

# Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

August 2011

## Seeking Board of Directors Members for ARNPs United of WA State

We need your help. This September, at the Primary Care conference, we will hold an election for a new board of directors. Seven BOD positions are open; the old board members have the option for running, as does every AUWS member. The bylaws call for 12 members on the BOD, with 4 of them serving as Board officers – President, Vice-President, Treasurer, and Secretary. The Chair of the Legislative Committee is automatically on the BOD as well (Legislative Committee members meet separately.) Board officers will be determined by the BOD after the election. The term of service is 2 years. The time involvement is approximately 5-10 hours per month, as we have monthly to quarterly board meetings (which can be attended via conference call) and subcommittee work based on your area of interest.

If you are interested, know someone you would like to nominate, or have any questions about this opportunity to serve Washington's ARNPs and their clients, please feel free to email [tracy@nurse.net](mailto:tracy@nurse.net).

## Oral Health Promotion Cards for Medical Settings

It is with great excitement that the State Oral Health Program publishes the Oral Health Promotion Cards for Medical Settings.

Dental caries is the most common chronic disease in the planet, and yet it is largely preventable. Research shows that poor oral health can impact other systemic diseases, such as diabetes, heart disease, and respiratory disease. For this reason, health care professionals have become more aware of their important role in promoting oral health, and consequently general health, among children and adults. It was in response to several requests for basic talking points about oral health that these materials were developed.

The Oral Health Promotion cards are designed for use in a variety of medical settings for women and children. They may be used by a variety of health professionals. Soon, cards with messages for adults and seniors will also be available.

Please share these cards with your professional peers, and with your patients and clients. The cards are available online at <http://doh.wa.gov/cfh/oralhealth/education/promocards.htm>

## Medical Investigator Fraud Alert

The Medical Board of California recently alerted the Nursing Care Quality Assurance Commission about an individual fraudulently representing himself as a health care investigator in the Los Angeles area. The individual fraudulently identified himself as an investigator with the Medical Board of California when he contacts physicians requesting social security numbers and credit card numbers. He threatened cancellation of the physicians' licenses to practice if they are non-compliant with his requests. This individual is **not** associated with the Medical Board of California.

A similar scheme or the same individual could travel north along the I-5 corridor to Washington State and attempt to commit the same scam. If anyone contacts you as a Nursing Commission Investigator or Medical Commission Investigator requesting social security information or credit card information, please report the contact to your local law enforcement agency immediately, and to the Nursing Commission as soon as possible at 360.236.4700, or e-mail [nursing@doh.wa.gov](mailto:nursing@doh.wa.gov)

## Applications now available for FQHC Medical Home Demo

The Innovation Center is pleased to announce that it is currently accepting applications from Federally Qualified Health Centers to participate in the Medicare Federally Qualified Health Center (FQHC) Advanced Primary Care Practice demonstration project. This demonstration is being conducted by Centers for Medicare and Medicaid Services (CMS) in partnership with the Health Resources and Services Administration (HRSA).

This 3-year demonstration project will test the effectiveness of doctors and other health professionals working in teams to coordinate and improve care for up to 195,000 Medicare patients. It will show how the patient-centered medical home model can improve quality of care, promote better health, and lower costs.

More information on the FQHC demonstration can be found at <http://innovations.cms.gov>; complete details and instructions for applying and participating in the demonstration can be found at [www.fqhcmedicalhome.com](http://www.fqhcmedicalhome.com). CMS will be accepting applications from Monday, June 6, 2011 through 11:59PM (EST) on Friday, August 12, 2011. If you have further questions, you may submit them to the CMS demonstration mailbox at [fqhc\\_mh\\_demo@cms.hhs.gov](mailto:fqhc_mh_demo@cms.hhs.gov).

If you have questions about Medicare activities, please visit [Medicare.gov](http://www.cms.gov) or <http://www.cms.gov/>, or visit our Frequently Asked Questions or you may also Search the Web Site. These features are designed to assist you in obtaining the information you are seeking.

