

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

April 2012

New News Sections

ARNP Care has been ePublished since December 2011. We've got a little extra room since we're not mailing it out. We're going to add 2 new sections to each issue. The first is "ARNP Shout Outs" to let your colleagues know what's happening to you and other ARNPs. You can submit a brief announcement about you or someone you want to brag about. They will be published at no charge on a space available basis.

The second section will be at the end of the newsletter and will be some type of image, photograph or art. Readers are invited to submit an image for publication. All rights will remain with the copyright owner of the image but they will grant permission for publication. You have to be the copyright owner to submit the image. Nancy Lawton, ARNPs United President came up with this suggestion and the editors endorsed the idea.



The Seattle Met is an influential magazine in western Washington with readership that often sets trends. For many years the "Top Docs" issue has been widely popular & used by physicians to promote their profession & colleagues. For the first time this year ARNP specialties are included in the new Top Docs & Nurses issue! Only licensed RNs, MDs, and ARNPs can vote. The editor has been a huge proponent and gone to bat to make this happen. Let's participate and make this a huge success for her!!!

Seattle Met is partnering with ratings company Avvo to present a comprehensive survey of the best health care providers in the Seattle metropolitan area.

Seattle Met's Top Doctors issue is a top seller on the newsstand and one of the most searched lists on seattlemet.com all year long. Avvo's doctor ratings and database of over 10,000 medical doctors, osteopaths, and podiatrists licensed in the state of Washington increase the breadth and depth of Seattle Met's survey. A complementary peer survey of ARNPs, acupuncturists, chiropractors, naturopaths, and optometrists provides a more inclusive list of caregivers for prospective patients.

Go to <http://www.seattlemet.com/site/top-doctors-survey-2012/> and vote in our peer survey by Sunday,

April 22, so that you and your most respected colleagues can be considered for Seattle Met's Top Doctors feature in August 2012.

Survey Deadline: **Sunday, April 22, 2012**

Contact Seattle Met's Ariana Dawes with questions or for help crafting a message to explain the benefits of taking the survey to your organization's health care professionals or other colleagues.

Federal Hospital Privileging Bill Requires Your Input

Heather Bradford, CNM, ARNP, FACNM
Affiliate Legislative Contact, ACNM WA Affiliate

A coalition of nursing groups, including ACNM, ANA, AANA, AACN ACNA and AANP, are working toward the introduction of a federal hospital privileging (aka "Conditions of Participation") bill. This bill would require hospitals to respond to advanced practice nurses who apply for privileges within a 60-day period. Currently, hospitals are not required to respond to an ARNP when he/she applies for privileges, let alone in a timely fashion. It would also require all hospitals who have granted privileges to ARNPs to allow them to sit on medical staff as full participants. For example, at Evergreen Hospital in Kirkland where I have privileges, we are considered allied health staff and cannot sit on medical staff or serve as the Committee Chair.

Currently, ARNPs are working hard at finding a U.S. Senator to introduce the bill, with Senator Maria Cantwell (D-WA) near the top of the list. She is a natural choice because of her past support of ARNPs and her membership on the Senate Finance Committee where the bill would be referred. In order to sway her, I would like to collect information from ARNPs across the state. Are ARNPs able to serve as full participants on medical staff at hospitals in your area? Alternatively, are you aware of ARNPs who have had difficulty attaining privileges at certain hospitals?

Please email me at hbradford@comcast.net with this information. Thank you!

Reminder: Prescriptions Must Have Two Signature Lines

Health care prescribers are reminded that the Board of Pharmacy law requires every written prescription have two signature lines at the bottom of the prescription. RCW 69.41.120 requires:

All written prescriptions shall have two signature lines at opposite ends of the bottom of the form. Under the line at the right side shall be clearly printed the words "Dis-

pense As Written". Under the line at the left side shall be clearly printed the words "Substitution Permitted".

The practitioner must communicate instructions to the pharmacist by signing the appropriate line.

