

Advanced Registered Nurse Practitioner Care

Vol. 21, No. 5

Official Newsletter of ARNPs United of Washington State

May 2010

Barriers to NP Prescribing

Louise Kaplan, PhD, ARNP and Marie-Annette Brown, PhD, ARNP are writing a chapter on barriers to prescribing for a book about the advanced practice nurse and prescribing. They are looking for examples of ARNPs who may be in practices that may have prescribing policies that are more restrictive than the law. For example, does an employer or health system prohibit you from prescribing certain controlled substances even though you are legally authorized to prescribe them? Does an employer or health system have requirements beyond the state's educational requirements such as taking additional coursework in pharmacology or passing an examination about a specific body of prescribing knowledge? They feel this is an important area of barriers to practice to reveal if it exists. Thank you for consideration of this request and any assistance you can provide. Please send your examples to kaplanla@wsu.edu.

Pain Management Rule Making

The NCQAC and other prescriber commissions are preparing to write rules related to patient care and required patient consultation with a pain specialist.

The rule writing will outline: special circumstances when dosage amounts may be exceeded without consultation from a pain specialist; when a single consultation with a pain specialist shall suffice for a patient on a stable, ongoing course of pain management treatment; when a health care provider seeks a pain specialist consultation, the patient cannot be charged; rules adopted by each practitioner board or commission must include information on sufficient training and experience to exempt a practitioner from the specialty consultation requirement; methods for enhancing the availability of consultations; allowing the efficient use of resources; and minimizing the burden on practitioners and patients; guidance on when to seek specialty consultation and ways in which electronic specialty consultations may be sought; guidance on tracking clinical progress by using assessment tools focusing on pain interference, physical function, and overall risk for poor outcome; and guidance on tracking the use of opioids.

ARNPs are encouraged to sign-up for the Nursing Commission list-serve: <http://listserv.wa.gov/cgi-bin/wa?SUBED1=nursing-qac&A=1> Another good mechanism to keep informed is the Rules in Progress

portion of the NCQAC website:

<http://www.doh.wa.gov/hsqa/professions/Nursing/RulesInProgress.htm> The rules writing workshops are projected to start in July and go through August. There are 4-6 workshops projected to happen during this 2-month period. The plan is to have all stakeholders at these workshops so there may be representatives from all special interest groups i.e. Nursing, Medical, Dental, Osteopathy and others.

Tamper-Resistant Prescription Pad Requirement

Beginning July 1, 2010, Washington State law will require all prescriptions for delivery to a pharmacy to be written on Board of Pharmacy approved tamper-resistant paper or pads. All approved paper will be affixed with a Board of Pharmacy "seal of approval."

The seal will consist of a map of Washington State with a mortar and pestle in the center. To the right of the graphic the text will read "Paper Approved by Washington State Board of Pharmacy."

Multiple vendors have completed the review/approval process. All approved vendors have demonstrated to the board that they meet the security standards as required in RCW 18.64.500. A list of approved vendors is available at:

<http://www.doh.wa.gov/hsqa/Professions/Pharmacy/documents/ApprovedVendors.pdf>

For answers to frequently asked questions, please visit the Washington State Board of Pharmacy's webpage at <http://www.doh.wa.gov/hsqa/Professions/Pharmacy/default.htm>

Ed Note: For those being forced to find a new printer Alliance Printing, Kent, WA has provided excellent printing services to editors Wiley & Smithing.

