

Advanced Registered Nurse Practitioner Care

Vol. 22, No. 11

Official Newsletter of ARNPs United of Washington State

November 2011

AUWS Election Results

Deb Smith, FNP and Sarah Korkowski, NNP were re-elected. Chris Porter, FNP was elected to his first term and will take office in January 2012. Kristi Farrell, FNP will be leaving the board.

Proposed AUWS Bylaws Changes Pass

The proposed changes to the AUWS Bylaws passed at our annual meeting. The changes are detailed in the October issue of *ARNP Care*. The new bylaws are available on our web site www.auws.org

ARNP Care to ePublish Exclusively

Due to a variety of reasons ARNP Care will be ending publication of the paper version in January 2012. If we don't have your email address we won't be able to send your copy to you.

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You can also send your email address to care@nurse.net and we'll subscribe you. If you are reading an electronic copy of ARNP Care then we have your email address and you are subscribed to the electronic version. No need to do anything.

Tell your ARNP friends as well.

Washington State Pharmacy & Therapeutics Committee Openings

The Washington State Health Care Authority is seeking applications from interested physicians and ARNPs to fill current openings on the Washington State Pharmacy & Therapeutics (P&T) Committee beginning in January 2012.

The purpose of the committee is to evaluate the available evidence of the relative safety, efficacy, and effectiveness of prescription drugs within a class of prescription drugs and make recommendations to the appointing authority for its' deliberation in the development of

the preferred drug list established in RCW 70.14.050. The P&T Committee also serves as the Medicaid Drug Utilization Review Board.

The initial term of appointment is 3 years. Members of the committee will be compensated for attendance at meetings in accordance with a personal services contract executed after appointment to the committee.

Applicants should submit a current CV or resume, along with a letter of interest demonstrating that they meet the following criteria set forth in WAC 182-50-025:

Members must be actively practicing in their clinical area of expertise throughout the entire term of their appointments.

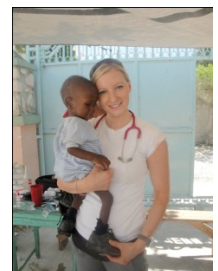
Members must have knowledge and expertise in one or more of the following:

- Clinically appropriate prescribing of covered outpatient drugs;
- Clinically appropriate dispensing and monitoring of covered outpatient drugs;
- Drug use review;
- Medical quality assurance;
- Disease state management; or
- Evidence-based medicine.

Making a Difference Across the Globe

By Stephany Nesser

The beauty of nursing is the unique approach we have to provide holistic care to our patients. We are educators, advocates, leaders and mentors to those whose lives we touch. I have had the honor and privilege to share my nursing skills in areas that need it the most across the globe. My next journey is coming up next September 22-October 6, 2012 and will be in Lira, Uganda in Africa. I will be leading a medical team with Children of the Nations International (COTNI) an organization that has a vision to "raise children to transform nations." In this exciting journey, we will be the first medical team to ever enter this area to run a much-needed clinic.



According to COTNI, "Uganda's people have endured much suffering in recent history. Between 800,000 and 2 million people perished during the dictatorship of Idi

Amin (1971–1979) and the civil wars, tribal killings, and famines that followed. For the past two decades, the rebel Lord's Resistance Army (LRA) has terrorized the northern districts. Amidst the oppression of this longest-running war on the African continent involving ruthless rebels, hostile ethnic groups, aggressive militias, and government forces all fighting each other, the children of northern Uganda are beginning to see the light of day. However, countless communities have been completely destroyed and families killed, leaving many with nowhere to go and no one to go to."

"Uganda has a very young population, with a median age of just 15 years. About eighty percent of all Ugandans work in agriculture, most farmers work at the subsistence level, struggling to grow enough to feed their families. They rarely have surplus food to sell for income that can provide other necessities like clothing and health care. Typical Ugandans live in villages made up of small houses sometimes smaller than a garage. The houses in very rural parts of the country are made of mud with thatched-grass roofs, though there are now an increasing number of houses with corrugated iron roofs."

"Orphans and widows are among the hardest hit as they are left to fend for themselves—either on the streets or in the remains of dismantled IDP camps. Health care is a great concern for families. Access to medical facilities is limited and costly. Without access to even the most basic necessities or services, acute conditions such as malnutrition exist in abundance in children. Rampant disease including malaria, pneumonia and other treatable illnesses take thousands of lives weekly. Psychological and emotional stresses affect all ages. Unresolved trauma resulting from horrific war-time experiences, especially for its northern residents, haunts adults and children alike. Uganda's children are in desperate need of improved educational opportunities to help them escape the cycle of poverty and open up a brighter future."

You are invited to be part of this unique and important medical team, we need all the help we can get! If you are interested or would like more information to see how you can get involved, please email Stephany Nesser at stephany_nesser@yahoo.com and visit <http://www.cotni.org> for more information about the organization. To join the team please fill out an application at <http://www.cotni.org/pages/team-member>. Our team code is UGMEDA912. This experience will enrich your life and change you in ways you did not know were possible. "Be the change you wish to see in this world" Gahndhi.

Elimination of VRP program proposed

Free malpractice insurance is in jeopardy for volunteers at free and low-income clinics

The budget reductions proposed to the Governor by the Washington State Department of Health pose a threat to health care access for the poorest Washingtonians. The proposed reduction to Area Health Education Centers/Rural Health Capacity is \$297,000. Most of this reduction is realized by the elimination of the Volunteer/Retired Provider Malpractice Insurance Program (VRP Program).