For oral prescriptions, the practitioner or the practitioner's agent must tell the pharmacist whether a therapeutically equivalent generic drug may be substituted.

Pharmacy Board inspectors have found a significant number of prescriptions, many generated electronically, that lack two signature lines. The Board urges practitioners to ensure that clinics, particularly those using EMRs, comply with this requirement. A pharmacist may refuse to fill a prescription that does not meet these requirements.

DEA Raises License Rates 33% for Practitioners

In a move sure to anger clinicians the Drug Enforcement Administration (DEA) on April 16, 2012 is raising the license rates from \$551 for a 3-year license to \$731. Despite an argument that nurse practitioners should be reimbursed less by Medicare the federal government does not appear to believe they should receive an equal decrease in costs. The DEA spins this as a \$5/mo increase.

To maintain perspective it should be noted that pharmacies, hospitals, clinics and teaching institution would all pay the same \$731 for 3 years. Manufacturers pay \$3,047 and distributors pay \$1,523 for the same 3-year period.

The new fee will be reflected in your next renewal cycle. The DEA has published a fact sheet that can be accessed at:

http://www.deadiversion.usdoj.gov/fed_regs/rules/2012/reg_csa_fees/registration_fees_fact_sheet.pdf

According to the fact sheet there are 1,400,000 license registrants. If all but the exempt 7% were to pay at the practitioner rate the yearly income from licensure would be \$341 million. It seems overly excessive.

New Nursing Textbook Aimed at APRNs

As an increasing number of children and adolescents with psychiatric symptoms go undiagnosed in our current health care system, the ability to identify and treat these issues in multiple health care settings has become vitally important.

Child and Adolescent Behavioral Health: A Resource for Advanced Practice Psychiatric and Primary Care Practitioners in Nursing published this month by Wiley, John & Sons, Inc., seeks to address this growing problem of unmet mental health needs of children and adolescents. The book's publication could not be more

timely. The current health care reform, and the subsequent development of innovative care delivery models, affords a unique opportunity to integrate behavioral health into primary care treatment for children and adolescents, with the ultimate goal being to ensure that children and adolescents presenting with mental health issues have access to timely care with the most appropriate health care provider.

For more information, please visit www.wileyblackwell.com our online platform, Wiley Online Library (wileyonlinelibrary.com)

Washington State to Issue Guidelines on New "Health Home" Contracts

The Department of Social and Health Services' (DSHS) Aging and Disability Services Administration (ADSA) and the Health Care Authority (HCA) plan to issue an application process later this spring for a new "Health Home" Medicaid project for seniors and persons with disabilities that will be implemented on January 1, 2013.

Health homes are special provider agreements that will offer improved care and coordination across all service areas for Medicaid patients with complex care needs. The Health Home concept encourages integration of health care services, including primary care, mental health, chemical dependency and long-term care services.

Health Homes are comprised of six services:

- ☐ Comprehensive care management;
- ☐ Care coordination and health promotion;
- ☐ Comprehensive transitional care from inpatient to other settings, including appropriate follow-up;
- ☐ Individual and family support, which includes authorized representatives;
- ☐ Referral to community and social support services, if relevant; and
- ☐ The use of health information technology to link services, as feasible and appropriate.

HCA and ADSA will qualify health homes based upon the adequacy of the network, Memorandums of Understanding between Health Home partners, and/or sub-contracts. A health home may include partnerships between managed care plans, primary care providers, hospitals, mental health and chemical dependency treatment providers and/or clinics, primary practitioner practices, long-term care services and supports, patient centered medical homes (PCMH), federally qualified health centers (FQHCs), and certified home health agencies.

A lead entity must be identified as part of the application process. Lead entities will be accountable for the

distribution of payment and administrative functions, such as monitoring, oversight, and quality assurance activities.

