# Advanced Registered Nurse Practitioner Care

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# Official Newsletter of ARNPs United of Washington State

January 2010

#### NPHF Research Award

The Nurse Practitioner Healthcare Foundation (NPHF) and ARNPs United are proud to announce the NPHF/ARNPs United Primary Care Outcomes Research Award available now on the NPHF website: www.nphealthcarefoundation.org. This award is for a study of patient-related outcomes or effectiveness of nurse practitioner/nurse midwife provided primary care. The recipient must be a Washington State nurse practitioner or nurse midwifery graduate student or practicing nurse practitioner or nurse midwife. The award recipient will receive an initial award of \$1,000. Upon completion of the project, an additional \$500 will be awarded for dissemination of the study findings. The project must be completed within 2 years of the date of the award. Application deadline has been extended to March 1, 2010.

#### **AUWS Supports Proposed Legislation**

Current law authorizes pharmacists to accept prescriptions from physicians, osteopaths, dentists, podiatrists, and veterinarians licensed in any state or in a province of Canada that shares a common border with the state of Washington. ARNPs are not included. Here is the link to the current law.

http://apps.leg.wa.gov/rcw/default.aspx?cite=69.41.030

The proposed legislation would authorize pharmacists to accept prescriptions from ARNPs licensed in any state or in a province of Canada that shares a common border with the state of Washington.

The issue of having prescriptions from ARNPs licensed in other states filled by pharmacists is an access to care issue. This is primarily true for residents of Clark and Spokane counties who may cross into Oregon or Idaho to seek health care. Most people need prescriptions filled locally so they have easy access to refills and consultation with their pharmacists. In addition, according to the Census Bureau, an estimated 12% of Washington's population is over age 65. Many of these people are retired, have chronic health problems, and travel to other states where they may receive health care from ARNPs. The ability to have prescriptions written by them filled in Washington State assures continuity of care, and prevents exacerbations of health problems and costly hospitalizations.

Only two other states have limits on accepting prescriptions from ARNPs licensed in other states. Both Kentucky and Texas accept prescriptions only if they conform to the state's ARNP prescribing laws. This means that in Texas a prescription for a Schedule II controlled

substance cannot be filled. An example for Kentucky is that five medications may only be prescribed for a 2week supply with no refills.

The role of the nurse practitioner is new in Canada and there are only a few hundred nurse practitioners in British Columbia and Alberta. They have prescriptive authority that is more limited than that of ARNPs in Washington. For example, nurse practitioners in British Columbia do not prescribe controlled substances.

# Nurse Legislative Day February 8, 2010

It's time to get engaged and get active. As a nurse, you have one of the most trusted and respected voices — it's time to use it! Legislators and the public recognize that our daily experiences caring for the health of our patients and communities give us valuable and unique insight. You advocate for your patients every day. During Nurse Legislative Day, you'll learn how to be a powerful advocate for all patients in Washington.



Keynote Speaker Gov. Chris Gregoire

Learn about the critical issues facing nurses, nursing and health in Washington this year, but most importantly, you'll discover how you can make a difference in Olympia.

#### Featuring:

- ☐ Presentation of 'Legislator of the Year' Find out who's been a friend of nursing in Olympia
- □ Overview of WSNA priorities for 2010 Issues
   WSNA will work on in the

next legislative session and how you can get involved

- WSNA Political Action Committee News Update and information on how you can support the WSNA-PAC
- **Breakout Sessions** Learn how to be an effective advocate on the issues you care about
- ☐ Informal lunch Reconnect with old friends and meet new ones
- Meet with your legislators and attend hearings Visit <a href="www.leg.wa.gov">www.leg.wa.gov</a> to find out your legislative district and representatives or call the Legislative hotline at 1-800-562-6000. (You are encouraged to call your legislators in advance to make an appointment to guarantee availability.)

To register go to <a href="http://www.wsna.org/Nurse-Legislative-Day/Register/">http://www.wsna.org/Nurse-Legislative-Day/Register/</a>

#### NP Elected Medical Staff President

A family nurse practitioner has been elected president of the medical staff at Ellenville Regional Hospital in Ellenville, NY.

