

Advanced Registered Nurse Practitioner Care

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April 2010

WA Legislative Update 2010

Bills That Passed

These bills successfully passed the Legislature and have been delivered to the Governor for final approval and action. (Please note that bills take effect after 90 days unless otherwise noted in legislation.)

Authorizing Washington Pharmacists: to accept & fill prescriptions written by NPs in other states & certain Canadian providences. This bill was introduced by Representative Morrell & Senator Marr on behalf of ARNPs United of Washington State. The bill simply adds nurse practitioners that are licensed in other states, to the current list of prescribers from which pharmacists can accept prescriptions. The bill was necessary to eliminate a barrier to care & an access issue for Washingtonians who seek care outside of Washington & need to get their prescriptions filled at their local pharmacies.

The bill was supported by the WSNA, Washington State Pharmacy Association, WANA, AAPPN, National Association of Chain Drug Stores, and National Federation of Independent Business. The bill passed unanimously in both the House and the Senate.

Medical Marijuana: Health care professionals are defined for purposes of this act as physicians, osteopathic physicians, physician assistant and osteopathic physician assistants, naturopaths, and advanced registered nurse practitioners.

Health care professionals provide the valid documentation, which authorizes the medical use of marijuana for qualified patients who benefit from its use. Valid documentation for medical marijuana use must be a signed and dated statement by the health care professional on tamper resistant paper. Copies of a signed statement by a qualifying patient's health care professional or medical records are still valid.

East Asian Medicine Practitioners: The state's professional designation of acupuncturist is changed to East Asian Medicine Practitioner. Those who are currently licensed as an acupuncturist are to be granted the title of East Asian Medicine Practitioner upon license renewal. The practice of acupuncture is changed to East Asian medicine. In addition to the techniques and methods used by practitioners under the current law, East Asian Medicine Practitioners can use lancets, give dietary advice, use breathing, relaxation and exer-

cise techniques, QI Gong, health education, East Asian massage, Tui Na, hot and cold therapies, and make use of herbs, vitamins, minerals, and dietary and nutritional supplements.

East Asian Medicine Practitioners are allowed to continue to treat a patient who has refused a consultation with a primary health care provider if the patient signs a waiver which includes an explanation of the practitioner's scope of practice, and a statement that the services that an East Asian Medicine Practitioner is authorized to provide will not resolve the patient's underlying potentially serious disorder.

Establishing the Vaccine Association: This bill establishes a nonprofit corporation to facilitate universal purchase of vaccines for children and assess health carriers and third-party administrators for the cost of vaccines for children under age 19. It also authorizes the Association board to recommend the termination of the Association after June 30, 2015.

Limiting the Use of Restraints on Pregnant

Women or Youth: This bill prohibits restraints of any kind on any pregnant woman or youth in a correctional or detention facility while she is in labor, during childbirth, or in postpartum recovery; permits use of restraints only under extraordinary circumstances; requires the Washington Association of Sheriffs and Police Chiefs, Department of Corrections, DSHS, Juvenile Rehabilitation Administration, and Criminal Justice Training Commission to jointly develop an information packet for distribution on the requirements of this law; requires the information packet to be distributed to all medical and nonmedical staff involved in transporting pregnant women who are in the custody of a detention or correctional facility; requires notice of the requirements of this law to be provided to all women who are pregnant at the time of correctional custody; and requires conspicuous posting of these requirements in correctional facilities. This has been delivered to the Governor for signature.

Pain Management: This is intended to decrease accidental overdoses from opioid prescriptions. Washington has the highest opioid death rates in the country. The NCQAC and other prescriber commissions are to consider during rule making: special circumstances when dosage amounts maybe exceeded without consultation from a pain specialist; when a single consultation with a pain specialist shall suffice for a patient on a stable, ongoing course of pain management treatment; when a health care provider seeks a

health care provider seeks a pain specialist consultation, the patient cannot be charged; rules adopted by each practitioner board or commission must include information on sufficient training and experience to exempt a practitioner from the specialty consultation requirement; methods for enhancing the availability of consultations; allowing the efficient use of resources; and minimizing the burden on practitioners and patients; guidance on when to seek specialty consultation and ways in which electronic specialty consultations may be sought; guidance on tracking clinical progress by using assessment tools focusing on pain interference, physical function, and overall risk for poor outcome; and guidance on tracking the use of opioid.

