

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

September 2011

Join Us At Conference

It's that time of year again! Time to register for our region's annual advanced practice conference, designed by and for nurse practitioners in all specialties. This year's conference is from October 27th-29th in downtown Seattle at the Washington State Convention Center.

Call UW-CNE at 206.543.1047 or email them at cne@u.washington.edu for more information or go to www.uwcne.org.

Free Continuing Education Credits

Four FREE continuing education credits are now available to help providers comply with new statewide rules on pain management and the prescribing of opioids for chronic, non-cancer pain.

Go to the "CME Activities" tab on the Opioid Guideline page at the Agency Medical Directors' Group (AMDG) website: www.agencymeddirectors.wa.gov

The 2010 legislature passed a bill in response to concerns about the consequences and risks of prescribing opioids for chronic, non-cancer pain. In response, five boards and commissions adopted regulations related to pain management.

To meet the 4 hour CME provision in these rules, the Medical Quality Assurance Commission (MQAC) in consultation with the Department of Health (DOH) and Agency Medical Directors' Group (AMDG), offer a free Category 1 CME (continuing education) package available online and on-demand! Users may print certificates from their own computer at no charge – no need to wait for a certificate in the mail!

This CME package is applicable to the licensees of all five boards and commissions named in this legislation."

Washington's Prescription Monitoring Program

Chris Baumgartner, Director
Washington State Prescription Monitoring Program

Prescription drug misuse is a national and local problem. It has caused an alarming growth in overdose deaths, hospitalizations, admissions for substance abuse, and non-medical use. In Washington, deaths involving unintentional prescription pain reliever overdoses increased nearly 21-fold from 24 in 1995 to 490 in 2009. In the past decade, the numbers of hospitalizations for prescription pain reliever dependence and abuse have doubled, hospitalizations for methadone poisoning have increased five-fold, and poisoning hospitalizations from other prescription pain relievers have increased four-fold.

The Washington State Department of Health is implementing a Prescription Monitoring Program (PMP) to address this problem by collecting all records for schedule II, III, IV, and V drugs. Prescribers and pharmacists will be able to use this information as a tool in patient care.

The state health department held a public hearing June 27, 2011 for the proposed program rules. The rules are expected to be effective August 27, 2011. The adopted rules and more information (www.doh.wa.gov/hsqa/PMP/rules.htm) are available online. Dispensers are required to start reporting data on October 7, 2011. Over the summer, a data submission manual has been developed, along with other resources to help dispensers with this process. These resources are available online at www.wapmp.org. The system is expected to be ready to receive and respond to requests from prescribers and other system users by January 2012.

This program will affect practitioners in two different ways. First, any practitioner who dispenses controlled substances from their office (for more than a 24 hour supply) must submit those records to the state health department. Practitioners do not have to report any prescribing or administering of controlled substances — only dispensing. The draft rules require weekly data submission using electronic methods. If a practitioner does not have the necessary software to submit the required files there will be an online submission form that can be used to report individual dispensing records.

The second impact of the project actually is a tool to improve patient care and work to assure patient safety. Practitioners may request prescription history reports for their patients from the program. They will be able to access this information online 24 hours a day, seven days a week anywhere that a user has Internet access. The information provided will allow a practitioner to look for duplicate prescribing, misuse, drug interactions, and other potential concerns. By having this information available before prescribing or dispensing, a practitioner can provide improved care to their patients.

The program website (www.doh.wa.gov/hsqa/PMP/default.htm) provides more information and an option to receive updates through a listserv. You can also contact PMP Director Chris Baumgartner at 360-236-4806 (prescriptionmonitoring@doh.wa.gov).

Preceptors Needed

Seattle University needs preceptors for our ARNP students. Fall Qtr 9/26-Dec 10; Winter Qtr 1/4-3/17; Spring Qtr 3/26-6/9

Students complete 150 hours over 10 weeks. We need ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg; cardio, neuro, etc)

We are offering some perks for your talented, tireless efforts. Please contact Linda Frothinger at: 206-293-4416 or frothil@seattleu.edu.

Research Toolkit

The American Nurses Association has developed a Research Toolkit that can be used in a multitude of ways. It can help nurses provide evidence-based care that promotes quality health outcomes for individuals, families, communities and health care systems. It can also assist in using research to shape health policy at the bedside, within an organization, and at the local, state and national level. The toolkit provides access to numerous resources to support nurses in practice, nurses interested in or engaged in research, nurse educators and students. ANA members can access a research repository with reviews of research articles. Visit the toolkit at <http://www.nursingworld.org/research-toolkit.aspx>.

Classified Ads

Gastroenterology ARNP – Seattle WA

For the third year in a row, Pacific Medical Centers was recently named one of the top 100 best places to work in Washington in an annual ranking compiled by Seattle Business Monthly magazine. PMC is a network of 8 outpatient clinics providing primary and specialty care to the greater Seattle area, employing over 150 providers and 500 staff. The individuals we care for are culturally and clinically diverse, creating a stimulating and rewarding workplace. Our strong team environment and mission allows us to provide friendly services that focus on the highest quality patient care.

