

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

December 2011

ARNP Care to ePublish Exclusively in January

Due to a variety of reasons ARNP Care will be ending publication of the paper version in January 2012. This is the last paper version you will receive. If we don't have your email address we won't be able to send your copy to you.

Don't miss an issue!

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Today!

You can also send your email address to care@nurse.net and we'll subscribe you. If you are reading an electronic copy of ARNP Care then we have your email address and you are subscribed to the electronic version. No need to do anything.

Tell your ARNP friends as well.

AUWS is Redefining Who We Are

Why? Because everything AUWS does serves all the advanced practice nurses in the state. AUWS is the best investment you can make for your present and future professional practice.

How? Every advanced practice nurse in the state of Washington is now a member.

What does that mean? You can vote for our board of directors, you can receive ARNP care electronically, and you can participate on our committees.

Why you need us:

AUWS pays for the lobbyist who represents us in Olympia. Our scope of practice is governed by the rules and regulations of Washington state, affecting every aspect of our daily practice and every patient we see. Representation insures our interests are monitored and maintained, that our position and practice is included in relevant legislation.

ARNP Care, our newsletter, and the AUWS website provide monthly updates on important information regarding our profession and practice related concerns. These resources are a forum to keep us connected to one another.

AUWS provides representation and advocacy at conferences and public meetings on issues relevant to our profession.

AUWS provides media training and communication networks to increase public awareness of our role as primary care givers.

AUWS keeps you informed of state and national developments relevant to our practice.

AUWS collects data and supports research to best document the services we provide, how much we cost to provide it and the outcomes of our work.

Why we need you:

AUWS needs financial contributions from our membership to fund these activities.

AUWS needs your participation to continue the work we are doing to support one another and our practices.

Please Contribute Now

We invite you to consider one day's pay to the organization that supports you, but any amount will help. If you can't provide an entire day's pay, consider one or two hours worth of wages as a contribution. We want to thank all those who joined AUWS as lifetime members. Now we'd like to ask if you could be a *sustaining* member.

- If you earn \$50,000 consider contributing \$200
- If you earn \$60,000 consider contributing \$230
- If you earn \$100,000 consider contributing \$400

Contributions can be one time, yearly or monthly. For example if you would like to donate \$360/yr you could sign up for a \$30 donation each month which will automatically be swiped from your credit card each month.

Please visit the website (www.auws.org menu choice "Join Us" to donate online, or send your contribution to:

ARNPs United
10024 SE 240th St #230
Kent, WA. 98031

And we thank you for your support.

2011 AUWS Survey Results

Members top 3 priorities for AUWS are:

- 88% Efforts for parity Reimbursement for NPs
- 71% Representation at multidisciplinary or insurance meetings
- 49% Public relations to increase public relations of NPs

BE A PART OF IT! FEBRUARY 13, 2012



NURSE LEGISLATIVE DAY

KEYNOTE SPEAKERS: Gubernatorial candidates **Jay Inslee** and **Rob McKenna**

Morning education sessions
at Great Wolf Lodge

Lunch and afternoon activities
at the Capitol in Olympia

*Free shuttle between Olympia and
Great Wolf Lodge provided before
and after education sessions.*

WSNA™ WASHINGTON STATE
NURSES ASSOCIATION

www.wsna.org/legday

2012 NURSE LEGISLATIVE DAY

REGISTRATION FORM

Learn about the critical issues facing nurses, nursing and health in Washington this year, but most importantly, you'll discover how you can make a difference in Olympia.

MONDAY, FEBRUARY 13TH, 2012

Overview of WSNA priorities for 2012

Issues WSNA will work on in the next legislative session and how you can get involved

Implications of the State Budget Crisis

Hear the latest budget proposals and what it means to critical health programs in Washington State

Breakout Sessions

Learn how to be an effective advocate on the issues you care about

Meet with your legislators and attend hearings

Great Wolf Lodge
20500 Old Highway 99 SW
Centralia, WA 98531

Visit www.leg.wa.gov to find out your legislative district and representatives or call the Legislative hotline at **1-800-562-6000**. (You are encouraged to call your legislators in advance to make an appointment to guarantee availability.)