### From Washington to West Africa: Use Your Skills To Serve The Forgotten Poor

By Claire Bufe

Have you ever thought about using your nurse practitioner skills to serve impoverished men, women, and children in the developing world? A short-term, volunteer opportunity with Mercy Ships in West Africa might be just what you are looking for—a chance to touch hearts while healing bodies.

Mercy Ships operates the world's largest non-governmental hospital ship. Currently in Sierra Leone, the *Africa Mercy* is equipped with 6 operating theaters, a 78-bed ward, CAT scan, X-ray and lab. The state-of-the-art hospital ship provides operations such as cleft lip and palate repair, cataract repair, orthopedic surgeries, and tumor removal—free of charge to people who have no other access to medical care.

Since 1978, Mercy Ships has performed services valued at more than \$834 million, impacting about 2.9 million people. They have performed more than 56,000 operations. The ship stays in one country for a 10-month field service before sailing to the next scheduled nation.

Volunteering with Mercy Ships will not only expand your professional portfolio, but also introduce you to different cultures. Each year, Mercy Ships has 1,200 volunteer crew serving from over 40 nations. You may find yourself working alongside a nurse from Sweden and a doctor from New Zealand!

Two years of professional experience as a registered nurse after licensure are required before nurses can apply to volunteer with Mercy Ships. The duration of volunteer service starts at two weeks for surgical nurses and eight weeks or longer for patient care nurses. Nurse practitioners are always encouraged to apply! To learn more, send an email to [jobs@mercyships.org](mailto:jobs@mercyships.org).

### AANA Strongly Supports IOM Pain Initiative

The American Association of Nurse Anesthetists (AANA) applauds the Institute of Medicine (IOM) for their recent announcement of major new study results identifying pain as a serious public health problem, and expresses its appreciation and support for the IOM's initiative to improve pain care, education, and research. The 42,000 member AANA is a supporting organization of the Pain Care Act which authorized the undertaking of the landmark study.

Commissioned by the U.S. Congress, the study draws attention to the human and economic costs of pain, an epidemic that affects one in every four Americans. Ensuring patient access to safe, cost-effective anesthesia care and pain management has long been the mission of the AANA, whose members are advanced practice registered nurses specializing in these areas. Along with various other consumer, health professional, and advocacy organizations that deal with this issue, the AANA strongly supports the IOM in its efforts to study pain in greater depth and explore approaches to advance the field of pain care.

"The AANA is extremely grateful to Congress for recognizing the need for this study and to the IOM for achieving such impressive results," said Christine Zambricki, CRNA, MS, FAAN, deputy executive director of the AANA. "The work done so far, and the work that lies ahead, has the potential to revolutionize the treatment of pain and offer relief for the millions of Americans who live with pain day in and day out. As an organization representing anesthesia specialists, many of our members practice in pain management settings so the AANA's support of this research is a natural association."

The ultimate goal of the IOM study is to lessen the toll in human suffering caused by pain, while identifying economical alternatives that reduce healthcare and lost-opportunity costs.

"CRNAs see firsthand the grave effects chronic pain has on patients. We anticipate that the study, along with the involvement of the IOM and leading healthcare and patient advocacy organizations that have already signed on to support this initiative, will encourage other organizations to join the cause of advancing pain management," said Zambricki.

### Classified Ads

#### Medical Aesthetics ARNP – Gig Harbor, WA

Gig Harbor MultiCare Healthy Reflections Medical and Day Spa is seeking on-call medical aesthetics nurse practitioners to support our client's desires to restore, rejuvenate or enhance their image through education, medical aesthetic procedures and products. This is the ideal position for a provider who wants to set their own work schedule. Candidates must be eligible for licensure & certification in Washington State. Email your CV to [providerservices@multicare.org](mailto:providerservices@multicare.org) or fax your CV to 866-264-2818. Website: [www.BlazeNewTrails.org](http://www.BlazeNewTrails.org). "MultiCare Health System is proud to be a drug free workplace"