Health Home contracts will be approved for an initial period of two years. As part of the qualifications process, the lead entities must agree to report outcome and performance metrics as required by CMS and Washington DSHS-ADSA and HCA. Continued Health Home designation is contingent upon satisfactory performance of program activities, demonstrated by meeting program quality and outcome measures, including improved utilization of health care services

Prescribers of Mental Health Drugs

The Health Care Authority (Medicaid) is launching an online Mental Health Feedback Report Project based on research that shows a strong correlation between psychotropic medication dosing, poly-pharmacy, and poor medication adherence to higher rates of ER use and inpatient stays, as well as re-hospitalization within seven days of discharge.

In collaboration with other states and health organizations, they have developed the following set of clinical quality indicators related to prescribing patterns for psychotropic drugs—all linked to the outcomes described above.

- The concurrent use of two antipsychotic medications;
- The concurrent use of four or more psychotropic medications (antidepressants, mood stabilizers, antipsychotics, hypnotics, etc.);
- Poor medication adherence; and
- Greater than the FDA-approved maximum psychotropic doses.

Clinicians will receive a mental health feedback report only if you prescribe antipsychotic medications to at least 10 SSI-related Medicaid clients with a psychotic or mania/bipolar condition who are between the ages of 18 and 64 and are not dually eligible for Medicare within the reporting period.

To obtain your mental health feedback report, go to www.rx.wa.gov. If you are already an endorsing practitioner of the Washington Preferred Drug List (PDL), select “Access Your Account” on the left side of the screen. If you have not endorsed the Washington PDL, then select the “Become an Endorsing Practitioner” tab to create an account. Please note that you do not have to endorse the Washington PDL to create an account to receive feedback reports.

After you have created your account, you will receive an email from ODS Customer Service with the subject title “Your Feedback Report is Ready” when your feedback

report is available for viewing online. Email hcaewaendpractdb@hca.wa.gov if you have any questions about the feedback report project.

NP Shout Outs

Deonne Brown Benedict

Thank you for all your work for the past 8 years that culminated with the Seattle Met inviting ARNPs to participate in the “Best Docs” issue. Well done!

Marie Annette Brown & Louise Kaplan

Just released “*The Advanced Practice Registered Nurse as a Prescriber*” published by Wiley-Blackwell. This dynamic duo has once again added to the available resources for ARNPs. Check them out at www.wiley.com/go/brownandkaplan. Awesome work!

Beth Golden & Linda van Hoff

Recently opened a practice in Redmond, WA. Check them out at www.primarycareredmond.com. Way to go!

Stephany Nesser

AUWS has their first Facebook presence thanks to our social media maven. Check us out and like us at www.facebook.com/ARNPsUnited. We’d tweet you if we could figure out the whole Twitter thing!

Barbara Phillips

Recipient of the 2012 AANP *State Award for Nurse Practitioner Advocate* she owns and operates her own NP clinic and serves as a coach for other NP business owners. In addition she encourages and advocates for NPs to practice independently and advertise their services. Congratulations!

Greg Swart

Recipient of the 2012 AANP *State Award for Nurse Practitioner Excellence*. He was the first nurse practitioner to practice independently in Yakima, WA and counsels other ARNPs on opening their own independent practices. Congratulations!

Afton Williamson

Recovering from a bad fracture after a skiing accident. Afton is finally able to return to clinical. Welcome back! (This does remind us of the old adage that thou shalt not ski double black diamonds in grad school.)

Let your colleagues know what’s happening to you and your colleagues. You can submit a brief announcement about you or someone

you want to brag about. They will be published at no charge on a space available basis. Send news to care@nurse.net.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

12 Lead EKG Interpretation: Critical Skills

Earn 7 ANA approved contact hours while updating quality of patient care and decreasing liability in this 1 day seminar.

4 sites and dates: April 30, Olympia; May 14, Bellingham; June 11, Kelso; July 10, Wenatchee; Additional sites and dates pending.

