. Those funds go to schools of nursing to support the training of 500 masters and doctoral nursing students who plan to become nurse faculty after completing their education. Following graduation, loan recipients may cancel up to 85 percent of the loan principal and interest in exchange for four years of service as a full-time nursing faculty at a school of nursing. For a list of universities that received NFLP funds, go to http://newsroom.hrsa.gov/releases/2009/nflp_arra.htm

Approximately 50,000 individuals interested in going to nursing school are turned away due to insufficient capacity at schools of nursing. The two main factors limiting the ability to train more nurses are a faculty shortage and insufficient clinical training sites. For additional information about the Loan Repayment Program and other Recovery Act programs for health care professionals, see <http://bhpr.hrsa.gov/recovery/>.

Classified Ads

Snohomish County, WA – Full Time ARNP

Snohomish County Sheriff's Office Corrections Bureau is seeking applicants for Advanced Registered Nurse Practitioner. Salary range is \$75,220 - \$91,468 per year, full time position. Completion of formal nurse practitioner program & certification for advanced practice in Washington state; and BSN &/or 5 years experience. US citizenship required. Applications are available at www.snoco.org or by contacting the Civil Service Commission Office at 425-388-3600.

Tacoma, WA – Full Time ARNP

MultiCare Health System is searching for a full-time ARNP and/or PA-C to work with our gynecologic oncologist providing pre and post-operative care, rounding on patients in the hospital and providing first assist in surgery. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit. Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity.

Please visit our website to apply online at www.blazenewtrails.org, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Please refer to opportunity 5802 when responding.

Federal Way and Kirkland, WA – Bariatric NP

Are you an enthusiastic Nurse Practitioner looking for a rewarding career? We welcome you to look into our Nurse Practitioner position for a bariatric practice.

We offer: Competitive salary, Health and Dental Insurance, 401(K) with a generous employer match, Malpractice Insurance Coverage, CME allowance.

Please send your resume and inquiries to: MANAGER@C4WLS.COM or call 253-815-7774 ext 5

The surgeon and the facility have been designated as a "Center of Excellence" by the American Society for Metabolic & Bariatric Surgery (ASMBS). The surgeon performs the Lap Band, Sleeve Gastrectomy, Proximal Gastric Bypass, Medial Gastric Bypass, Duodenal Switch, and Revisions from prior bariatric surgeries. Federal Way and Kirkland, WA - Full time Benefits: Health and Dental, 401(k), Malpractice Insurance, CME allowance

Job Duties:

- Provide direct clinical care, consultation, and nutrition counseling
- Manage pre and post bariatric surgical problems and counsel patients on nutrition and supplements
- Perform band adjustments for Lap-Band patients
- Round on patients in the hospital
- Work both as an independent practitioner and also collaboratively with the physician on a case-by-case basis.

Qualifications:

- Graduation from an accredited school of nursing
- Current Washington State ARNP license with prescriptive privileges required
- Current ACLS certification required

CENTER FOR WEIGHT LOSS SURGERY

34509 9th Ave S #103
Federal Way WA 98003
Fax: (253) 815-7708
www.c4wls.com

Bellingham, WA – Nurse Practitioner

Experienced Family Nurse Practitioner. Work in thriving independent NP clinic in Bellingham, WA. Work with other NP's, EMR based, and computer skills a necessity, full range practice. Primary care skills, women's health, pediatrics. Patient education and Holistic care encouraged. Position is Full time, 3-4 longer days per week. Send resume and cover letter to: employment@BellinghamHealth.com.

Federal Way, WA – ARNPs Wanted

NHC is a progressive Medical Center located in Federal Way WA. We have an amazing opportunity for 2-6 positions for ARNPs and Certified Midwives to be a part of our team. This is a unique format. You would have a complete support system and built in referrals And have the freedom to practice independently. Our brand new and completely remodeled space is furnished with every thing you need to get started. The space is beautiful it includes one large office/2 treatment rooms/one lab/front desk reception & billing. There is also an opportunity to have more space if needed. We are group with Regence and could offer becoming a provider. We are an integrated clinic with services that include massage, acupuncture, chiropractic, medical skin care, physical therapy, family counseling. This is a high income earning potential. Please contact Teresa Fromm 253-942-3305 or Teresa@fwmusculartherapy.com.

CE Opportunities

Pacific NW 32nd Annual Conference for Advanced Practice in Primary and Acute Care

October 28-31, 2009 • 6.0-21.6 contact hours • Washington State Convention & Trade Center, Seattle, WA

Enhance your clinical competencies • Acquire new assessment and management skills • Examine critical issues in health care at the state and national level • Foster a strong coalition of providers in advanced practice • Learn about new products, services, and pharmaceutical agents at this highly-acclaimed conference.

For information call CNE, 206-543-1047

email: cne@u.washington.edu

Web: [uwcne.org](http://www.uwcne.org)

The URL for the Advanced Practice in Primary and Acute Care brochure: <http://www.uwcne.org/conf/PDFs/09130-C.pdf>

Services

Omni Medical Billing Service
Professional. Accurate. Aggressive.
e-mail: omnimbs@comcast.net
phone: 206.201.3226

Meetings

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$35/\$17.50 for students. Apply for membership and find meeting information at <http://PSNPA.org>

West Sound Advanced Practice Association meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

Healthy Humor

Dennis finally invested in a hearing aid after becoming virtually deaf. It was one of those invisible hearing aids.

“Well, how do you like your new hearing aid?” asked his Nurse Practitioner.

“I like it great. I’ve heard sounds in the last few weeks that I didn’t know existed.”

“Well, how does your family like your new hearing aid?”

“Oh, nobody in my family knows that I have it yet. Am I having a great time! I’ve changed my will three times in the last two months.”

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70, of 66 to 130 words are \$105, or 131 words or greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy

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