

Advanced Registered Nurse Practitioner Care

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NPs salaries increased in 2010

AANP SmartBrief

Full-time nurse practitioners earned an average of \$90,770 last year, up from \$81,397 in 2007 and \$89,579 in 2009, according to the National Salary Survey of Nurse Practitioners. The average annual pay for full-time NPs has increased by more than \$25,000 since 2001, the survey found.

Change in WA Notifiable Diseases Rules

Washington's notifiable conditions rule, Chapter 246-101 WAC has been revised and was adopted by the State Board of Health. The changes were effective February 4, 2011. This rule revision process involved making updates necessary to address new conditions and new laboratory methods. The final revised rule language is available at

<http://www.doh.wa.gov/Rules/adoptedrules.htm>. The Communicable Diseases Epidemiology Section of the WA Department of Health is coordinating communications regarding rule change. We will be publishing additional information and guidance via the following sources:

- ☐ Updated Public Health Investigation Guidelines will be posted to <http://www.doh.wa.gov/notify/forms/>
- ☐ New notifiable conditions posters for health care providers, clinical laboratories, health care facilities, and veterinarians, will be distributed to local health departments to share with their communities.
- ☐ The upcoming issues of the EpiTrends and Elaborations newsletters will address notifiable conditions rule revisions.

The following is a summary of key changes made:

For health care providers and facilities, a few notifiable conditions have been added (prion disease, lab-confirmed influenza-associated death, and varicella-associated death). Two conditions have been removed (typhus and hemolytic uremic syndrome, to be addressed by reporting of shiga-toxin producing *E. coli*). Rare diseases that must be reported immediately are listed individually (e.g. anthrax, Burkholderia, smallpox, etc).

For clinical laboratories, the list of notifiable conditions is now consistent with the list of notifiable conditions for health care providers and facilities. Some specimen submission requirements have been added (most notably, any available cultures of pertussis, *Listeria*, and *Cryptococcus* other than known *v. neoformans*). While not part of the rule revisions, the public health laboratories would like to remind clinical laboratories that

specimen labels and forms must include two identifiers: patient name AND a second identifier, e.g. date of birth.

Reporting timeframes have been modified. A new category, reportable within 24 hours, was created, and some conditions have been shifted from immediate reporting and 3 business days reporting. The system for locating reported cases has been improved. The revisions to the rule specify that health care providers and facilities must provide patient identifying information, including at least zip code of residence, to clinical laboratories when ordering lab tests for a notifiable condition. By January 1, 2013, laboratories must have databases capable of storing and retrieving this information.

For any questions or comments, please contact Tracy Sandifer, Department of Health project coordinator (tracy.sandifer@doh.wa.gov).

Florida ARNP Helps People Breathe Easier

Ed Neuzil's patients often complained about the irritated nasal passages they experience after spending time outdoors.

Having owned his own allergy, sinus and asthma practice in Central Florida for 11 years, Neuzil, a board-certified nurse practitioner, knows that cleansing the nose of dirt and irritants can bring relief.

Neuzil, who holds five degrees including a PhD in Health Administration, set out to create a nasal cleansing spray that does the job while leaving users with a refreshing feeling. The result is Dr. Neuzil's Irrigator, an herbal-enhanced saline-based formula that users love.

"The essential oils that include wintergreen, eucalyptol, spearmint, and other natural oils help moisturize while rinsing out allergens and pollutants that lead to dry, inflamed nasal passages," said Neuzil. "Clients say our sinus rinse opens up their nasal passages and leaves them feeling refreshed."

After meeting FDA guidelines for a non-medicated nasal rinsing spray, Neuzil is taking Dr. Neuzil's Irrigator to mass market. The product is currently available for purchase at www.IrrigatorNasalSpray.com.

Neuzil is also seeking distribution partners who can sell the easy-to-use nasal rinse to their patients and customers.