We are seeking an Advanced Registered Nurse Practitioner with three or more years clinical GI practice experience (preferred) to work with our gastroenterology team of four GI providers. Specific responsibilities include: initial and follow-up consultations, patient and family education, and coordination of treatment with physicians as needed. Based at our First Hill Clinic some travel would be required.

Our complex and diverse patient population requires a flexible, compassionate and self-motivated individual with demonstrated clinical judgment and in-depth practice experience. The successful candidate will have a proven track record of growth, learning, and self-development. Requirements include Washington ARNP license, and DEA certificate.

Highlights: • On-site endoscopy suite • Diagnostic imaging center • On-site lab and pharmacy • Internal referral base • Some travel to other clinic locations • Financially sound and growing organization • Supportive environment • EPIC EMR implementation this year.

Seattle presents breathtaking scenery, performing arts, exquisite dining, world-class shopping, quality schools and unique attractions.

Take advantage of outdoor recreation over four seasons with no state income tax, and you have something to please everyone in your family. PMC's competitive salary and benefits package will support and enhance a lifelong career.

For more information, please contact: Deborah Akins, Medical Staff Recruiter Toll Free: 888.901.1122 Email: DeborahA@pacmed.org

**Background checks, drug screen and influenza vaccination or proof of immunization will be required for all candidates selected for this position. **Pacific Medical Centers is an equal opportunity employer.

Gero Psych ARNP – Tukwila, WA

Highline Medical Center is seeking an energetic, Gero Psych ARNP for it's busy, outpatient Gero Psych practice. This opportunity is a .8 FTE opportunity with the potential to move to FT. Work in a collaborative outpatient practice setting that values the work you provide to our patient's. This is a day shift, M-F opportunity. We offer a strong competitive base salary, plus RVU bonus incentive. We also offer a sign-on bonus and excellent benefit package.

If you are seeking an opportunity where you can make a difference in patients' lives, THIS IS FOR YOU!

We are also seeking a second experienced Geriatric Psych ARNP, with Management exp. to manage our inpatient unit, (see other ad). Tell your friends and colleagues about these exciting opportunities.

We are located just 20 minutes from downtown Seattle and the shores of Puget Sound. This opportunity is just minutes from the SeaTac airport. Please visit our website at www.HighlineMedicalCenter.org to learn more about us. Please send your CV, references and letter of interest to gmunma@highlinemedical.org or fax to 206-248-0505.

Management Opportunity Gero Psych ARNP – Tukwila, WA

Highline Medical Center is seeking a Gero Psych ARNP to manage it's Geriatric Psychiatry Unit located on the Highline Medical Center - Specialty Campus. This program opened in 1989 and is a very successful and well regarded program. Our patients come from WA and other surrounding states to access the high quality care this program has to offer.

This is a full time, weekday opportunity that will be responsible for the daily management of this busy, recently remodeled unit. Management experience and recent Gero Psych experience a must. Work in a collaborative inpatient practice setting that values the work you will do with our staff, providers and patients. Work where you have an opportunity to shape the future of this growing program. We offer a competitive salary, full benefit package and sign-on relocation bonus.

If you are seeking an opportunity where you can make a difference, feel valued for your contribution and meet the challenge of managing a unit of this type, THIS OPPORTUNITY IS FOR YOU!

We are also seeking a second Geriatric Psych ARNP, to work in our outpatient clinic (see other ad). Tell your friends and colleagues about these exciting opportunities.

We are located just 20 minutes from downtown Seattle and the shores of Puget Sound. This opportunity is just minutes from the SeaTac airport. Please visit our website at www.HighlineMedicalCenter.org to learn more about us.

The Seattle area is consistently rated as one of the best places to live. Experience all that the NW has to offer from big city access to the beautiful surrounding, lakes, beaches and mountains.

Please send your CV, references and letter of interest to gmunma@highlinemedical.org or fax to 206-248-0505

Family Practice ARNP – Western WA

Highline Medical Group is seeking certified Nurse Practitioner's to join our growing team of ARNPs, PA's and Physicians. We are currently seeking two primary care ARNPs. The first opportunity is with our well established, Riverton Family Medicine Clinic in Tukwila. Takeover a practice from another ARNP, that is transferring to a new Highline Medical Group opportunity. This opportunity is a .8 to 1.0

opportunity. Enjoy a very supportive provider group in providing high quality, practicing evidence based medical care. The second opportunity, is full-time, with our well established Roxbury Clinic, just minutes from West Seattle. Spanish is a plus. Both opportunities offer a generous base salary, RVU production bonus, quality bonus incentive and excellent benefit package.

Experience the best of Northwest living, just minutes from downtown Seattle and the shores of Puget Sound. Please visit our website at www.HighlineMedicalCenter.org and www.HighlineMedicalGroup.org to learn more about us. Please send your CV, references and letter of interest to gumma@highlinemedical.org or fax to 206-248-0505.

