

Advanced Registered Nurse Practitioner Care

Vol. 22, No. 7

Official Newsletter of ARNPs United of Washington State

July 2011

DEA Numbers Required on CII Prescriptions

Specific questions have been raised around CII controlled substance prescriptions and prescribers' DEA registration numbers. At this time a final decision has not been made but to avoid problems your DEA number should be on CII prescriptions. Also, have your patients write their address on the prescription before turning it into the pharmacy.

Recent interpretation by the DEA does not allow the pharmacist to write the prescriber's DEA number on the prescription. The following is the Washington Board of Pharmacy's response to the question "What changes can a pharmacist make to a Schedule II prescription?"

In a May 2010 letter, the Liaison and Policy Section of Office of Diversion Control, writes that pharmacists are to adhere to state regulations or policy regarding changes that can be made to a Schedule II prescription after oral consultation with the prescriber. Washington State's policy does not allow a pharmacist to change the patient's name, the drug, or the prescriber's signature. Other elements of a CII prescription may be changed only after oral consultation with the prescriber with changes documented on the prescription form.

Legislative Update

The Washington State Legislature completed its regular session in April which was followed by a 30 day special session to complete the budget. The bill promoted by ARNPs United, House Bill 1486 authorizing Washington pharmacies to fill controlled substance prescriptions written by ARNPs in other states, did not pass. The bill would have made a technical revision to the laws passed last year which inadvertently omitted the section of the law authorizing pharmacists to accept out-of-state prescriptions for controlled substances. The bill was one of many scheduled to a vote in the Senate on the last day of the regular session. Unfortunately, debate on another bill took longer than expected and many bills, including ours, failed to get a vote. ARNPs United is very disappointed but will ask the bill's sponsors to resubmit it next session. The bill's sponsors include Representatives Green, Jinkins, Cody, Hinkle, Moeller, Schmick, Clibborn, Kelley and Condotta. If you live in their districts, please send them a message or note thanking them.

The following are some of the health care budget provisions passed by the legislature that are of particular interest. If you have any specific questions please contact our lobbyist, Tamara Warnke at tlrwarnke@aol.com

Basic Health Plan (BHP) (-\$107.9 million General Fund-State; -\$56.7 million other funds) Enrollment in the Basic Health Plan (BHP) will be limited to people who are eligible for services under the Medicaid waiver for the BHP beginning March 1, 2011. After June 30, 2011, enrollment will be capped at the enrollment level as of that date, which is forecasted to be approximately 41,200 clients.

Children's Health Program (-\$1.5 million General Fund-State; -\$34,000 other funds) The Children's Health Program (CHP) provides medical coverage to children who are not eligible for federal Title XIX or Title XXI funding due to citizenship status. Now, these children must pay premiums equal to the average state-only per capita cost of coverage for children with family incomes at or below 200 percent of the federal poverty level in the CHP.

Reduce Health Clinic Grant Program (-\$12.0 million General Fund-State) Community clinic grants are reduced by 50 percent in the 2011-13 biennium. These grants fund services provided to low income clients eligible for sliding scale fees.

Take Charge Family Planning (-\$4.0 million General Fund-State; -\$3.4 million other funds) Eligibility for the Take Charge program, which provides family planning services for adults under 200 percent of the federal poverty level, will expand to cover adults under 250 percent of the federal poverty level. Savings are expected from reducing unplanned pregnancies. Approximately 45.6 percent of Washington births are reimbursed through the Medical Assistance program.

Interpreter Services (-\$4.6 million General Fund-State; -\$9.1 million other funds) The Health Care Authority will contract with one statewide agency or a few regional agencies responsible for scheduling interpreter services. The Health Care Authority may use an electronic scheduling system for this purpose. The Health Care Authority will implement telephonic and video remote technologies, along with in-person interpretation, to provide these services.

Medicare Part D Copayments (-\$14.0 million General Fund-State; -\$22,000 other funds) Coverage of copayments for prescription drug purchases made by qualifying dually eligible Medicare and Medicaid clients in the Medicare Part D program was eliminated and that policy will continue through the 2011-13 biennium.

Managed Care for the Aged, Blind, and Disabled (-\$7.7 million General Fund-State; -\$8.5 million other funds) The Health Care Authority will transition aged, blind, and disabled populations who are not dually-

eligible for Medicare and Medicaid from the fee-for-service system to managed care beginning in fiscal year 2013.

FDA and Avandia

The U.S. Food and Drug Administration (FDA) is informing the public of new restrictions to the prescribing and use of rosiglitazone-containing medicines. These medicines to treat type II diabetes are sold under the names Avandia, Avandamet, and Avandaryl. Healthcare providers and patients must enroll in a special program in order to prescribe and receive these drugs.

