

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

August 2010

Seeking Board of Directors Members for ARNPs United of WA State

We need your help. This September, at the Primary Care conference, we will hold an election for a new board of directors. Seven BOD positions are open; the old board members have the option for running, as does every AUWS member. The bylaws call for 12 members on the BOD, with 4 of them serving as Board officers – President, Vice-President, Treasurer, and Secretary. The Chair of the Legislative Committee is automatically on the BOD as well (Legislative Committee members meet separately.) Board officers will be determined by the BOD after the election. The term of service is 2 years. The time involvement is approximately 5-10 hours per month, as we have monthly to quarterly board meetings (which can be attended via conference call) and subcommittee work based on your area of interest. Our subcommittees include the ARNP Care newsletter, the website, membership, and public relations.

If you are interested, know someone you would like to nominate, or have any questions about this opportunity to serve Washington's ARNPs and their clients, please feel free to email tracy@nurse.net.

\$15 Million in Funding Announced for Nurse Practitioner Led Clinics

U. S. Department of Health and Human Services Secretary Kathleen Sebelius recently announced the release of \$15,000,000 for the operation of 10 nurse managed health clinics to support the education and training of nurse practitioners. Nurse managed health centers staffed by nurse practitioners provide comprehensive primary health care services to populations living in medically underserved communities. According to Professor Joanne Pohl, University of Michigan School of Nursing and nurse managed center consultant, "Nurse managed health centers provide high-quality, cost-effective primary care to vulnerable populations in many communities across the country. This funding will increase access to primary care as well as additional nurse practitioner training sites at a time when millions more will need access."

For nearly half a century, nurse practitioners have been providing high-quality care to patients of all ages and socioeconomic backgrounds. Multiple studies reinforce the quality of care provided by nurse practitioners and the patient satisfaction that accompanies it. According

to Jeffrey Bauer, internationally recognized medical economist and health futurist, "the published literature unequivocally supports the proposition that quality of care will be maintained, and possibly enhanced, if health care reform promotes the use of nurse practitioners in their area of demonstrated clinical expertise."

Nurse practitioner educational programs prepare graduates to provide safe, high quality, coordinated and comprehensive clinical care that is grounded in evidence-based practice. It builds on the strong disciplinary foundations of the sciences as well as the art and science of nursing, which includes health promotion, disease prevention and the diagnosis and management of acute and chronic illness. Nurse practitioners use knowledge across disciplines to determine the current best evidence to provide quality primary care and specialty services to patients.

Based on a clinically strong professional nursing curriculum, the advanced preparation of nurse practitioners adds to the already present knowledge and skills of practicing professional nurses to create a highly effective health care provider. Prepared at the graduate level (Master's, postmasters and doctoral degrees) their programs of study prepare fully accountable clinicians to provide care to well individuals, patients with undifferentiated symptoms and those with acute, complex chronic and/or critical illnesses.

Nurse practitioners will make a significant contribution to meeting the current unmet primary health care needs in this country.

Changes to Medical Marijuana Law

A new Washington state law adds several professions to those that can recommend medical marijuana. It also requires that recommendations be written on tamper-resistant paper. The following changes were made to Chapter 69.51A RCW:

Adds advanced registered nurse practitioners, naturopathic physicians, medical physician assistants, and osteopathic physician assistants to the list of health care providers who can recommend medical marijuana.

Requires recommendations on or after June 10, 2010 to be written on tamper-resistant paper. Patients can no longer use a copy of their medical records instead of a written recommendation.

Visit www.doh.wa.gov/hsqa/medical-marijuana/ for information on current requirements for recommending medical marijuana, requirements for qualifying patients, and changes to the law. Please contact us at medicalmarijuana@doh.wa.gov if you have any questions.

Ed note: there is a very limited list of conditions for which medical marijuana can be recommended.

Enrollment Begins for New Washington Electronic Death Registration System

Nurse practitioners, funeral directors and others who currently report deaths in Washington should enroll in Washington's new Internet based Electronic Death Registration System (EDRS). The Washington State Department of Health's new system for reporting deaths in Washington State will be released to Pierce, Thurston, Mason, Benton, Franklin and Spokane Counties starting in early 2011, with a statewide release to quickly follow.

The new system will allow for convenient on-line death reporting and facilitate better communication among filers. It will improve the quality of mortality data collected and result in faster delivery of death certificates to families in Washington.

Nurse practitioners and others responsible for reporting death in Washington are currently being asked to enroll in EDRS by calling 360.236.4365.

The Center for Health Statistics collects and publishes critical information to help Washingtonians live healthier lives. By providing access to current, high quality health data that covers deaths, births, pregnancy rates, abortion rates, and behavioral risk factors, CHS enables people to make better-informed decisions relating to their health.

First Ever Survey To Capture Number of NPs in Business

Nurse Practitioner Business Owner (NPBO), an online community for Nurse Practitioners in business, announces an opportunity for Nurse Practitioners to participate in the first ever survey for NPs in business. According to the Pearson Report, there are now almost 158,000 Nurse Practitioners in the United States, however, the actual number of NPs in their own business is unknown. The purpose of this project is to discover how many NPs own their own business and practices as well as how many are considering joining their ranks.

"Within the next few years, nearly 32 million Americans will gain health insurance. It's a well known fact that there is a health care provider shortage. Nurse Practitioners are, and will continue to fill that gap. As of right now, no one knows how many of us are in our own practices and how many NPs want to start their own prac-

tices to help meet the needs of the American public." said Barbara C. Phillips, NP, and founder of NPBO. "We want as many NPs as possible to take the survey, which can be found online at: www.NPBusinessSurvey.com. The survey should take participants no more than seven minutes to complete" said Ms. Phillips.