Psychiatric Nurse Practitioner – Moses Lake WA

Wenatchee Valley Medical Center's Moses Lake Clinic in North Central Washington is seeking solution-oriented certified specialist ARNP with prescriptive authority for out-patient practice. Integrated among primary care and specialty physicians. Electronic medical records and full medical clinic support. High production-based salary with initial income guarantee, excellent benefits and retirement. Learn more at www.wvmedical.com ; Email: joinus@wvmedical.com

WSNA Political Action Coordinator

The Political Action Coordinator is responsible for educating, coordinating, and mobilizing nurses for grassroots action in order to advance association goals and objectives.

Duties and responsibilities shall include, but not be limited to:

- Develop strategies and materials to educate nurses about the political process, coordinate and mobilize nurses for grassroots action.
- Identify and create a database of nurses in each legislative district to lobby and volunteer in political campaign efforts.
- Conduct in-person and phone meetings with members to build relationships and develop grassroots advocates
- Recruit WSNA members to attend hearings, rallies, and coalition partner lobby days in Olympia.
- Plan and coordinate turnout to public events, trainings, and forums.
- Contact/recruit and provide logistical support for nurses to testify at hearings and lobby legislators in Olympia.
- Assist in drafting legislative and election action alerts and updates for newsletters, WA Nurse, and WSNA website.
- Document stories from nurses on impact of legislative proposals
- Lead phone banking and door-to-door outreach efforts to engage members and new activists
- Assist in the WSNA-PAC Board's activities including the candidate endorsement process.
- Coordinate and assist in candidate interviews with members and turn out volunteers for targeted races during election.
- Develop and implement a plan and activities to raise funds for WSNA-PAC through special events and other activities
- Maximize attendance and assist in the planning of the annual Nurse Legislative Day.
- Attend coalition meetings and serve as WSNA liaison in coordination with the WSNA Senior Governmental Affairs Advisor.
- Coordinate with coalition partners and campaign staff on priority legislative and political campaigns.
- Develop and present education workshops related to grassroots advocacy.
- Works collaboratively with all WSNA staff to advance association goals and objectives.
- Other duties as assigned.

Travel Requirements: Frequent travel to Olympia during the Legislative Session. Frequent travel throughout the State to meet with members.

Accountability: The Political Action Coordinator reports to the Assistant Executive Director of Governmental Affairs and Operations. Work assignments are accomplished under the lead of the Senior Governmental Affairs Advisor.

Qualifications: Bachelor degree required. Registered nurse pre-

ferred. Minimum 3 years experience in volunteer development, political or union organizing, public policy, or related field. Knowledge of legislative, regulatory, and election process required. Excellent writing, public speaking, and strong, proven interpersonal skills; proven ability to communicate effectively internally with other staff members and externally with members and public officials. Demonstrated ability to motivate and mobilize volunteers. Must be a self-starter with the ability to handle multiple priorities and organize the workload accordingly. Attention to detail, accuracy and thoroughness of work are essential. Proficient in word processing, e-mail, and presentation graphics applications (Excel, Outlook, PowerPoint, Microsoft Word). The Political Action Coordinator is included in the Program Specialist job classification and is subject to the WSNA-Teamsters Local#117 Contract provisions.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

Advanced Practice in Primary and Acute Care – Pacific Northwest 34th Annual National Conference

Continuing Nursing Education at the University of Washington is pleased to announce, Advanced Practice in Primary and Acute Care—Pacific Northwest 34th Annual National Conference, a conference for nurse practitioners and other health care professionals, to be held on October 27 through October 29, 2011 at the Washington State Convention Center in Seattle, Washington. This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmacotherapeutic agents. Conference faculty include distinguished national, regional, and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial, and women's health care. In addition, a preconference lecture on Wednesday evening, special interest group meetings on Thursday and Friday, and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Phone: 206-543-1047; E-mail: cne@uw.edu Web: <http://www.uwcne.net/secure/welcome.aspx>

Identifying Back Injury Risks, Innovations and Best Practices to Prevent Disability, Live Strong, and Work Well

Sponsored By: The Northwest Center for Occupational Health and Safety as a Pre-Conference Course at the Washington State Governor's Industrial Safety and Health Conference. September 27, 2011

Work-related back injuries are a significant and costly problem. In 2009, the Bureau of Labor and Statistics reported that work-related back injuries accounted for nearly 200,000 cases with days away from work.

Jobs that involve lifting, pushing, pulling, carrying, whole body vibration, and/or result in slips and falls pose risks to workers for back injuries. Does this describe the work you do? What your employees do? Do you or your business need to be more proactive and less reactive?

Take a first step in prevention planning and sign up to attend the Washington Governor's Pre-Conference Course, "Identifying Back Injury Risks, Innovations and Best Practices to Prevent Disability, Live Strong and Work Well" on September 27, 2011.

Sponsored by the Northwest Center for Occupational Health and Safety at the University of Washington, this course will feature key-

note, Dr. William S. Marras. Author of "The Working Back" and professor at The Ohio State University, Dr. Marras will give an overview of individual and workplace factors that can lead to low back pain.

For more information, including additional speakers, topics, course description, accreditation and rates, go to: <https://osha.washington.edu/>

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a CME talk. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Posi-

tion Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

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