Elizabeth Thomas National Public Health Week Honoree

WSPHA Recognizes Elizabeth Thomas, ARNP as a 2010 Health Champions in the Community: Local Category

NP Thomas is currently retired after a long career as a pediatric nurse practitioner at Odessa Brown Children's Clinic in Seattle, which provides medical, dental and mental health care under one roof to families regardless of their ability to pay. Despite retirement, Liz continues to provide her professional services to backfill staff absences at Odessa Brown, as well as working a few days a week providing nursing care at First Place, a school

for homeless elementary students. She also teaches Effective Black Parenting for parents in our community. For over 20 years, Liz has served as Co-Chair of the Infant Mortality Prevention Task Force (recently renamed the Equal Start Community Coalition), leading community members in Seattle to address racial disparities in infant mortality for African American and Native American babies. She steadfastly, graciously, and expertly leads the coalition of community members and service providers to advocate on behalf of our most vulnerable and most valuable residents, our babies.

Liz tells a story of when she decided, as a very young child, to become a nurse, so all black children would be treated fairly and sensitively. She spent an entire career nurturing, advocating and caring for children of color, and was a favorite provider at her clinic. She continues to be a favorite, both when providing medical care, and when teaching parenting.

To see the stories of more honorees visit www.wspha.org/2010HealthChamps

Classified Ads

Full-Time ARNP – Tacoma, WA

MultiCare Health System is searching for a full-time ARNP and/or PA-C to work with our gynecologic oncologist providing pre and post-operative care, rounding on patients in the hospital and providing first assist in surgery. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit. Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at www.blazenewtrails.org, email your CV to blazenewtrails@multicare.org or fax your CV to 866.264.2818. Please refer to opportunity 5802 when responding.

Urology ARNP – Western WA

Multi-specialty group seeking certified nurse practitioner to join a thriving Urology practice. Primary responsibilities include treating and managing patients in an outpatient clinic setting. Previous urology or other surgical experience is highly desirable. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "Multicare Health System is a Drug Free Workplace"

Family Nurse Practitioner – Bellingham, WA

Experienced Family Nurse Practitioner. Work in a thriving independent NP clinic in beautiful Bellingham, WA. EMR based, computer skills a necessity, full range practice. Interesting supportive work environment. Primary care skills, gyn and menopause experience, pediatrics preferred. Patient education, holistic and integrative care valued. Position is Full time, 3-4 longer days per week. Job opening July 2010. Send resume and cover letter to: employment@BellinghamHealth.com.

Palliative Medicine – Tacoma, WA

MultiCare Health System is searching for a full-time ARNP to work in our Palliative Medicine program. Candidates should have a minimum of three years experience with at least two years experience in palliative medicine, hospice or oncology. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit.

Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

Please refer to opportunity #7292 when responding. "MultiCare Health System is proud to be a drug free workplace"

Full-Time NP or PA – Gig Harbor, WA

Northwest Vein & Aesthetic Center in Gig Harbor, WA is currently recruiting for a full time Nurse Practitioner or Physician Assistant. You will be working closely with Dr. Aksel G. Nordestgaard, a triple-board certified general and vascular surgeon, and phlebologist. Salary DOE. Excellent benefits package, including vacation and paid sick leave, 401K, medical/dental insurance. Please send letter of professional interest, a copy of your resume, and any other materials you wish by email (preferred) to: tandar@nwveins.com or fax to: 253-857-0259 or mail to: Northwest Vein & Aesthetic Center, 4700 Pt Fosdick Dr NW, Suite 307, Gig Harbor, WA 98335. For more information about our clinic, please view our website at www.nwveins.com.

Women's Health

Join a women's health practice that provides a full spectrum of primary care services to women. Annual exams, menopausal management, skin care, metabolic management and cardiac prevention, bladder problems, specialty gynecologic care and functional medicine are just some of what you'll manage. Our team has a holistic approach to the care of women and a positive upbeat approach. Salary is competitive, with a safe solid base, and a production based bonus. Great benefits - health, CME, vacation, sick pay, and a generous safe harbor retirement plan. Find out more by emailing bhall@whconnection.com. We look forward to hearing from you!