The new restrictions are part of a Risk Evaluation and Mitigation Strategy (REMS) that previously consisted of only a Medication Guide. The REMS, which now includes a restricted access and distribution program, applies to all three rosiglitazone products. The REMS, called the Avandia-Rosiglitazone Medicines Access Program, limits the use of rosiglitazone medicines to:

- ☑ Patients already being successfully treated with these medicines.
- ☑ Patients whose blood sugar cannot be controlled with other anti-diabetic medicines and who, after consulting with their healthcare provider, do not wish to use pioglitazone-containing medicines (Actos, Actoplus Met, Actoplus Met XR, or Duetact).
- ☑ Healthcare providers and patients must be enrolled in the Avandia-Rosiglitazone Medicines Access Program in order to prescribe and receive rosiglitazone medicines. After November 18, 2011, rosiglitazone medicines will no longer be available through retail pharmacies. Patients who are enrolled in the Avandia-Rosiglitazone Medicines Access Program will receive their medicine by mail order through specially certified pharmacies participating in the program.

Enrollment in the Avandia-Rosiglitazone Medicines Access Program (access the REMS) is required for healthcare providers who wish to prescribe rosiglitazone medicines to outpatients or patients in long-term care facilities. To enroll, healthcare providers are required to:

- ☑ Review the prescriber overview and the full prescribing information, including the Medication Guide, for rosiglitazone medicines.
- ☑ Complete and sign the prescriber enrollment form.
- ☑ Healthcare providers must provide a copy of the Medication Guide for the prescribed rosiglitazone medicine and review it with the patient or caregiver.
- ☑ Healthcare providers must enroll eligible patients into the Avandia-Rosiglitazone Medicines Access Program by completing and signing a patient enrollment form so that the patient may begin or continue to receive rosiglitazone medicines.

If a patient who has been taking a rosiglitazone medicine is hospitalized, the patient must be enrolled in the Avandia-Rosiglitazone Medicines Access Program to continue receiving the medicine; however, the patient's healthcare provider in the hospital is not required to be enrolled.

Rosiglitazone medicines will no longer be available through retail pharmacies after November 18, 2011.

Under the Avandia-Rosiglitazone Medicines Access Program, rosiglitazone medicines will only be available to enrolled patients by mail order from certified pharmacies participating in the program.

For additional information go to:
<http://www.fda.gov/Drugs/DrugSafety/ucm255005.htm>

Classified Ads

Psychiatric ARNP - Seattle

Therapeutic Health Services is currently seeking a Psychiatric ARNP to work with adults in the Rainier and the Summit/Seneca locations of Seattle. This is an opportunity to make a difference in the lives of individuals who suffer from severe/persistent mental illness and who commonly also have co-occurring chemical dependency and health concerns. Therapeutic Health Services is known for being the African American Special Population Mental Health Provider for King County and for treating opioid dependency. However, this agency provides a broad range of services to ethnically diverse child, adolescent and adult individuals (as well as families) with a broad range of needs. The Psychiatric ARNP would assume the role as primary psychiatric staff at the Rainier Branch, attending team consultation meetings and facilitating a weekly Medication and Health Group as well as providing psychiatric evaluations and medication management services.

Psychiatric ARNPs who have a family focus will also have the opportunity to work with children, adolescents and young adults if this is an area of interest. Experience with the populations served or desire to work with this community of individuals as well as interest in collaborating in mental health team development is critical. Salary and benefit package are competitive.

Please contact Susan Caverly for more information. THS: 206-322-7676 ext 248, Cell: 206-369-3068, susanc@ths-wa.org or Susan.caverly@psych-phd-arnp.com.

Pulmonary ARNP - Western WA

MultiCare Health System seeks certified experienced pulmonary ARNP to join an established pulmonary/critical care practice. This is a full-time outpatient position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

"MultiCare Health System is a drug free workplace"

Medical Aesthetics ARNP - Gig Harbor, WA

Gig Harbor MultiCare Healthy Reflections Medical and Day Spa is seeking on-call medical aesthetics nurse practitioners to support our client's desires to restore, rejuvenate or enhance their image through education, medical aesthetic procedures and products. This is the ideal position for a provider who wants to set their own work schedule. Candidates must be eligible for licensure & certification in Washington State. Email your CV to MultiCare Health System Provider

Services at providerservices@multicare.org or fax your CV to 866-264-2818. Website: www.BlazeNewTrails.org. "MultiCare Health System is proud to be a drug free workplace"

Physiatry ARNP – Western, WA

MultiCare Health System seeks a certified ARNP with experience in rehabilitation and chronic pain to join an established physical medicine and rehabilitation program. Position focuses on medical management of patients on the Inpatient Rehabilitation Unit. This is a full-time position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

Gero Psych ARNP– Tukwila, WA

Highline Medical Center is seeking an energetic, Gero Psych ARNP for it's busy, outpatient Gero Psych practice. This opportunity is a .8 FTE opportunity with the potential to move to FT.