#### Physiatry ARNP – Western, WA

MultiCare Health System seeks a certified ARNP with experience in rehabilitation and chronic pain to join an established physical medicine and rehabilitation program. Position focuses on medical management of patients on the Inpatient Rehabilitation Unit. This is a full-time position located in Puyallup, WA. Competitive salary, a full array of benefits and a great location makes this an ideal choice for the provider who is looking to experience the best of Northwest living; from big city amenities to the pristine beauty and recreational oppor-

tunities of the great outdoors. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to [blazenewtrails@multicare.org](mailto:blazenewtrails@multicare.org) or fax your CV to 866-264-2818. "MultiCare Health System is a drug free workplace"

#### **Nephrology ARNP/PA-C – Western WA**

MultiCare Health System is looking for a certified nurse practitioner or physician assistant to join our thriving Nephrology practice. Primary responsibilities are to see follow-up patients in the clinic and to round on patients in local dialysis centers. Experience as a nephrology provider is required. Located 30 miles south of Seattle, on the shores of Puget Sound, you'll experience the best of Northwest living, from big city amenities to the pristine beauty and recreational opportunities of the great outdoors. Excellent compensation, a full array of benefits, and a great location make for an exciting opportunity. Please visit our website to apply online at <http://blazenewtrails.org/>, email your CV to [blazenewtrails@multicare.org](mailto:blazenewtrails@multicare.org) or fax your CV to 866-264-2818.

MultiCare Health System is a Drug Free Workplace

#### **Physiatry ARNP – Puyallup, WA**

Established 5 physicians, 4 nurse practitioner psychiatric group seeking a Psychiatry ARNP. This position includes outpatient office setting and no call to start. We are located very close to Seattle/Tacoma and all the activities associated with large cities or you can choose a more rural lifestyle in the smaller communities outside of the Puyallup area. Qualified applicants must be flexible, self-motivated, and committed to patient care. For more information regarding these fantastic opportunities contact Provider Services @ 800-621-0301 or send your CV to [blazenewtrails@multicare.org](mailto:blazenewtrails@multicare.org). To apply online please visit <http://careers.blazenewtrails.org>. MultiCare is a drug free workplace

#### **Gero Psych ARNP – Tukwila, WA**

Highline Medical Center is seeking an energetic, Gero Psych ARNP for it's busy, outpatient Gero Psych practice. This opportunity is a .8 FTE opportunity with the potential to move to FT. Work in a collaborative outpatient practice setting that values the work you provide to our patient's. This is a day shift, M-F opportunity. We offer a strong competitive base salary, plus RVU bonus incentive. We also offer a sign-on bonus and excellent benefit package.

If you are seeking an opportunity where you can make a difference in patients' lives, THIS IS FOR YOU!

We are also seeking a second experienced Geriatric Psych ARNP, with Management exp. to manage our inpatient unit, (see other ad). Tell your friends and colleagues about these exciting opportunities.

We are located just 20 minutes from downtown Seattle and the shores of Puget Sound. This opportunity is just minutes from the SeaTac airport. Please visit our website at [www.HighlineMedicalCenter.org](http://www.HighlineMedicalCenter.org) to learn more about us. Please send your CV, references and letter of interest to [gmumma@highlinemedical.org](mailto:gmumma@highlinemedical.org) or fax to 206-248-0505.

#### **Management Opportunity Gero Psych ARNP – Tukwila, WA**

Highline Medical Center is seeking a Gero Psych ARNP to manage it's Geriatric Psychiatry Unit located on the Highline Medical Center - Specialty Campus. This program opened in 1989 and is a very successful and well regarded program. Our patients come from WA and other surrounding states to access the high quality care this program has to offer.