Psychiatric NP – Eastern WA

Wenatchee Valley Medical Center is seeking two solution-oriented certified psychiatric ARNP specialists with prescriptive authority for out-patient practices in North Central Washington. Join strong and busy team of 4 ARNPs, 2 MSWs and 2 MAs. Work alongside primary care and specialty physician owners of comprehensive multi-specialty group. Integrated system with full electronic records, transcription, reception, and nursing support. High production-based salary with initial income guarantee, excellent benefits and retirement. Physician-owned and patient centered since 1940.

One opening is in Wenatchee WA; the other in Moses Lake WA. Our successful candidate for Moses Lake Clinic will be a self-starter and able to practice more independently. The Wenatchee department can more easily accommodate a new grad.

See more details and learn more about these two small cities with sunny, moderate 4-season climates surrounded by mountains, lakes and rivers at www.wvmedical.com. Email CV to JoinUs@wvmedical.com.

ARNP/PA-C Spine Oriented Practice – Puyallup, WA

Busy neurosurgical/interventional pain practice with offices in Puyallup/Tacoma/Gig Harbor, WA, looking for experienced ARNP or PA-C. Duties include clinical coverage for pain management and neurosurgery services, surgical first assist, hospital rounds, and practice call coverage. Innovative and supportive practice environment with on-site MRI, interventional pain service, and ambulatory surgery center. Located 30 minutes south of Seattle, the area has excellent restau-

rants, a wide range of cultural events, and unparalleled outdoor activities with mountains, salt and freshwater access.

Excellent benefits for family medical/dental plans, 401(k), productivity based bonus plan, salary DOE. Interested parties send your CV, letter of interest and references to: Hiroshi Nakano, Chief Executive Officer, South Sound Neurosurgery, PLLC, 1519 3rd Street, Suite 101, Puyallup, WA 98372, by email at hnakano@southsoundneurosurgery.com or fax to 253.841.5944.

FNP Locums – Kent, WA

FNP Locums needed July, Aug, and Sept. One or two days per week. Work with a terrific staff and 3 great NPs in South King County. Established family practice setting with limited Medicare clientele. Experience as a FNP preferred. Send CV via email to Maddy Wiley, ARNP at mwiley@familycareofkent.com.

Endocrinology – Tacoma, WA

MultiCare Health System is looking for an ARNP to join our group of Endocrinology Specialists. The ideal candidate would have a strong interest in managing patients with diabetes, including dietary and insulin instruction, insulin pump management, continuous glucose monitoring as well as direct patient care. Prior CDE training would be helpful. Located 30 miles south of Seattle on the shores of the Puget Sound. You'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Opportunity #9224.

"MultiCare Health System is proud to be a drug free workplace"

Oncology – Auburn, WA

MultiCare Health System is searching for a full-time Oncology ARNP to work with our established and expanding comprehensive cancer program. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Opportunity #8566.

"MultiCare Health System is a drug free workplace"

Full-Time Adult Med. ARNP – Everett, WA

Snohomish County Sheriff's Office, Corrections Bureau
To \$91,468 / year + benefits

The Snohomish County Sheriff's Office, Corrections Bureau, is looking for one exceptional ARNP to join its team of medical & mental health professionals. If you value public service & work well with diverse groups, we invite you to apply. The successful candidate will provide primary care including examining, diagnosing, developing health care plans & treating or referring inmates housed in the Snohomish County Jail, an adult, secure detention facility. Qualifications & application instructions are available on the Snohomish County Employment Page www.snoco.org/Departments/Human_Resources/Services/Employment
One vacancy, open until filled, requires successful completion of polygraph & psychological exams, drug screen & criminal history background investigation. Questions may be directed to Civil Service Examiner lynn.trowbridge@snoco.org. EOE

CE Opportunities

Brief Interventions Using Motivational Interviewing in the Primary Care Setting

May 21, 2010 • Seattle • 6.5 CEUs • \$195

Changing problematic behaviors involves much more than simply giving patients information. It is a process of exploring conflicting interests and needs. Motivational Interviewing techniques help primary care providers to work with their patients by resolving this ambivalence around problematic behaviors – such as medication adherence, physical activity, diet/nutrition issues, smoking, lifestyle changes, and drug/alcohol use.

