

Advanced Registered Nurse Practitioner Care

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October 2010

Pain Management Rules

By Sarah Korkowski

We've been monitoring the pain management rule writing process and have been attending the workshops. Please go to www.doh.wa.gov/hsqa/Professions/PainManagement/Default.htm to review the current status. Please review the current rules and send your comments to Louise Kaplan at kaplanla@juno.com. We are trying to coordinate the responses and look for patterns of concerns. It is our intention to compile these responses into a comprehensive response from ARNPs United to the Department of Health. It is our hope that by having a coordinated response from the ARNPs throughout the state, we can have the most effective impact on the rule formation. Additionally, the web site allows for responding directly to the rule writing groups.

Nurse Practitioner Healthcare Foundation Announces 2010-2011 Scholarships & Awards Program

This program includes 3 scholarships and 11 awards. Applications are available on the NPHF website: www.nphealthcarefoundation.org. Scholarships and awards are available for the 2010-2011 academic year in the following areas:

NPHF/AstraZeneca Diversity Scholarship Program: three scholarships will be awarded to minority NP graduate students. Priority will be given to students who demonstrate a commitment to caring for minority/underserved populations. (*Supported through an educational grant from AstraZeneca*). Amount of each award: \$4,000

NPHF/sanofi-pasteur Health Through Immunizations Awards: three awards will be given to graduate NP students or practicing NPs whose research or educational project is in the area of immunizations. Each recipient will receive an initial award of \$2,500. Upon completion of the project, an additional \$1,000 will be awarded to each recipient to support project dissemination (e.g., travel expenses for presenting at a national meeting; editing a paper for publication; preparing a poster, etc.). The target audience may be patients, the general public, or healthcare professionals. The project must be completed within 2 years. (*Supported through an educational grant from sanofi pasteur U.S.*). Total amount of each award: \$3,500

NPHF/Purdue Pharma Pain Management Awards: five awards will be given to graduate NP students or practicing NPs to support research or educational projects related to pain management. Priority will be given

to projects that target pain relief while avoiding misuse/abuse/diversion. Each recipient will receive an initial award of \$3,500. Upon completion of the project, an additional \$1,500 will be awarded to each recipient to support project dissemination (e.g., travel expenses for presenting at a national meeting; editing a paper for publication; preparing a poster, etc.). The project must be completed within 2 years. (*Supported through an educational grant from Purdue Pharma L.P.*). Total amount of each award: \$5,000.

NPHF/Astellas Pharma Global Development, Inc. Heart Health Through the Ages Awards: coming soon are three awards that will be given to graduate NP students or practicing NPs to support service, research or educational projects in the area of heart health. There will be one award each in pediatric, adult, and geriatric heart health. Each recipient will receive an initial award of \$3,000. Upon completion of the project, an additional \$1,000 will be awarded to each recipient to support project dissemination (e.g., travel expenses for presenting at a national meeting; editing a paper for publication; preparing a poster, etc.). The project must be completed within 2 years. (*Supported through a charitable donation from Astellas Pharma Global Development, Inc.*). Total amount of each award: \$4,000

Information about eligibility criteria, deadlines, and applications is available on the NPHF website: www.nphealthcarefoundation.org. Click on Projects & Programs.

A Plea to ARNPs: Contact the Board of Pharmacy ASAP!

By Ann Darlington

The struggle for access to medications without delay or discrimination continues. In the latest "Prescription Refusal" chapter, the Washington State Board of Pharmacy, with the support of the state Attorney General's office and the plaintiffs in the *Storman's vs. Selecky* case, has reopened the 2007 BOP Rules regarding all prescriptions. This despite the ruling (twice) by the US Circuit Court of Appeals that the 2007 Rules as written "do not aim to suppress, target, or single out in any way the practice of religion, but, rather, their objective was to increase access to all lawfully prescribed medications." (Recall that the current 2007 rules allow individual pharmacists to refuse to participate in dispensing medications, as long as the pharmacy makes sure the patient gets their medication on site, without delay or discrimination.) The announcement to reopen the rules came days before the US District Court's *Storman's vs. Selecky* ("S vs. S") trial, initiated in 2007, was to finally get started in July 2010. (Prior articles on this subject can be found in ARNP Care's July 2007, May

2008, and Sept. 2009 editions. Go to www.auws.org and click on ARNP Care on the menu bar.)