As a family nurse practitioner serving as clinical director within the Department of Emergency Medicine, Robert Donaldson is one of the first nurse practitioners known to be elected president of a medical staff in the country and is the first elected to that post at Ellenville.

In addition to his role at ERH, Donaldson provides Emergency Department care at Margaretville Memorial Hospital, Margaretville, and St. John's Riverside Hospital, Yonkers.

# NP Organizations Respond to AMA Scope of Practice Statement on NPs

Below is a copy of the letter sent to the AMA regarding a statement published by the AMA about the scope of nurse practitioner practice. The letter was dated December 8, 2009.

#### Dear Dr. Maves:

The undersigned organizations are responding to your request to the nurse practitioner (NP) community for feedback about the Nurse Practitioners module of the AMA Scope of Practice Data Series. The document contains numerous factual misrepresentations and misleading conclusions. We do not accept the AMA's attempt to change the perceptions of NP practice as anything other than fully qualified professionals working within a legally established scope of practice. The professional organizations representing nurse practitioners and the larger nursing community will ensure that the public and policy makers have accurate and unbiased information about our profession.

A multitude of studies that demonstrate the safety and high quality of care provided by nurse practitioners appear to have been disregarded in the module. As evidenced by the bias of cited material, the document serves an advocacy purpose rather than presenting a comprehensive assessment of the nurse practitioner profession. It is not appropriate for one health professional group to attempt to discredit the quality of education, credentialing and practice of members of another profession. A thorough and objective review of the comprehensive data would have found overwhelming evidence of the high quality of care provided by nurse practitioners.

As the AMA has recognized in its own policies, the determination of the scope, education and credentialing of a profession is the responsibility of that particular profession. No medical society has the legal authority or professional expertise to make such determinations for NPs or any other health care profession. Moreover, the use of "limited license provider" to describe NPs is a misnomer and misleading. Nurse practitioners are fully licensed professionals who practice within their legal authority and who have established a reputation for providing safe, effective, high quality care to their patients.

During a time when the nation faces a failing health care delivery system with so many unmet health care needs, the individual health care professions should make it a high priority to evaluate their own areas for improvement and ways to enhance, not further restrict, patients' access to health care. Actions to marginalize other health care professions do not achieve this objective and ultimately fail the patients who should be the focus of our professional efforts. Nurse practitioners and the nursing community would like to work in partnership, not opposition, with our physician colleagues to address the real health care needs of our patients.

#### Sincerely,

- American Academy of Nurse Practitioners
- American Academy of Nurse Practitioners Certification Program
- · American Academy of Nursing
- · American Association of Colleges of Nursing
- American Association of Critical-Care Nurses
- American Association of Critical-Care Nurses Certification Corporation
- American College of Nurse Practitioners
- American College of Nurse-Midwives
- American Nurses Association
- American Nurses Credentialing Center
- American Psychiatric Nurses Association
- Association of Faculties of Pediatric Nurse Practitioners
- · Commission on Collegiate Nursing Education
- · Emergency Nurses Association
- · Gerontological Advanced Practice Nurses Association
- · National Association of Neonatal Nurses
- National Association of Neonatal Nurse Practitioners
- · National Association of Nurse Practitioners in Women's Health
- National Association of Pediatric Nurse Practitioners
- · National Council of State Boards of Nursing
- National League for Nursing
- National League for Nursing Accrediting Commission
- National Nursing Centers Consortium
- National Organization of Nurse Practitioner Faculties
- · Oncology Nurses Society
- · Pediatric Nursing Certification Board
- The National Certification Corporation for the Obstetric, Gynecologic, and Neonatal Nursing

# Gallup Poll Again Votes Nurses Most Trusted Profession

For the eighth consecutive year, nurses have been voted the most trusted profession in America according to Gallup's annual survey of professions for their honesty and ethical standards. Eighty-three percent of Americans believe nurses' honesty and ethical standards are either "high" or "very high."