Background: The VRP Program is a statewide program administered by the Western Washington Area Health Education Center (WWAHEC). The program's goal is to increase access to health care for low-income Washingtonians. The program provides malpractice insurance coverage for volunteer primary care physicians and other healthcare professionals.

Impact of program elimination:

- ❑ WWAHEC estimates more than 67,500 clients will not be served by volunteer providers in Washington's free and low-income clinics.
- ❑ VRP Program volunteers provide an estimated \$82 million worth of care annually. Without the volunteer workforce, clients will have little choice but to seek care in emergency rooms.
- ❑ Elimination of this valuable program, which leverages the services of volunteers, may cause free clinics across Washington State to close their doors.

If you are concerned about the proposed elimination of the VRP Program and how it would impact your clinic, your volunteer work and the citizens of Washington State, Governor Gregoire can be contacted at: www.governor.wa.gov/contact/default.asp. If you would also like to contact your state legislator, information can be found at: <http://apps.leg.wa.gov/rosters/default.aspx>

New Provider Treatment Guidelines for Work-Related Complex Regional Pain Syndrome

This guideline is effective on October 1, 2011 and replaces the former CRPS guideline that was published in June 1997. The complete guideline is posted at: <http://www.lni.wa.gov/ClaimsIns/Providers/Treatment/TreatGuide/default.asp>

The guideline is an educational resource for providers who treat injured workers in the Washington workers' compensation system under Title 51 RCW. It also defines diagnostic criteria for claim managers, occupational nurses, and the insurer's utilization review staff to help ensure diagnosis and treatment of work-related CRPS is of the highest quality.

To print a copy of Provider Bulletin PB 11-01 visit the L&I Website at the address above.

Help a Student, Take a Survey

Jennifer Tiffen, MS, APN, is a doctoral candidate at the University of Illinois at Chicago. She is conducting a study to better understand how nurse practitioners make decisions. Her letter:

"I am contacting you to see if you would be interested in participating in my research study. Study participation involves completing online questionnaires and case vignettes. Specifically you would be asked to complete a demographic data questionnaire and two case vignettes. I anticipate that the entire process will take approximately 60 minutes of your time and there are participant incentives being offered.

I hope you will consider participating in this study. If you would like to do so, please use the following link to access the online study:"

<https://www.surveymonkey.com/s/Y6DBX5P>

Preceptors Needed for Seattle University

Seattle University needs preceptors for our ARNP students. Winter Qtr 1/4-3/17; Spring Qtr 3/26-6/9

Students complete 150 hours over 10 weeks. We need ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg; cardio, neuro, etc)

We are offering some perks for your talented, tireless efforts. Please contact Linda Frothinger at: 206-293-4416 or frothil@seattleu.edu.

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall, Winter and/or Spring.

Preceptors needed for beginning to advanced students.

Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Diabetes Education Materials on Starting Insulin Available

Using plain language and simple pictures, the handouts make it easy to understand how to safely use insulin.

These new handouts are specifically designed to address the need for low literacy guides that are easily understood by patients. There are 10 topics in the series, including information on why insulin is needed, how to inject it, needle safety, monitoring blood sugar, diet and exercise, and tips for managing insulin when traveling.

The handouts are available in both English and Spanish and in two literacy levels: low literacy and very low literacy. The patient handouts are free to download and distribute from the NPHF website:

<http://www.nphealthcarefoundation.org/resources/insulin.html>

Classified Ads

Per Diem ARNP Geriatric Care – Seattle WA

Come Work For Group Health in Seattle, WA!

NP's on our Geriatric team provide daily comprehensive medical management for patients in skilled nursing facilities. Group Health employees share a common purpose to transform health care, working together to improve the care and well-being of patients, and communities. We offer an environment where your ideas matter.

Minimum License/Certifications Requirements

At time of hire Washington State RN and ARNP license. ANCC certification as Family Nurse Practitioner, Adult Nurse Practitioner or Geriatric Nurse Practitioner.

Prescriptive authority. BLS/CPR certification.

Note~ This position will be a per diem position filling in for vacations and picking up extra patient load where needed.

We offer generous benefits, and competitive salaries.

To Apply Please visit our website at www.ghc.org , job # 112005

For additional information email Angie Graves at graves.ar@ghc.org or call 206-448-6081.

Group Health is an Equal Opportunity Employer committed to a diverse and inclusive workforce.

ARNP Wanted – Seattle WA

Group Health is the Pacific Northwest's top-rated multi-specialty practice team. We are currently seeking an ARNP for our CARDIOLOGY (Cardiac Device) and Gastroenterology (Hepatology) to join our team Seattle Specialty Center.

Group Health is dedicated to providing comprehensive, innovative, and patient-centered care to our patients throughout Washington State. We lead the nation in EMR integration.

Minimum Requirements: Current Washington State RN license; eligible for Washington State ARNP license; eligible for Prescriptive Authority within 6 months.

We offer generous benefits, and competitive salaries. To Apply Please visit our website at www.ghc.org , job # 110589 & 112614.

For additional information email Becky Petersen at Peteresen.b@ghc.org or call 206-448-6079.

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CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom).

Visit our website for full descriptions and start dates:

www.keeplearning.uw.edu.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group
Next Meeting Nov 10, 2011

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced

per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

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Publisher: NP Central

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Subscriptions are \$25 per year, tax included. Ad rate sheet available on request.



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