Reopening the 2007 BOP Rules, which apply to all prescriptions, has again delayed the US District Court's "S vs. S" case, which specifically concerns only "Plan B". Reportedly, the behind-the-scenes purpose in reopening the Rules was to prevent endless, costly litigation at the state and federal levels. The purported rationale was that if the Rules ultimately remain the same, then the "Plan B" case will be dropped (personally, I doubt this very much!). Conversely, if the Rules are altered to permit "facilitated referral" (back to "Refuse and Refer" all over again), then the Circuit Court's rulings will be moot, the District Court will rule in favor of Storman's, and pharmacies' and pharmacists' can refuse to fill Plan B and any other Rx to which they have a personal ethical, moral or religious objection. Officially, the BOP has outlined 3 possible outcomes to the months-long process of Rules evaluation: the existing Rules stay the same, the Rules are amended, or the Rules are entirely replaced. Once the Rules process is completed, the Plan B trial can finally occur; estimated elapsed time to complete the Rules evaluation and to re-start the S vs. S trial is at least one year.

WSNA and ARNPs United of WA State (AUWS) recently joined the Health Care Access Coalition (HCAC), whose members include a broad spectrum of advocates for vulnerable populations from legal, clergy, medical, civil rights, youth and social welfare professions.

As a member of the leadership group of the HCAC, I join the Coalition in asking interested parties, especially ARNPs and RNs, to support keeping the 2007 rules intact. **By October 30th**, please take 10 minutes to send comments to the BOP. Go to their "Access to Medications" link at <http://www.doh.wa.gov/hsqa/ATM/Default.htm>, and click on "Submit Comments". From there, click on "Add Comment" in the line titled "Chapter 246-863 WAC Pharmacists-Licensing and Chapter 246-869 WAC Pharmacy Licensing."

Talking points should focus on access to care, especially for vulnerable populations. As we re-examine the BOP Rules, we should be attempting to decrease barriers, not to increase them. Citing specific ways that Rx refusal has or could affect your patients is especially powerful. For example, my comments expressed concern for my community clinic clients who already have economic, insurance, transportation, and language barriers to care. I used the example of antidepressants in pregnancy and lactation as a drug that a pharmacist could object to and refuse to fill. Reminding the BOP that this is not just about Plan B is worthwhile.

Why bother? Your comments will help preserve a balanced perspective to the hundreds of comments the BOP will ponder as they decide on the Rules governing prescriptions you write for your clients, now and well into the future. Believe it: your comments are an Rx for Access!

AUWS 501(c)(6) Notification

ARNPs United of Washington State (AUWS) is a 501(c)(6) organization. Member dues paid to such non-profit organizations are fully deductible on your tax return as a business deduction, except when the organization has lobbying expenses. Since AUWS engages in political and lobbying activities, it is the IRS's position that via your dues, you are indirectly paying for a lobbying activity.

IRC Section 6033 (e) and IRS Revenue Procedure 98-19, require a 501(c)(6) organization that "pays or incurs nondeductible lobbying expenditures to notify its members of a reasonable estimate of the portion of dues that are allocatable to those expenditures." We have reasonably estimated the amount to be half of all dues paid. For example, if you paid \$150 in 2010 in member dues, half, or \$75, is your tax-deductible amount.

All members are advised that 50 percent, or half, of dues paid to AUWS in tax years 2010 and 2011 are nondeductible for income tax purposes.

