

Advanced Registered Nurse Practitioner Care

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AUWS Update

Deb Smith, AUWS President

The Robert Wood Johnson foundation partnered with the Institute of Medicine (IOM) to release recommendations, formulated by non-nurses, with the goal of transforming the health care system. Two areas of focus are cost and quality of patient care and the policies that supported these foci. The first recommendation directed removal of scope of practice barriers, particularly for ARNPs. The key point acknowledged is that patients need access to ARNP care. ARNP care has a strong track record of high quality and increased access. The results of the IOM evidence-based research/study are profound, and represent a one in a lifetime blueprint for action.

In the action phase of the future of nursing, nurses will pair with American Associations of Retired Persons (AARP) to begin the implementation process. AARP is the second largest organization in Washington State. In this opportunity of a lifetime, we must determine critical area of expertise, practice our voice, and be strategic in our focus and timing, realizing that every nurse practitioner has a story to tell.

ARNPs United intends to represent you at the table. We thank our members. We appeal to those of you who are not yet members to consider membership in ARNPs United. Currently only 10% of ARNPs in Washington State are ARNPs United members and yet we support the other 90% of ARNPs. Being represented in the legislative forum, being invited to make a difference in the PR forum to give nurse practitioners voice, and funding scholarships for outcome based research, that furthers our work legislatively, is the best investment you can make in your practice, in your profession. Please consider being involved with your state group. If you are unable to do this, please consider financial contributions that will enable this organization to continue to represent nurse practitioners.

AUWS Board of Directors

ARNPs United of Washington State Board of Directors welcomes our new members and would like to thank our outgoing Board Members for their years of service to the ARNP community.

Incoming Board Members:

- ☑ Ashley Fedan, CRNA (Secretary)
- ☑ Paul Means, FNP
- ☑ Mary Anne Murray, FNP

Outgoing Board Members:

- ☑ Ann Darlington, CNM

☑ Laura Hahn, FNP

☑ Patti Krafft, FNP

Continuing Board Members:

- ☑ Deonne Brown-Benedict, FNP
- ☑ Robyn Choffel, FNP
- ☑ Kristi Farrell, FNP (Vice-President)
- ☑ Jerry Green, FNP
- ☑ Louise Kaplan, FNP
- ☑ Sarah Korkowski, NNP
- ☑ Nancy Lawton, FNP
- ☑ Catherine Luria, FNP
- ☑ Angie Miller, CNM (Treasurer)
- ☑ Deb Smith, FNP (President)

Staff:

- ☑ Tracy Kiele (Administrative Assistant)
- ☑ Bob Smithing, FNP (Executive Director)

Loretta Ford Will Be Inducted Into National Women's Hall of Fame

Dr. Loretta Ford will be formally inducted into the very prestigious National Women's Hall of Fame on October 1, 2011. Dr. Ford was nominated for this honor by the American Academy of Nurse Practitioners (AANP) and the AANP Fellows. Inductees are selected every two years based on their lasting contributions to society. From a group of more than 200 nominations, a national panel of judges conducted a rigorous scoring process and selected 11 women for induction. The induction will take place in Seneca Falls, NY, the birthplace of the American Women's Rights Movement in 1848. "Each of these women have demonstrated fortitude, perseverance, intelligence and hope," said Christine Moulton, executive director of the National Women's Hall of Fame. "Their experiences provide both an example for each of us to emulate and a challenge for each of us to embrace." Read about this year's inductees at www.greatwomen.org.

Managing Chronic Pain White Paper Released

The Nurse Practitioner Healthcare Foundation (NPHC) Issues White Paper, "Managing Chronic Pain with Opioids: A Call for Change," to address critical topics. Pain is the most common reason to seek medical care, and is the leading cause of lost days of work. Nearly half of the U.S. population will seek care or treatment for persistent pain at some point in their lives. Nevertheless, untreated or under-treated pain remains a serious public health problem in our nation. With the "aging of America," the growing number of elderly who suffer from painful chronic conditions or require end-of-life care further highlights the urgent need for quality care

in pain management. Pain is costly to society, as it is a major cause of absenteeism and long-term disability. Even when patients with chronic pain continue to work, the cost to employers is over \$60 billion a year in lost productivity.

Chronic pain causes suffering that lowers quality of life, and creates social isolation and stigmatization. Although opioids help people function better, this gain is offset by the abuse, misuse and diversion of these medications, which costs the U.S. nearly \$1 billion/year.

“Providing opioids to alleviate suffering for those with chronic pain — while keeping these medications out of the hands of persons who would misuse, abuse or divert them — is a national public health challenge,” says NPHF President Phyllis Zimmer, MN, ARNP, FNP, FAAN.