This is a full time, weekday opportunity that will be responsible for the daily management of this busy, recently remodeled unit. Management experience and recent Gero Psych experience a must. Work in a collaborative inpatient practice setting that values the work you will do with our staff, providers and patients. Work where you have an opportunity to shape the future of this growing program. We offer a competitive salary, full benefit package and sign-on relocation bonus.

If you are seeking an opportunity where you can make a difference, feel valued for your contribution and meet the challenge of managing

a unit of this type, THIS OPPORTUNITY IS FOR YOU!

We are also seeking a second Geriatric Psych ARNP, to work in our outpatient clinic (see other ad). Tell your friends and colleagues about these exciting opportunities.

We are located just 20 minutes from downtown Seattle and the shores of Puget Sound. This opportunity is just minutes from the SeaTac airport. Please visit our website at [www.HighlineMedicalCenter.org](http://www.HighlineMedicalCenter.org) to learn more about us.

The Seattle area is consistently rated as one of the best places to live. Experience all that the NW has to offer from big city access to the beautiful surrounding, lakes, beaches and mountains.

Please send your CV, references and letter of interest to [gmumma@highlinemedical.org](mailto:gmumma@highlinemedical.org) or fax to 206-248-0505

#### **Family Practice ARNP – Western WA**

Highline Medical Group is seeking certified Nurse Practitioner's to join our growing team of ARNPs, PA's and Physicians. We are currently seeking two primary care ARNPs. The first opportunity is with our well established, Riverton Family Medicine Clinic in Tukwila. Takeover a practice from another ARNP, that is transferring to a new Highline Medical Group opportunity. This opportunity is a .8 to 1.0 opportunity. Enjoy a very supportive provider group in providing high quality, practicing evidence based medical care. The second opportunity, is full-time, with our well established Roxbury Clinic, just minutes from West Seattle. Spanish is a plus. Both opportunities offer a generous base salary, RVU production bonus, quality bonus incentive and excellent benefit package.

Experience the best of Northwest living, just minutes from downtown Seattle and the shores of Puget Sound. Please visit our website at [www.HighlineMedicalCenter.org](http://www.HighlineMedicalCenter.org) and [www.HighlineMedicalGroup.org](http://www.HighlineMedicalGroup.org) to learn more about us. Please send your CV, references and letter of interest to [gmumma@highlinemedical.org](mailto:gmumma@highlinemedical.org) or fax to 206-248-0505.

## **CE Opportunities**

### **UW Health Care and Social Work Certificates**

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: [www.keeplearning.uw.edu](http://www.keeplearning.uw.edu).

### **Advanced Practice in Primary and Acute Care – Pacific Northwest 34th Annual National Conference**

Continuing Nursing Education at the University of Washington is pleased to announce, Advanced Practice in Primary and Acute Care—Pacific Northwest 34th Annual National Conference, a conference for nurse practitioners and other health care professionals, to be held on October 27 through October 29, 2011 at the Washington State Convention Center in Seattle, Washington. This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmacotherapeutic agents. Conference faculty include distinguished national, regional, and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial, and women's health care. In addition, a preconference lecture on Wednesday evening, special interest group meetings on Thursday and Friday, and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Phone: 206-543-1047; E-mail: [cne@uw.edu](mailto:cne@uw.edu) ; Web: <http://www.uwcne.net/secure/welcome.aspx>

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at http://PSNPA.org

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced

per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.480.1035 Fax: 253.852.7725
Email: au@auws.org Web site: www.auws.org

ARNP Care

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.852.9042 Fax: 253.852.7725
Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:

Robert T. Smithing, MSN, ARNP, FAANP
Madeline D. Wiley, MSN, ARNP

ARNPs United Contributing Editors:

Deb Smith, FNP, DNP, ARNP (President)
Louise Kaplan, PhD, ARNP, FAANP (Legislative Co-chair)
Jerry Green, MN, ARNP (Legislative Co-chair)

Managing Editor: Tracy Kiele

Production Staff: Sarah Abid

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ARNP Care
10024 SE 240th St, Suite 230
Kent WA 98031