"It is with great pride that the ANA recognizes the trust placed in us by the patients we serve," commented ANA President Rebecca M. Patton, MSN, RN, CNOR. "At this time, when issues regarding the quality and availability of care are at the forefront of the national debate, we find it especially rewarding to see that nursing's integrity and commitment continues to be acknowledged."

Since being included in the Gallup poll in 1999, nurses have received the highest ranking every year except in 2001, when fire fighters received top honors. Results were based on telephone interviews with more than 1,000 adults.

#### Classified Ads

#### Palliative Medicine - Tacoma, WA

MultiCare Health System is searching for a full-time ARNP to work in our Palliative Medicine program. Candidates should have a minimum of three years experience with at least two years experience in palliative medicine, hospice or oncology. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit.

Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at http://blazenewtrails.org/, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Please refer to opportunity #7292 when responding.

"MultiCare Health System is proud to be a drug free workplace"

#### Full-Time ARNP - Tacoma, WA

MultiCare Health System is searching for a full-time ARNP and/or PA-C to work with our gynecologic oncologist providing pre and post-operative care, rounding on patients in the hospital and providing first assist in surgery. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit. Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at www.blazenewtrails.org, email your CV to blazenewtrails@multicare.org or fax your CV to 866.264.2818. Please refer to opportunity 5802 when responding.

# Pulmonary ARNP - Tacoma, WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Tacoma, WA. Competitive

salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at http://blazenewtrails.org/, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Please refer to opportunity #6249 when responding.

"MultiCare Health System is a drug free workplace"

#### Part-time, Adult Psychiatric, ARNP

A Recovery Innovations career means more than realizing your potential. It means becoming part of the leadership; integrity and absolute commitment to creating opportunities and environments that empower people to recover.

We are recruiting for a Part-time, Adult Psychiatric, ARNP to join our multi-disciplinary team of professionals. Responsibilities include coordinating and providing medical/clinical services including engagement, assessment, differential diagnosis, recovery service planning, medication management, education, and risk assessment and discharge planning. Use of Recovery Coaching to maximize opportunities to create recovery partnerships and a recovery environment while providing leadership to the team that ensures a No Force First recovery environment that supports the Recovery Pathways.

**Qualifications**: Master's degree, ARNP with minimum three (3) years of Nursing experience in an acute psychiatric setting training and experience in addiction preferred, and one (1) year of exp. as an ARNP. Current WA State license as an RN, ARNP and (DEA) authorization to prescribe all necessary medications required.

If you are ready for an exceptional career please e-mail or fax your resume to <a href="mailto:bernadette.brown@recoveryinnovations.org">bernadette.brown@recoveryinnovations.org</a>, fax: 602.636.5213. EEO/AA

# **CE** Opportunities

# Be a Difference Maker! Apply NOW to the University of Portland DNP Program!

Post-baccalaureate and post-master's NP students are welcomed. Post-baccalaureate students graduate as Family Nurse Practitioners. Our innovative program features: (1) an integrative healthcare component, (2) an elective focus on working with the poor, and (3) a blended format of online and in-person classes for distance students. Our next cohort will begin in May 2009. Contact us today to learn more! E-mail: nursing@up.edu. Phone: 503.943.7211. Website: www.nursing.up.edu

### Services

Omni Medical Billing Service

Professional. Accurate. Aggressive.

e-mail: omnimbs@comcast.net, phone: 206.201.3226

Testimonial: "I highly recommend Lisa Brock of Omni Medical Billing Services. I have used various other medical billers over the last 7 years and Lisa is by far the best person for the job. She is conscientious and works very well with my patients." Audrey Van Voorhis ARNP

#### Meetings

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$35/\$17.50 for students. Apply for membership and find meeting information at http://PSNPA.org

West Sound Advanced Practice Association meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for

more information.

Private Practice NP Discussion Group. All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Next meeting Thursday Jan 14, 2010. RSVP at least 48h in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

# Inspirational Quote

Happiness is a choice. You choose how you respond to the things in your life. It doesn't mean it's easy or you feel happy every day - but you have the power to choose differently. ~Abby Rike

## Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70, of 66 to 130 words are \$105, or 131 words or greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space

limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

# ARNPs United of WA State

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