The Nurse Practitioner Hall of Fame

Through careful consideration, research, and effort, a list has been compiled that captures the very best contributors to the field. The article is posted at Medical-chemistry: <http://nursepractitionerdegree.org/notable-nps-the-nurse-practitioner-hall-of-fame.html>

Classified Ads

Urology ARNP – Western WA

Multi-specialty group seeking certified nurse practitioner to join a thriving Urology practice. Primary responsibilities include treating and managing patients in an outpatient clinic setting. Previous urology or other surgical experience is highly desirable. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "Multicare Health System is a Drug Free Workplace"

Oncology – Auburn, WA

MultiCare Health System is searching for a full-time Oncology ARNP to work with our established and expanding comprehensive cancer program. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from

AUWS Notable Successes

- Full prescriptive authority (includes Schedules II-IV controlled substances) with neither a joint practice agreement nor dispensing limitations
- Authority to sign death certificates
- Handicapped parking permit authorization
- ARNP prescription recognition in schools
- Labor and Industries “attending provider” status, with the ability to sign accident report forms and certify time loss for injured workers
- Collaboration with WSNA and the Nurse Practitioner Coalition to sound the “Voice of Reason” in medical malpractice/tort reform debate and legislation
- Continued support of nurse legislators in their work to improve access to care for all

Why Join?

Your dues directly support our lobbyist. Join to connect and stay informed of current NP practice issues.

Your membership and voice are essential to ensure accurate and robust representation. Overall, your participation is a sound investment in safeguarding and advancing ARNP care and our profession.

**Your voice in
practice issues**

ARNPs
UNITED
WASHINGTON STATE

ARNPs United of Washington State
10024 SE 240th St, Suite 102
Kent, WA 98031

ARNPs
UNITED
WASHINGTON STATE

Membership Application Inside

Tel: 253.480.1035

Fax: 253.852.7725

Email: au@auws.org

www.auws.org

Mission Statement

ARNPs United of Washington State (AUWS) is a non-profit organization dedicated to promoting ARNP practice by coordinating legislative, educational, and networking activities for nurse practitioners throughout Washington State.

Membership Makes a Difference

AUWS was officially formed in 1992 with the goal of promoting ARNP practice statewide. AUWS takes pride in representing over 4,100 specialty and primary care nurse practitioners in Washington State. Through the work of the legislative committee and Board of Director volunteers, in addition to paid lobbyists, we have successfully advocated for ARNP practice, thus promoting independence for our important profession.

Since 1997, AUWS has initiated legislation and lobbied the state legislature on multiple issues, striving to protect and expand scope of practice while improving and increasing access to quality health care for our patients. Membership revenues are vital for ongoing support of these and other efforts on behalf of Washington State ARNPs.

AUWS, the best investment you can make!

ARNPs Care for the Health of Washington

Membership Benefits

- Professional lobbyist working on legislative issues that influence, shape, and benefit ARNP practice
- AUWS members are invited to become active in leadership positions and legislative committee work
- *ARNP Care*, a monthly newsletter to keep you informed
- Central office maintained to serve as information hub for ARNPs
- ARNPs United of Washington State (AUWS) web site: www.auws.org
- **Membership is tax deductible**

Membership Form

Name
Credentials
Address

Tel Home:
Cell:
Work:
Fax:
Email:

Please Indicate

- Individual membership (\$150/yr)
 * Student membership (Free)
 ** Affiliate membership (\$100/yr)
 Lifetime membership (\$1000)
 Renewal (member #)
 Send ARNP Care via email

*School/Program/Graduation Date

** Affiliate WA ARNP Organization

Payment Method

- Check
 Card
 Master Card Visa

Cardholder's Name

Cardholder's Address

Card #

Exp. Date (M/Y) /

Signature

Thank You for your support!

Checks Payable to AUWS.

Tear at perforation. Fax number on front.

big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. Opportunity #8566.