An internationally recognized trainer, Christopher Dunn, PhD, will teach you practical, brief, and easy-to-use tools to enhance your treatment of patients. This training focuses on teaching you skills to help improve your patient interactions, with multiple opportunities to practice.

Sponsored by CHAMMP at Harborview Medical Center. For information visit www.chammp.org, or contact us at 206-744-1751 or CTI-train@uw.edu.

Pacific NW 33rd Annual Conference for Advanced Practice in Primary and Acute Care

September 29 to October 2, 2010 • 6.0-21.6 contact hours • Washington State Convention & Trade Center, Seattle, WA

Enhance your clinical competencies • Acquire new assessment and management skills • Examine critical issues in health care at the state and national level • Foster a strong coalition of providers in advanced practice • Learn about new products, services, and pharmaceutical agents at this highly-acclaimed conference.

For information call CNE, 206-543-1047

email: cne@u.washington.edu

Web: [uwcne.org](http://www.uwcne.org)

The URL for the Advanced Practice in Primary and Acute Care brochure: <http://www.uwcne.org/conf/PDFs/09130-C.pdf>

2010 Annual Conference Washington Association of Diabetes Educators "Practically Speaking"

May 21 and 22 at the Hyatt Hotel 900 Bellevue Way NE, Bellevue, WA

ARNPs can earn 9 CEUs for this event. ARNPs' practices are filled with patients with diabetes (often uncontrolled.) National statistics report new cases of diabetes are increasing significantly. It is more important than ever to keep current with practice guidelines for managing diabetes. This event provides an opportunity for ARNPs to increase their knowledge in diabetes and make connections with other professionals working in the field of diabetes and earn CEUs! For registration info, please contact 2010wade@gmail.com.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$35/\$17.50 for students. Apply for membership and find meeting information at <http://PSNPA.org>

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Next meeting Thursday May 13, 2010. RSVP at least 48h in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

253.852.9042. Fax 253.852.7725. Email care@nurse.net.

<p align="center">ARNPs United of WA State 10024 S.E. 240th St., Suite #102, Kent, WA 98031 253.480.1035 Fax: 253.852.7725 Email: au@auws.org Web site: www.auws.org</p>

<p align="center">ARNP Care 10024 S.E. 240th St., Suite #102, Kent, WA 98031 253.852.9042 Fax: 253.852.7725 Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare</p>
--

<p>Editors: Robert T. Smithing, MSN, ARNP Madeline D. Wiley, MSN, ARNP ARNPs United Contributing Editors: Deb Smith, FNP, DNP, ARNP (President) Louise Kaplan, PhD, ARNP (Legislative Chair) Patti Krafft, FNP, ARNP (ARNP Care Committee Chair) Managing Editor: Tracy Kiele Production Staff: Sarah Abid Publisher: NP Central <p align="right">© 2010 NP Central Subscriptions are \$25 per year. tax included. Ad rate sheet available on request.</p> </p>

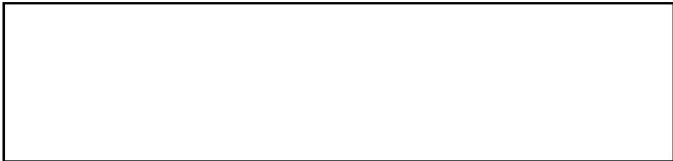
Healthy Humor

A man was sitting up in his hospital bed while his wife was opening his get well cards.

“This card says ‘Get Well Quick.’ It’s from our hospitalization plan!”

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70, of 66 to 130 words are \$105, or 131 words or greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone



<p align="center">Prst Std U.S. Postage PAID Kent, WA Permit No. 69</p>

Return Service Requested
ARNP Care
10024 SE 240th St, Suite 102
Kent WA 98031