Work in a collaborative outpatient practice setting that values the work you provide to our patients. We offer a competitive base salary plus RVU bonus incentive. We also offer a sign-on bonus and good benefit package.

If you are seeking an opportunity where you can make a difference in patients' lives, THIS IS FOR YOU!

Located just 20 minutes from downtown Seattle and the shores of Puget Sound. The Seattle area is consistently rated as one of the best places to live.

Please send your CV, references and letter of interest to gumma@highlinemedical.org or fax to 206-244-0505

Nephrology ARNP/PA-C – Western WA

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Nephrology practice. Primary responsibilities are to see follow-up patients in the clinic and to round on patients in local dialysis centers. Experience as a nephrology provider is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

MultiCare Health System is a Drug Free Workplace

Cardiology ARNP – Western WA

Multi-specialty group seeking certified Nurse Practitioner to join our Heart Care Center team as an "on-call" part-time provider for patient coverage during periods of increased volume and to backfill incumbent provider during periods of absence. Primary responsibilities include treating and managing congestive heart failure patients in an outpatient/inpatient clinic setting. Previous Cardiology or Internal Medicine experience is highly desirable and minimum of 3 years experience as a certified Nurse Practitioner is required. You will enjoy excellent compensation, benefits, and system-wide support, while practicing your own patient care values. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to blazenewtrails@multicare.org or fax your CV to 866-264-2818.

MultiCare Health System is a Drug Free Workplace

ARNP Opportunities – Seattle, WA

Please visit www.ghc.org/careers to learn about the following opportunities to join our fully supported and integrated ARNP community:

- Nursing Home Services, Tacoma, Olympia, Kitsap (3 new full time positions and part-time temporary)
- Clinical Practice Specialist, Nursing Home Services, Seattle
- Behavioral Health, Bellevue/Factoria
- Primary Care, Federal Way, Tacoma
- Cardiology (dical device specialty), Seattle
- Radiation Oncology (part time temporary), Seattle
- Endocrinology (Diabetes management focus), Seattle

You should feel good about where you work – come join us! Contact: Angie Graves, 206.448.6081, graves.ar@ghc.org.

Opportunity to work for yourself

Vital RNs is a NP-owned health service which has been in business in the Puget Sound region since 2003. We provide post-operative care for out-patient plastic surgery patients in their home or hotel suite. We work with many plastic surgeons in the Seattle area, who refer their patients to us for post-op care and often make utilization of Vital RNs services a requirement. For a thorough look at our company, take a look at our website at VitalRN.com.

The business has been profitable since its inception. It is ready for expansion into other areas in Puget Sound or into services for patients having other types of services. We want to retire and sell the business to NPs who want to work for themselves and who have the energy and desire to expand this service. If you are ready to work for yourself instead of others, here's your chance Please e-mail kbritton46@yahoo.com or call us at 206-686-2322 for more information.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

Advanced Practice in Primary and Acute Care – Pacific Northwest 34th Annual National Conference

Continuing Nursing Education at the University of Washington is pleased to announce, Advanced Practice in Primary and Acute Care—Pacific Northwest 34th Annual National Conference, a conference for nurse practitioners and other health care professionals, to be held on October 27 through October 29, 2011 at the Washington State Convention Center in Seattle, Washington. This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmacotherapeutic agents. Conference faculty include distinguished national, regional, and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial, and women's health care. In addition, a preconference lecture on Wednesday evening, special interest group meetings on Thursday and Friday, and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Phone: 206-543-1047; E-mail: cne@uw.edu ; Web: <http://www.uwcne.net/secure/welcome.aspx>

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced

per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.480.1035 Fax: 253.852.7725
Email: au@auws.org Web site: www.auws.org

ARNP Care

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.852.9042 Fax: 253.852.7725
Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:

Robert T. Smithing, MSN, ARNP, FAANP
Madeline D. Wiley, MSN, ARNP

ARNPs United Contributing Editors:

Deb Smith, FNP, DNP, ARNP (President)
Louise Kaplan, PhD, ARNP, FAANP (Legislative Co-chair)
Jerry Green, MN, ARNP (Legislative Co-chair)

Managing Editor: Tracy Kiele

Production Staff: Sarah Abid

Publisher: NP Central

© 2011 NP Central

Subscriptions are \$25 per year, tax included. Ad rate sheet available on request.



Prsrt Std
U.S. Postage
PAID
Kent, WA
Permit No. 69

Return Service Requested

ARNP Care
 10024 SE 240th St, Suite 230
 Kent WA 98031