Special Room Rate of \$129 (accommodates up to 4 people) for Sunday night at Great Wolf Lodge.
Call **800.640.9653 (WOLF)** for reservations. Use group code **1202WSNA**. Rate good on reservations made by 1/25/12.

REGISTRANT INFORMATION

*Separate form required for each registrant.
Photocopy this form as needed.*

Name _____ Credentials _____
Street Address _____
City _____ State _____ Zip _____ Phone _____
Legislative District _____ Membership # / Last 4 SSN _____
School _____ Email _____

COST & PAYMENT METHOD

- \$20** Pre-registered* Students
- \$50** Pre-registered* WSNA, ARNPs United, AAPPN, WANA, AORN, or SNOW Members
- \$55** Pre-registered* Non-members
- \$30** Students Who Register On-Site
- \$70** All Others Who Register On-Site

Continuing nursing education contact hours will be awarded for this event

The Washington State Nurses Association Continuing Education Provider Program (OH-231, 9-1-2012) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

* Register by 1/20/12 for Pre-registered rate.

\$ _____ Registration Fee (includes continental breakfast and box lunch)

\$ _____ PAC Contribution (suggested donation \$25)

\$ _____ **Total Amount Enclosed**

Check Enclosed
 VISA / MasterCard _____ Exp Date _____
Cardholder Name _____ Cardholder Signature _____

Return registration form to the address below or e-mail to wsna@wsna.org or fax to 206-575-1908.

- 49% Representation at national and regional nursing organizations
- 15% Scholarships to promote nurse practitioner research

Other Comments:

New Membership Model:

- Very wise decision making all ARNPs members
- Will need to remind members what ARNPs provide and why donations are vital
- I am hoping you will continue to remind me of the time of year to give \$ when I usually pay dues
- ARNPs United should send out a bill to all NPs with suggested amounts to encourage payment

Other NP Groups:

- Relating with small local affiliate groups
- Quarterly meetings in different areas of the state to allow more input/participation

Legislative:

- Working with our employers to allow the full scope of practice the LAW allows and not what they feel we should do
- Maintain current status of progress and not lose ANY ground
- Increase scope of practice-Home health authorization
- Medicare rules-huge impact on geriatric population in many realms of health care. Role of ARNPs on impacting health care of an aging population
- Healthcare reform
- Allow NPs to manage hospice care-order it, continuing care

Consensus model:

- Transition to APRN. If we are a national leader in our practice it is embarrassing we don't have the appropriate title
- Ok to initiate "APRN" language work when deemed healthy and helpful and/or necessary by the board or membership
- Common title across the nation, even if requiring name change

Insurance/Reimbursement:

- Address insurances that don't credential NPs

If you haven't already done so, please take our survey at: <http://www.surveymonkey.com/s/VSPBM6L>

Your input is important to us!

Big Changes Coming Soon Provider Network and New COHEs

L&I is establishing a provider network and expanding the Center of Occupational Health and Education (COHE) as part of historic workers' compensation reform legislation passed by the Washington Legislature and signed by Governor Gregoire in 2011.

These reforms will reduce disability and provide higher quality medical care for injured workers in our state and they will affect every provider that does business with L&I.

Provider network will serve all injured workers.

L&I's network of health care providers will serve both injured workers covered by L&I as well as those of self-insured employers.

Beginning January 2013, workers will be able to see a non-network provider for their first visit only. For ongoing care, workers must choose a provider from the network.

Later in 2013, L&I will launch incentives for network providers who use occupational-health best practices.

What L&I is doing to create the provider network.

L&I is working with new Provider Network Advisory Group to develop standards for participation in the new network. The Advisory Group includes six practicing providers from across the state, as well as two representatives from business and two from labor.

The Advisory Groups' meetings are public; meeting notices and materials are available at www.ProviderNetwork.Lni.wa.gov

L&I will publish the proposed standards (new sections and amendments to the Washington Administrative Code) in mid-November. Public comment will be invited. Rules will be adopted at the end of December.