For more information about Dr. Neuzil's Irrigator nasal cleansing spray, please visit the website or call Ed Neuzil at 352.750.2401.

UW Palliative Care Program Headed by DNP

From UWNews.org

Even under the best of circumstances, seriously ill patients too often lack timely access to palliative care -- relief from the pain and suffering associated with serious disease. Studies show that doctors often wait to talk about palliative care until the patient's last few weeks or days of life. For vulnerable populations, like those without insurance, non-English speakers, or people without a primary-care doctor, conversations about palliative care happen even less frequently.

A new UW Medicine program based at Harborview Medical Center, however, is working to address such disparities in palliative care, armed with a \$100,000 grant from The Regence Foundation, the corporate Foundation of Regence BlueShield. The goal of the Primary Palliative Care Program, which started in 2009, is to improve continuity and quality of care for terminally ill patients who lack a primary care provider. The program will use the Regence Foundation grant to measure outcomes over a two-year period and create a primary palliative care guide for health care providers across the nation.

Darrell Owens, DNP, ARNP, director of the Palliative Care Service at Harborview and an attending provider, said the program puts UW Medicine "ahead of the curve in palliative care." He and his team currently see about 60 patients, providing continuity of care and keeping patients out of the emergency room when care can be managed by a primary care provider.

"As a community, we need to do more to ensure people with serious diseases have access to palliative care," said Michael Alexander, board chair of The Regence Foundation. "Just because a person didn't have good continuity of care earlier in life, it doesn't mean they shouldn't have it when they're facing a life-threatening disease. UW Medicine's model of combining palliative and primary care has a lot of potential for success because it combines disease management and the reduction of pain and suffering from disease symptoms."

Patients like Virginia Astrup, 90, are already benefiting from the program. Astrup, who lives in Seattle, was in hospice care, until she was dropped from that program because she essentially lived too long. Unable to see a primary-care provider, she became a regular at the emergency department for her heart-related ailments. Now, in this new program, Astrup lives independently at home, has regular visits with a nurse practitioner and only goes to the emergency department for a real emergency. She's happy, and wants others to know that they can have this type of end-of-life care, too.

Primary and palliative care are combined and delivered by nurse practitioners trained in both specialties in this unique program. Patients have the option of visiting an outpatient clinic or—as in Virginia's case—they may receive a home or nursing facility visit by nurse practitioners. Patients also have around-the-clock telephone access to a nurse practitioner. Already, the program has demonstrated promise for improving the management of patients' pain and other symptoms, supporting patient compliance with treatment protocols, reducing the number of patient hospitalizations and emergency department visits, and strong family and caregiver satisfaction with care.

Tobacco Cessation

You can probably tell when the patient you are with uses tobacco. You would like to say something, but is it your place? What do you say? What is the best approach? The Washington State Department of Health's Tobacco Cessation Resource Center (TCRC) offers nurses a free CEU-eligible on-line training course ideal for this situation.

Please visit our TCRC Web site at

<http://www.tobaccopr.org/TCRC/>. View the TCRC Trainings link to find the 2A & R Brief Tobacco Intervention Training (Ask, Assess, Refer). This training teaches you how best to intervene with your patients who use tobacco products and how to connect them with quit tobacco programs. Just log-in, bone-up, and make a life-altering difference with your patients who smoke.

Classified Ads

Oncology – Auburn, WA

MultiCare Health System is searching for a full-time Oncology ARNP to work with our established and expanding comprehensive cancer program. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

Pain Management ARNP/PA-C – Western WA

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Interventional Pain Management practice. Initially, primary responsibility would be seeing patients in follow-up after procedures. Previous experience in pain management, orthopedics or neurology is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

Pulmonary ARNP – Western WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

“MultiCare Health System is a drug free workplace”

Orthopedic ARNP/PA – Tacoma, WA

MultiCare Health System seeks Orthopedic ARNP or PA to join a highly specialized orthopedic surgical practice; primary focus includes hip dysplasia, hip dislocations and performing periacetabular osteotomies. Previous orthopedics and surgical first experience desired, although training will be provided. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