Presented by Nursing Education Consultants

For brochure, Email: NursEdCons@mail.com or phone 206.795.5740

Classified Ads

Seattle, WA - Part-Time Psychiatrist/ARNP

OASIS Consultants, the older adult division of Navos, is looking for a part-time psychiatrist or ARNP to work with mentally ill older adults. We use a client focused, recovery oriented, strength based approach to care in which we work jointly with our clients, their families, and other supports to develop and deliver holistic services.

Education, Experience, and Certification: Completion of an APA-approved residency in psychiatry; MD degree with Board eligibility in psychiatry; OR current license to practice as a Registered Nurse and an Advanced Registered Nurse Practitioner in the State of Washington. Must have at least two years of direct experience in the treatment of severely and persistently mentally ill clients.

Navos is one of the largest community mental health agencies in the Seattle area. Competitive salaries. Prorated Robust benefits; Medical, Dental, Vision, EAP, 401K.

Please send your cover letter and resume/CV to joe.rosenberger@navos.org or lisa.haynes@navos.org

Western WA - ARNP Wanted

Pay: \$87,750 - \$99,280 annually DOQ

Be part of an innovative new program for individuals in mental health and/or chemical dependency crisis in King County. **DESC's Crisis Solutions Center (CSC)** aims to divert consumers from hospitals and jails by providing a more appropriate therapeutic alternative. This all voluntary facility will provide rapid stabilization, treatment and referrals for up to 39 individuals at a time.

Three separate programs work in close collaboration: the 13-member **Mobile Crisis Team (MCT)** answers calls from first responders throughout the County, referring individuals to appropriate community providers; the 16-bed **Crisis Diversion Facility (CDF)** accepts individuals in acute behavioral crisis from the community for up to 72 hours; the 23-bed **Crisis Diversion Interim Services (CDIS)** accepts individuals referred from the CDF who are homeless, or at risk for homelessness, for stays of up to 14 days.

DESC is currently recruiting for full-time Psychiatric / Mental Health Nurse Practitioners to join these multi-disciplinary teams providing rapid stabilization; mental health and chemical dependency assessments; psychiatric services, and intensive case management. In conjunction with psychiatric and management staff, the ARNP has clinical responsibility for monitoring participant treatment and staff delivery of clinical services.

To apply: please submit a cover letter and resume to hr@desc.org. For more information on DESC and open positions at the Crisis Solutions Center, go to www.desc.org/joinourteam.html. EOE

Bellingham, WA - Family Nurse Practitioner

Full time with benefits.

NP independent clinic providing quality care. Three FNPs. Family practice, primary care, college students, women's health. Reasonable patient schedule.

Skills: Independent decision making, primary care procedures, EMR, health counseling, acute and chronic care health issues. Holistic care encouraged.

Qualities: Enthusiasm, integrity, desire for stability.

Qualifications: Certified/ licensed ARNP WA. DEA. 1-2 years experience in primary care.

Contact: Please review our website: www.BellinghamHealth.com. Fax 360-752-9007, phone: 360-756-9793. Please email resume: employment@BellinghamHealth.com

Bellevue, WA - NP Wanted

Looking for Women's Health NP. Bellevue ob/gyn office. Experience required; needs to be able to work fairly independently. EMR abilities. Needs great interpersonal skills. Start with one day weekly; plan is to build to up to four days a week. Interested? Please send your CV to info@thewomenscenterbellevue.com.

Seattle, WA - ARNP Wanted

A compassionate Geriatric Mental Health Consultant for Horizon House, a progressive residential care facility in downtown Seattle. Direct billing to Medicare and secondary insurances by ARNP. Ideally, on-site several hours each week for medication recommendations to physician, counseling, and staff support for both independent and supported living residents. Contact: Julie Jorgensen, DNS, at 382-3671.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests.

Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May on the second Thursday of the month in May from 6:30-8:00 at FamilyCare of Kent in Kent, WA. Effective with the September meeting we will be moving to the 3rd Thursday of the month for meetings. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced

per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

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Photograph of the Month



Spring is here, everything is ducky! Wood duck in mating plumage. Shot in the wilds of Kent, WA. Photo by Bob Smithing.