Initially, the network standards will apply only to the following provider types: physicians, chiropractors, naturopathic physicians, doctors of podiatry, advanced registered nurse practitioners, physician assistants, dentists, and optometrists.

L&I will begin inviting these providers to enroll in the network in early 2012.

L&I will phase in standards for other provider types. Until standards apply to them, other providers can continue to treat injured workers without joining the network.

L&I will broaden access to Centers of Occupational Health Education

COHEs are run by health-care delivery organizations such as clinics and hospitals, with support from L&I, to train health-care providers in occupational health best practices and provide case coordination. The goal: helping workers recover sooner. Results of pilot programs show injured workers treated by COHE providers have fewer time-loss days and lower overall claim costs.

Medicare Names Providers Who Should Revalidate Their Enrollment

The Centers for Medicare & Medicaid Services has posted a list of health care providers who have been asked to revalidate their Medicare enrollment information. The phase 1 revalidation list, which will be updated monthly, contains the name and national provider identifier of each provider sent a revalidation letter and the date the letter was sent. Providers who are listed but have not received the request should contact their Medicare administrative contractor, CMS said. Health care providers and suppliers that enrolled in Medicare before March 25, 2011 must revalidate their enrollment by March 2015, but only after their Medicare administrative contractor notifies them to do so. The Patient Protection and Affordable Care Act established three levels of enrollment screening for providers and suppliers based on their risk of fraud, waste and abuse. Hospitals are in the "limited" risk category, meaning the process that Medicare contractors will use to review their application is largely unchanged.

APRNs Making Bigger Mark in Medicare Part B

The involvement of APRNs in Medicare Part B continued to increase in 2010, according to information from the American Nurses Association Dept. of Practice and Policy based on data from the Centers for Medicare & Medicaid Services.

Approved charges for APRNs who treated Medicare patients and directly billed Medicare carriers fee-for-service increased 13.8% in 2010 over 2009. As a share of total Part B approved charges, APRNs rose to 1.8% in 2010 from 1.6% the year before.

The largest increase was for nurse practitioners, whose approved charges increased 18.4%. Approved charges also increased 8.4% for clinical nurse specialists, 8.2% for certified registered nurse anesthetists and 7.6% for certified nurse midwives.

The increase in approved charges for each of the four APRN roles thus exceeded the 4.2% aggregate increase in Part B charges across all providers.

Approved services increased for all APRN roles at a rate of 10.4%. According to the ANA, this change "suggests

APRNs provided a more intensive mix of services in 2010. Notably, CNS volume increased faster than approved charges."

The increases in approved services were 13.8% for clinical nurse specialists, 11.1% for nurse practitioners, 5.9% for certified registered nurse anesthetists and 1.4% for certified nurse midwives. These changes all were higher than the 1.1% aggregate increase in Part B charges across all providers.

The ANA noted that when 2011 statistics become available a year from now, approved charges for certified nurse midwives likely will increase by more than 50% because of an Affordable Care Act provision that raised their payments to 100% of the physician fee schedule amount from the previous rate of 65%. Approved charges for nurse practitioners and clinical nurse specialists remain at 85% of the physician fee schedule amount.

Preceptors Needed for Seattle University

Seattle University needs preceptors for our ARNP students. Winter Qtr 1/4-3/17; Spring Qtr 3/26-6/9

Students complete 150 hours over 10 weeks. We need ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg; cardio, neuro, etc)

We are offering some perks for your talented, tireless efforts. Please contact Linda Frothinger at: 206-293-4416 or frothil@seattleu.edu.

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall, Winter and/or Spring.

Preceptors needed for beginning to advanced students.

Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Classified Ads

Part-time NP Wanted - Seattle WA

Positions available for NPs to work part-time in wound care clinics in the Seattle area. Call 425-275-7629 or email olympicarnp@comcast.net.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom).

Visit our website for full descriptions and start dates:
www.keeplearning.uw.edu.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation. Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May always on the second Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and

greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

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