Neurosurgery ARNP/PA – Western WA

MultiCare Health System seeks certified ARNPs or PAs to join an established neurosurgery practice with outpatient clinic and hospital based opportunities. Previous neurosurgery and/or neurology experience highly desired. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

Urology ARNP – Western, WA

Multi-specialty group seeking certified nurse practitioner to join a thriving Urology practice. Primary responsibilities include treating and managing patients in an outpatient clinic setting. Previous urology or other surgical experience is highly desirable. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a Drug Free Workplace”

Physiatry ARNP – Western, WA

MultiCare Health System seeks a certified ARNP with experience in rehabilitation and chronic pain to join an established physical medicine and rehabilitation program. Position focuses on medical management of patients on the Inpatient Rehabilitation Unit. This is a full-time position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

ARNP/PAs Wanted – Seattle, WA

New ARNP/PA Practice Opportunities for 2011!
ARNP's and PA's play an integral role in many of our Primary Care

locations. At Highline Medical Group we are expanding our clinic hours and locations.

HMG is in the process of setting up two new locations for Urgent Care Centers. We have two new openings in our West Seattle location and two new opportunities, at a new location, opening early summer 2011, just 25 minutes south of Seattle.

We are seeking providers for our part-time to full-time practice opportunities. The ideal candidates should enjoy a practice that has a variety of patient concerns, common acute illnesses, management of stable chronic disease, minor surgical procedures and splinting for orthopedic concerns. In addition, the provider should have skills in reading x-rays and I and D with suturing. If you have these skills and you are personable, flexible and committed to a high standard of patient care, "WE WANT YOU"! We offer a competitive salary structure, good benefits and a terrific collegial staff.

Email: Gmumma@HighlineMedical.org or Fax to 206-244-0505

Geriatric ARNP – Des Moines, WA

BC/BE Geriatric ARNP needed for a new Senior Clinic opportunity. HMG is planning for the opening of a Senior Clinic in Summer of 2011. HMG is affiliated with Highline Medical Center. Our mission is to improve the health of our community by delivering integrated care that is safe, high quality and patient-centered. We are seeking a FT Geriatric ARNP to partner with us to provide Senior Care, in Des Moines, WA. This is a new practice opportunity. Join us in providing care to the growing senior population in the South Puget Sound. If this opportunity sounds interesting to you, please send your CV to Gmumma@HighlineMedical.org or Fax CV to 206-244-0505.

Nurse Practitioners – Great Northwest

Planned Parenthood - Sign on bonus up to \$3000!

Join our talented & dedicated medical team! Seeking Clinician candidates to provide comprehensive reproductive health & family planning services. AK or WA State NP/CNM/PA-C w/prescriptive authority, current certification & CPR card required. Please apply at: www.ppgnw.org/jobs.

Alaska opportunities - Fairbanks (PT); Anchorage (per diem)

Western WA opportunities - Tacoma (PT)

NP Practice For Sale

Successful independent NP practice of 12 years that contracts with two well-established wound care centers desires to sell the business to a Geriatric, Adult, or Family Nurse Practitioner. Outstanding opportunity to practice independently and own your own business that provides an excellent income. For more information call 425-275-7629 or email olympicarnp@comast.net.

Meetings**Puget Sound Nurse Practitioners Association**

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to wiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Thought for the Day

Time is the most valuable coin in your life.
You and you alone will determine how that coin will be spent.
Be careful that you do not let other people spend it for you.
~Carl Sandburg

Healthy Humor

The Nurse Practitioner finished his examination and told his patient to get dressed and to come to his office.
'Sit down, Mr. Kaysen. After looking at these test results, I recommend that you have an operation immediately.'
The man thought for a moment. 'How will this affect my hobby?'
'What's your hobby?', replied his Nurse Practitioner.
'Saving money!'

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads

are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

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