Managing Chronic Pain with Opioids: A Call for Change, was written on behalf of NPHF by Paul Arnstein, PhD, FNP, FAAN and Barbara St. Marie, ANP, GNP, RN-BC. In the paper, the authors identify barriers to treatment, discuss the problem of abuse, misuse and diversion, present strategies for managing patients’ opioid use, and highlight the need for standardized databases and terminology. They also stress that adequate patient and professional education is essential. The paper then presents recommendations for change that address the inter-related public health concerns of 1) inadequately treated chronic pain and 2) the misuse, abuse and/or diversion of prescription opioids.

Recommendations for managing chronic pain with opioids are presented in four areas, including:

1) Managing Patient’s Opioid Use

- Practice universal precautions
- Maintain awareness of the duty to alleviate pain and suffering while preventing iatrogenic harm

2) Professional Educational Recommendations

- Improve education for healthcare practitioners about chronic pain, pain management, opioid use, misuse, diversion and addiction
- Provide education on chronic pain and on opioids for all members of the healthcare team

3) System-wide Recommendations

- Increase reimbursement for health care professionals to accommodate the time needed to provide education, counseling, and nonpharmacologic interventions for chronic pain sufferers
- Educate patients, family members, and communities about chronic pain and proper use of opioids

4) Regulatory and Policy Recommendations

- Facilitate referrals to pain specialists
- Develop collaboration between law enforcement and the health professions to address misuse, abuse, and diversion of opioids

This white paper, *Managing Chronic Pain with Opioids: A Call for Change*, was developed in the public interest through a sponsorship from King Pharmaceuticals, Inc.

“We are supportive of efforts to address the growing public health crisis surrounding opioid abuse, misuse and diversion,” commented Dr. Marsha Stanton, Senior Director of Advocacy and External Affairs, King Pharmaceuticals, Inc. “Given that patients often need these medications to cope with chronic pain that can affect quality of life, we are committed to ensuring access to opioids for the appropriate population.”

The full document may be viewed on the NPHF website: www.nphealthcarefoundation.org.

In 2005, a group of pioneering nurse practitioners launched the Nurse Practitioner Healthcare Foundation. The foundation, dedicated to raising the bar in healthcare, works on behalf of the entire nurse practitioner profession to make high-quality, effective care accessible through research, education, health policy, service, and philanthropy. The Nurse Practitioner Healthcare Foundation is an IRS 501(c)(3) non-profit organization that helps improve policy and decision-making through research and analysis. To obtain information or to order documents, contact NPHF by phone (425.861.0911), or go to the NPHF website: www.nphealthcarefoundation.org.

Classified Ads

Oncology – Auburn, WA

MultiCare Health System is searching for a full-time Oncology ARNP to work with our established and expanding comprehensive cancer program. The MultiCare Regional Cancer Center is a network affiliate of the Seattle Cancer Care Alliance. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

NP Practice For Sale

Successful independent NP practice of 12 years that contracts with two well-established wound care centers desires to sell the business to a Geriatric, Adult, or Family Nurse Practitioner. Outstanding opportunity to practice independently and own your own business that provides an excellent income. For more information call 425-275-7629 or email olympicarnp@comast.net.

Pain Management ARNP/PA-C – Western WA

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Interventional Pain Management practice. Initially, primary responsibility would be seeing patients in follow-up after procedures. Previous experience in pain management, orthopedics or neurology is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you’ll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. “MultiCare Health System is a drug free workplace”

Pulmonary ARNP – Western WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recrea-

tional opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

"MultiCare Health System is a drug free workplace"

Orthopedic ARNP/PA – Tacoma, WA

MultiCare Health System seeks Orthopedic ARNP or PA to join a highly specialized orthopedic surgical practice; primary focus includes hip dysplasia, hip dislocations and performing periacetabular osteotomies. Previous orthopedics and surgical first experience desired, although training will be provided. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

Medical Aesthetics ARNP – Gig Harbor, WA

Gig Harbor MultiCare Healthy Reflections Medical and Day Spa is seeking on-call medical aesthetics nurse practitioners to support our client's desires to restore, rejuvenate or enhance their image through education, medical aesthetic procedures and products. This is the ideal position for a provider who wants to set their own work schedule. Candidates must be eligible for licensure & certification in Washington State. Email your CV to MultiCare Health System Provider Services at providerservices@multicare.org or fax your CV to 866-264-2818. Website: www.BlazeNewTrails.org. "MultiCare Health System is proud to be a drug free workplace"