Legislation That Did Not Pass During Regular Session

SHB 2706 Concerning Exemption From Immunization: This bill created new requirements for parents or guardians seeking an exemption from required school entry immunizations. They would have to provide a written certification from a health care practitioner (which include ARNPs) stating that the health care practitioner gave the person signing the certification form information about the benefits and risks of immunization. HB 2706 passed the House and the Senate Health and Long Term Care Committee but died in the Senate.

HB 2989/SB Concerning respiratory care practitioners: The types of practitioners under whose order and direction a RCP may practice are expanded to health care practitioners instead of physicians. Health care practitioner is defined to include physicians, osteopathic physicians, physician assistants, osteopathic physician assistants, and ARNPs.

2SSB 5279 Providing for the Safe Collection and Disposal of Unwanted Drugs From Residential Sources: A product stewardship program is created beginning in January 2013. The program requires producers of legend, non-legend, brand name, and generic drugs to participate in this program to dispose of unwanted products from residential sources regardless of who produces the unwanted product. The bill died on the Senate Floor.

SB 6811 Concerning Naturopathy: A seven-member board of naturopathy is created. Members are appointed by the Governor and serve four-year terms. Five members of the board must be licensed naturopaths, and two members must be from the public. The board is responsible for setting minimum education and experience requirements, preparing and administering examinations, and determining whether alternative methods of training are equivalent to formal education for eligibility to take the exam. The board serves as the disciplinary

authority and is authorized to adopt rules to administer the chapter. Died in the Senate Health Care Committee.

NCC Adopts Continuing Competency Model for Certification Maintenance

By Sarah Korkowski

The National Certification Corporation (NCC), which provides certification for Neonatal Nurse Practitioners and Women's Health Care Nurse Practitioners, recently announced its adoption of a continuing competency model for renewal of certifications. The Professional Development Certification Maintenance Program focuses on targeting an individual's specific educational needs using an assessment evaluation, and provides a learning plan with content specific CEU requirements to maintain certification.

NCC sites that these changes are a response to the call for greater accountability and transparency in the certification maintenance process. Certification represents continued knowledge of the entire certified specialty as well as current national standards of practice. Without some form of assessment at the time of renewal, there is no way to be certain that these standards are maintained. There are a number of other licensed independent practitioners that have a competency component to certification maintenance, including physicians and physician assistants.

NCC will begin a phased transition to the competency model in June 2010. Once the transition is complete, there will be an assessment exam to be completed in the first year of the three-year certification cycle. Areas in which the nurse practitioner scores less than a 7.5, will result in a CEU requirement for that area, which must be completed prior to renewal. There is no "failing score" as no score on the assessment exam will result in removal of certification. There will be a sliding scale of required CEUs, however, as one may need as few as 15, or as many as 55 depending on the assessment evaluation. Full details of the transition to the Professional Development Certification Maintenance Program can be found at www.nccwebsite.org.

Classified Ads

Full-Time ARNP – Tacoma, WA

MultiCare Health System is searching for a full-time ARNP and/or PA-C to work with our gynecologic oncologist providing pre and post-operative care, rounding on patients in the hospital and providing first assist in surgery. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit. Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at www.blazenewtrails.org, email your CV to

blazenewtrails@multicare.org or fax your CV to 866.264.2818. Please refer to opportunity 5802 when responding.

Urology ARNP – Western WA

Multi-specialty group seeking certified nurse practitioner to join a thriving Urology practice. Primary responsibilities include treating and managing patients in an outpatient clinic setting. Previous urology or other surgical experience is highly desirable. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "Multicare Health System is a Drug Free Workplace"

Pediatric Nurse Practitioner – Southwest WA

Mary Bridge Children's Hospital seeks a Pediatric Nurse Practitioner with urgent care, emergency medicine, or inpatient and outpatient experience to provide care in our Pediatric Intermediate Short Stay Unit located within our brand new hospital expansion pavilion. Applicants must be flexible, self-motivated and committed to providing quality care. Excellent pediatric nursing and support staff, and access to the resources and expertise of pediatric subspecialists keep you better connected. As a MultiCare employee, you will enjoy excellent compensation, benefits and system-wide support, as well as a rewarding and fulfilling career with opportunity for personal growth and advancement. Experience the best of Northwest living, from big-city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org, or fax it to 866-264-2818. For more information, contact MultiCare Provider Services at 800-621-0301. Refer to Opportunity #6650. Multicare is a drug free workplace.