“MultiCare Health System is a drug free workplace”

Pain Management ARNP/PA-C – Western WA

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Interventional Pain Management practice. Initially, primary responsibility would be seeing patients in follow-up after procedures. Previous experience in pain management, orthopedics or neurology is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

“MultiCare Health System is a drug free workplace”

Pulmonary ARNP – Western WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

“MultiCare Health System is a drug free workplace”

Orthopedic ARNP/PA – Tacoma, WA

MultiCare Health System seeks Orthopedic ARNP or PA to join a highly specialized orthopedic surgical practice; primary focus includes hip dysplasia, hip dislocations and performing periacetabular osteotomies. Previous orthopedics and surgical first experience desired, although training will be provided. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

Family Practice ARNP – Bellingham, WA

College town located between Seattle and Vancouver on the Puget Sound. Our clinic is Family Practice and Nurse Practitioner owned. We are looking for an experienced NP, who manages primary care, does office procedures, connects with patients, practices holistically, and works as team player. We use EMR (AmazingCharts.com). We enjoy the respect of both our medical and our local community. Full time is 3-4 days per week, good benefit package, and pay scale DOE. www.BellinghamHealth.com. Please send resume to Employment@Bellinghamhealth.com.

ARNP Wanted – Tumwater, WA

Busy Family Practice in Tumwater, WA seeking an ARNP to join a group of 5 physicians and 4 mid-level providers as an employee. Benefits include Paid Time Off: 2 weeks the first year (increases with longevity). One week paid time for CME each year plus an annual CME allowance, employer pays majority of medical and dental insurance, as well as 401k contributions. ARNP will work a full-time/4-day work-week including one weekend date and one late night (until 8:00 pm). ARNP will enjoy an individual panel of patients rather than an overflow of physician's patients as well as an MA/LPN dedicated to the

PA. Please visit our website at www.tfpcclinic.com. Send Resumes/CVs to: Jennifer@tfpcclinic.com or via fax at: (360) 754-5764.

ARNP or PA-C – Eastern WA

Full time opportunity available for ARNP or PA-C provider. Applicant must have recent cardiology or Internal Medicine experience, able to work well independently, excellent assessment, diagnostic and communication skills. Duties: responsible for office/hospital based physician support and patient care. Candidate should enjoy autonomy; and personable interactions w/patients and staff. Competitive salary and benefits. Fax resume to 509-462-3142 or email hr@inlandcardiology.com

CE Opportunities

Pain Management:

Frontline Pharmacological and Behavioral Strategies

October 22 & 23, 2010 • 9.5 credits/hours

Residents: \$105 • Allied Health Care: \$195 • MD/DO/PhD: \$275

The issue of chronic pain and opioid use has received widespread attention. This conference will focus on helping participants increase their understanding of pain management issues in both urban and rural settings; options for pain management; and addiction evaluation and intervention. Participants will improve their understanding of current research and best practices related to pain management and opioids.

Presented by CHAMMP at Harborview Medical Center & sponsored by Department of Psychiatry and Behavioral Sciences, Department of Anesthesiology and Pain Medicine, and the Office of Continuing Medical Education. For information visit www.uwcmce.org or contact the Office of Continuing Medical Education at (206) 543-1050 or cme@u.washington.edu

26th Annual Infectious Disease Conference

December 9-11, 2010 • Westin Hotel, Seattle, WA

For registration information go to:

www.providence.org/everett/medical_staff/schedule.htm

Services

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www.heatherlewinTwiss.com heather@heatherlewinTwiss.com

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Next meeting Thursday November 11, 2010. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Healthy Humor

A Nurse Practitioner and a lawyer were talking at a party.

"You know Barry," said the Nurse Practitioner, "I hate it when people come up to me at a party and tell me what's wrong with them. Then they expect me to dish out free advice right on the spot. Does that ever happen to you?"

"All the time," assured the lawyer.

"What do you do?"

"Well, the next morning I send them a bill that reads 'Fees incurred at party last night-\$25.' That soon stops it."

"That's a good idea. I'll try it!"

The next morning the Nurse Practitioner received a letter from the lawyer which read, "Fees incurred at party last night-\$25."

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70; of 66 to 130 words are \$105; or 131 words or greater are \$130. Continuing Education Announcements are per offer-

ing for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

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