Physiatry ARNP – Western, WA

MultiCare Health System seeks a certified ARNP with experience in rehabilitation and chronic pain to join an established physical medicine and rehabilitation program. Position focuses on medical management of patients on the Inpatient Rehabilitation Unit. This is a full-time position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

Cardiology ARNP – Western WA

Multi-specialty group seeking certified Nurse Practitioner to join our Heart Care Center team as an "on-call" part-time provider for patient coverage during periods of increased volume and to backfill incumbent provider during periods of absence. Primary responsibilities include treating and managing congestive heart failure patients in an outpatient/inpatient clinic setting. Previous Cardiology or Internal Medicine experience is highly desirable and minimum of 3 years experience as a certified Nurse Practitioner is required. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "Multicare Health System is a Drug Free Workplace"

Pediatric ARNP – Longview, WA

Child & Adolescent Clinic is seeking an ARNP to join our group of ten pediatricians and three nurse practitioners to provide primary care services to children and adolescents (including gynecology). We use Office Practicum as our fully implemented EMR. Our facility is equipped to provide laboratory, x-ray, spirometry and audiology services. Full-time employed ARNP will work four days per week includ-

ing two evenings, and one weekend per month. Benefits include two weeks vacation in the first year, 40 hours paid CME time plus \$2,000 CME allowance, malpractice, medical, dental, and life insurance, 401K and profit sharing. Part-time schedule is available with pro-rated benefits. See www.candac.com for more information. Please send letter of interest and CV to pcavens@pacifier.com or fax to Phyllis Cavens, MD at 360-423-1405.

Pain Management ARNP – Western WA

Find what you're looking for at Pacific Medical Centers! We recognize that each patient is unique and every patient has a story. We celebrate the power and vibrancy of the individual patient, physician and employee. By respecting each person's character, interests and life beyond the walls of a medical facility we help our patients live their best lives!

We are seeking an experienced Advance Registered Nurse Practitioner with three or more years' experience in interventional pain. Additional background in psychology, neurology or neurosurgery would be beneficial. The successful candidate will have a proven track record of growth, learning, and self-development and work first hand with our board certified Pain Medicine Anesthesiologist, Dr. Marshall Bedder based at our First Hill Clinic. The Pain Medicine clinic features state-of-the-art equipment and innovative procedures and is focused on providing interventional pain management for chronic pain patients. Specific responsibilities include: Assist physician with outpatient consults; Perform routine outpatient follow-up visits; Coordinate patients sent to the clinic solely for image-guided pain management procedures; Provide patient and family education; Perform basic office procedures such as joint and trigger point injections; Program spinal cord stimulation systems; Participate in call schedule

NOTE: This clinic rarely performs inpatient pain consults or procedures. Medication refills are a very small part of the practice volume. Requirements include a Washington ARNP license, DEA certification and a minimum of three year's clinical experience. Our complex and diverse patient population requires a compassionate, flexible and self-motivated individual with demonstrated clinical judgment and in-depth practice experience.

PMC Highlights: • Cohesive multispecialty group of 150 providers, 25 specialties • 10 service locations • Supportive environment • On-site C-Arm Fluoroscopy unit • On-site lab, pharmacy and diagnostic imaging • Financially sound and growing organization • Competitive pay and excellent benefits to support and enhance a lifelong career.

Seattle offers breathtaking scenery, performing arts, exquisite dining, world-class shopping, quality schools and unique attractions. Factor in outdoor recreation over four seasons plus no state income tax, and you will have found what you're looking for!

Contact Deborah Akins, Medical Staff Recruiter for more details: Toll Free 1.888.901.1122 Email: DeborahA@pacmed.org. **Background checks, drug screen and influenza vaccination or proof of immunization will be conducted on all candidates selected for this position.

**Pacific Medical Centers is an equal opportunity employer.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Healthy Humor

Mike said to his psychiatrist, "I can't get over this feeling that I was supposed to be born as a dog."
"How long has this been going on?" asked the psychiatrist.
"Since I was a puppy!"

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.



ARNPs United of WA State
10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.480.1035 Fax: 253.852.7725
Email: au@auws.org Web site: www.auws.org

ARNP Care
10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.852.9042 Fax: 253.852.7725
Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:
Robert T. Smithing, MSN, ARNP
Madeline D. Wiley, MSN, ARNP
ARNPs United Contributing Editors:
Deb Smith, FNP, DNP, ARNP (President)
Louise Kaplan, PhD, ARNP (Legislative Co-chair)
Jerry Green, MN, ARNP (Legislative Co-chair)
Managing Editor: Tracy Kiele
Production Staff: Sarah Abid
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ARNP Care
10024 SE 240th St, Suite 230
Kent WA 98031