Family Nurse Practitioner – Bellingham, WA

Experienced Family Nurse Practitioner. Work in a thriving independent NP clinic in beautiful Bellingham, WA. EMR based, computer skills a necessity, full range practice. Interesting supportive work environment. Primary care skills, gyn and menopause experience, pediatrics preferred. Patient education, holistic and integrative care valued. Position is Full time, 3-4 longer days per week. Job opening July 2010. Send resume and cover letter to: employment@BellinghamHealth.com.

Palliative Medicine – Tacoma, WA

MultiCare Health System is searching for a full-time ARNP to work in our Palliative Medicine program. Candidates should have a minimum of three years experience with at least two years experience in palliative medicine, hospice or oncology. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit.

Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

Please refer to opportunity #7292 when responding. "MultiCare Health System is proud to be a drug free workplace"

Notices

Passport Health of Western Washington Closed

Passport Health of Western Washington has closed. We have appreci-

ated your referrals over the last 6 years. Medical records may be requested via written request including full name of patient, DOB, contact address and phone number and the signature of the patient/guardian to: Passport Health of W. WA, P.O. Box 940, Milton, WA 98354.

CE Opportunities

Brief Interventions Using Motivational Interviewing in the Primary Care Setting

May 21, 2010 • Seattle • 6.5 CEUs • \$195

Changing problematic behaviors involves much more than simply giving patients information. It is a process of exploring conflicting interests and needs. Motivational Interviewing techniques help primary care providers to work with their patients by resolving this ambivalence around problematic behaviors – such as medication adherence, physical activity, diet/nutrition issues, smoking, lifestyle changes, and drug/alcohol use.

An internationally recognized trainer, Christopher Dunn, PhD, will teach you practical, brief, and easy-to-use tools to enhance your treatment of patients. This training focuses on teaching you skills to help improve your patient interactions, with multiple opportunities to practice.

Sponsored by CHAMMP at Harborview Medical Center. For information visit www.chammp.org, or contact us at 206-744-1751 or CTI-train@uw.edu.

Pacific NW 33rd Annual Conference for Advanced Practice in Primary and Acute Care

October 29 to September 2, 2010 • 6.0-21.6 contact hours • Washington State Convention & Trade Center, Seattle, WA

Enhance your clinical competencies • Acquire new assessment and management skills • Examine critical issues in health care at the state and national level • Foster a strong coalition of providers in advanced practice • Learn about new products, services, and pharmaceutical agents at this highly-acclaimed conference.

For information call CNE, 206-543-1047

email: cne@u.washington.edu

Web: [uwcne.org](http://www.uwcne.org)

The URL for the Advanced Practice in Primary and Acute Care brochure: <http://www.uwcne.org/conf/PDFs/09130-C.pdf>

2010 Annual Conference - Washington Association of Diabetes Educators "Practically Speaking"

May 21 and 22 in Bellevue, WA at the Hyatt Hotel, 900 Bellevue Way NE. ARNPs can earn 9 CEUs for this event

ARNPs' practices are filled with patients with diabetes (often uncontrolled.) National statistics report new cases of diabetes are increasing significantly. It is more important than ever to keep current with practice guidelines for managing diabetes.

This event provides an opportunity for ARNPs to increase their knowledge in diabetes and make connections with other professionals working in the field of diabetes and earn CEUs!

For registration info, please contact 2010wade@gmail.com.

Services

Coding & Billing Education; Denials Management; Reimbursement Analysis

"Work smarter, not harder" to receive the reimbursement you've earned, that allows you to continue to deliver quality patient care while adhering to Medicare's billing compliance standards. I'm a 3-time presenter for the PNW Conference Advanced Practices in Primary & Acute Care @ the Washington State Convention/Trade Center.

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Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$35/\$17.50 for students. Apply for membership and find meeting information at <http://PSNPA.org>

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Next meeting Thursday May 13, 2010. RSVP at least 48h in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70, of 66 to 130 words are \$105, or 131 words or

greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

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