All survey participants will have the opportunity to receive the survey results. Ms Phillips anticipates publishing a report of the survey later in the year.

Founded in 2008, Nurse Practitioner Business Owner is an online community specifically designed for Nurse Practitioners exploring, starting or building their own business. NPBO includes practical business information as well as expert advice from the nation's top NP business owners. For more information visit its website at: NursePractitionerBusinessOwner.com.

Adventurous Nurses Changing Lives

As published in the July 2010 issue, you may obtain the book, "Guatemala In My Blood: How nursing in remote jungle villages revolutionized my life," by Elizabeth Desimone, send email to edma07@comcast.net, or see junglennursing.com for a link to Amazon.

Classified Ads

Urology ARNP – Western WA

Multi-specialty group seeking certified nurse practitioner to join a thriving Urology practice. Primary responsibilities include treating and managing patients in an outpatient clinic setting. Previous urology or other surgical experience is highly desirable. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "Multicare Health System is a Drug Free Workplace"

Palliative Medicine – Tacoma, WA

MultiCare Health System is searching for a full-time ARNP to work in our Palliative Medicine program. Candidates should have a minimum of three years experience with at least two years experience in palliative medicine, hospice or oncology. The practice is conveniently located on the main campus of our 391-bed tertiary care center with a 43 bed dedicated inpatient oncology medical surgical unit.

Located just 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

Please refer to opportunity #7292 when responding. "MultiCare Health System is proud to be a drug free workplace"

Oncology – Auburn, WA

MultiCare Health System is searching for a full-time Oncology ARNP to work with our established and expanding comprehensive cancer

program. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Opportunity #8566.

"MultiCare Health System is a drug free workplace"

Cardiology ARNP – Western WA

Multi-specialty group seeking certified Nurse Practitioner to join our Heart Care Center team to lead the Congestive Heart Failure clinic to "the next level". Primary responsibilities include treating and managing patients in an outpatient/inpatient clinic setting and developing this program into a "Best Practice" - great opportunity to create a legacy! Previous Cardiology or Internal Medicine experience is highly desirable and minimum of 3 years experience as a certified Nurse Practitioner is required. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at www.blazenewtrails.org, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

Pain Management ARNP/PA-C – Western WA

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Interventional Pain Management practice. Initially, primary responsibility would be seeing patients in follow-up after procedures. Previous experience in pain management, orthopedics or neurology is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

"MultiCare Health System is a drug free workplace"

Pulmonary ARNP– Western WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

"MultiCare Health System is a drug free workplace"

Office Space to Rent or Lease– West Seattle, WA

\$175 per day of use, firm; support staff, Internet, utilities and cleaning included. Established Family Practice in West Seattle with easy access to I-5, SeaTac, Shopping and Alki. We are seeking a professional private practitioner (ARNP in Mental Health, ND, FNP, MD) who runs their business independently. We are flexible regarding amount of use, depending on your needs (you may secure 1-4 days per week); available day, evening and/or weekend hours. Please call 206.937.9722

Part-time NPs – Planned Parenthood

Sign on bonus up to \$3000!

Join our talented & dedicated medical team! Seeking Clinician candidates to provide comprehensive reproductive health & family planning services. AK or WA State NP/CNM/PA-C w/ prescriptive author-

ity, current certification & CPR card required.

Alaska opportunities

FT Fairbanks (M-F)

Western WA opportunities

FT & PT in Everett (M-F)

PT Centralia (M,W,F)

Please apply at: jobs@ppgnw.org. Planned Parenthood seeks a part time Nurse Practitioner to provide reproductive health care and family planning services in Mount Vernon. For an application and job description, please contact us at jobs@mbpp.org or call 360-603-7710. This position will be open until filled. Mt Baker Planned Parenthood is an equal opportunity employer; we value diversity in people and ideas.

CE Opportunities

Pacific NW 33rd Annual

Conference for Advanced Practice in Primary and Acute Care

September 29 to October 2, 2010 • 6.0-21.6 contact hours • Washington State Convention & Trade Center, Seattle, WA

Enhance your clinical competencies • Acquire new assessment and management skills • Examine critical issues in health care at the state and national level • Foster a strong coalition of providers in advanced practice • Learn about new products, services, and pharmaceutical agents at this highly-acclaimed conference.

For information call CNE, 206-543-1047, Email: cne@u.washington.edu Web: [uwcne.org](http://www.uwcne.org)

The URL for the Advanced Practice in Primary and Acute Care brochure: <http://www.uwcne.net/conf/PDFs/10130-C.pdf>

University of Washington Professional and Continuing Education

Earn a certificate in psychological trauma, geriatric mental health, gerontology, guardianship, medical management, health care regulatory compliance and more starting this fall. Find a program that fits your schedule with a variety of convenient options including a blended online and classroom format, entirely online, or evening classes. Visit www.pce.uw.edu or call (888) 469-6499.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Next meeting Thursday November 11, 2010. RSVP at least 48h in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Healthy Humor

A man went to the hospital complaining of sharp pains in his legs. After a few days of tests, his Nurse Practitioner came to see him. "Mr. Strong, I have some good news and some bad news for you. Which do you want first?"

Strong asked for the bad news first.
 "The bad news is that we'll have to amputate both your legs."
 "My legs!" cries the man. "What on earth could the good news possibly be?"
 "The man across the hall says he'll buy your slippers."

Medical Trivia

- One in every 2000 babies is born with a tooth
- ½ of a liter of water is lost per day from breathing
- Humans can only smell 1/20th as well as a dog
- The wax present inside the ear is made of oil and sweat

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70; of 66 to 130 words are \$105; or 131 words or greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy

to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

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