

# Advanced Registered Nurse Practitioner Care

Vol. 23, No. 5

Official Newsletter of ARNPs United of Washington State

May 2012

## Nurse-Midwifery/ Neonatal-Perinatal Specialties Internal Review Committee Update

On Monday, April 2, 2012, the School of Nursing (SoN) Internal Review Committee (appointed by Interim Dean Pam Mitchell) for the Nurse-Midwifery Specialty/Neonatal-Perinatal Advanced Practice Specialty programs had its first meeting. The Committee is tasked with making recommendations on whether or not the programs should be forwarded to RCEP. The Committee will use the faculty identified program criteria to evaluate new internal and external stakeholder and student information gained since the December 19, 2011 faculty vote. Interviews are being scheduled with stakeholder groups, including faculty, students, and state Nursing leaders. Committee members also attended the SoN Student Town Hall on April 4, 2012. The committee is scheduled to meet regularly throughout April and plans to make recommendations in early May to Interim Dean Pam Mitchell, who will make final decisions.

### My 3Day Experience

Cyd Marckmann, MN, ARNP

I first became involved with the Susan G. Komen 3 Day/60 mile walk in Seattle 3 years ago after promising a patient (who had walked the 3Day at age 39 then became a breast cancer victim at age 40) that I would walk it with her to celebrate her survival when she was ready. Unfortunately, her health has not permitted her to walk with me physically but I feel I carry her spirit and other cancer victims I have met with me every step of my fundraising, training and of course, every step of the actual 60 mile walk. Last year, I thought I would be a part of the medical crew for a different perspective, and was asked to be the Medical Captain to coordinate staff scheduling which I readily agreed. After several months with no MD available as the Medical Director, I advocated for an ARNP in this role and was appointed to this role. I am proud to say, I was the first appointed to this role in the nation and have been asked to return for the walk in September. As an ARNP, I bring a unique perspective to the role, this year advocating for nutrition, advocating for the Medical Captain and myself to interact with walkers as they start training to prevent injuries (another first for the 3Day) and as a nurse, ready to roll up my sleeves and work at whatever job needs to be done. A medical crew is available for walkers every 2-3 miles along the route for blister care and minor injuries. At both lunch and at camp, a larger group of the medical team is available to triage for dehydration, sports injuries, fatigue and of course, blisters. It is here that staff can test for electrolytes and start IVs if needed. Transport to an ER is available by

an ambulance anywhere along the way. Last year approximately 2000 walkers were involved in the Seattle 3Day and the medical staff assisted one third of these walkers including 2 broken bones, chest pain, dehydration and many, many blisters.

I'm often asked now why I'm still involved in the 3Day after my first walk was completed. I have to say, it is truly one of the most rewarding experiences of my life and certainly of my career. The determination and spirit of walker and crew alike in the fight against breast cancer is just inspiring. The exercise with training is an absolute bonus as well. It is true, if you can walk 60 miles, you can do **anything!** After the Seattle event, I will walk with my team in Arizona in November. I invite you join me on a journey of a lifetime.

It is acceptable to sign up for the event as medical crew up until September 13, 2012 but for planning please let me know if you can help earlier if possible.

### Isabel Diagnosis Decision Support System

Try it Free Today! Get a free trial of the Isabel diagnosis support system — and experience the tool that thousands of clinicians use to help them diagnose challenging patient cases.

What is Isabel? The Isabel diagnosis decision support system is designed to assist clinicians that may have diagnostic doubt or want reassurance on a particular diagnosis.

Isabel helps the clinician by reminding her of important possible diagnoses at the point of care minimizing risk at the most important decision point in the care process.

*"We chose Isabel because there is no other decision support solution like it on the market. When our physicians work unusual or complex cases, they can enter the symptoms at the point of care into Isabel, and the solution will generate potential diagnoses."*

*This tool empowers our 600 doctors in making the right decisions and arrive at the right diagnosis as quickly and efficiently as possible."*

George Reynolds, M.D., VP, CMIO and CIO at Omaha Children's Hospital & Medical Center

[Click here](#) to get a free trial of Isabel today. See how Isabel can help you find the right diagnosis quicker. iPhone and iPad applications are also available.

Best regards,  
Don Bauman, CEO of Isabel Healthcare  
<http://www.isabelhealthcare.com>

### Proposed Rule Making for WAC 246-105-040 Immunization Requirements for School and Child Care Centers

A rule proposal affecting immunization requirements for schools and child care centers in Washington State was recently filed with the Office of the Code Reviser.

On March 14, 2012 the State Board of Health updated school-entry requirements for Tdap vaccine through approval of an implementation plan. The rule proposal would make those changes permanent by updating the rule's reference to the Advisory Committee on Immunization Practices (ACIP) immunization schedule to the 2012 version. The only vaccine required under this rule affected by the update in schedule is Tdap.

Between now and June 1, 2012 interested parties may submit public comments by fax, regular mail, email or through the department's rules comment website: <https://fortress.wa.gov/doh/policyreview/>. The State Board of Health will hold a public hearing on June 13, 2012.

### WA State's Prescription Drug Program Can Save Your Patients Money

The Washington State Health Care Authority provides a free Washington Prescription Drug Program (WPDP) Discount Card to all interested Washington residents. Although this program does not coordinate benefits with private insurance, the Basic Health Program, or Medicaid, it may be worthwhile for any Washington resident to enroll. Eligibility for other programs may change or there may be medications that are not covered by their health plans.

Here are reasons why:

- This card is **free**
- Every resident in the state of Washington is eligible, regardless of age or income.
- WPDP provides discounts of up to 60% on generic drugs and up to 20% on brand drugs.
- All prescriptions written by an authorized prescriber are eligible for a discount.
- A network pharmacy locator program is on our website [www.rx.wa.gov](http://www.rx.wa.gov).
- A drug price look up function is on our website: [www.rx.wa.gov](http://www.rx.wa.gov).

Enrolling is fast and easy:

- Go online at [www.rx.wa.gov](http://www.rx.wa.gov) (English and Spanish enrollment available)
- Call toll-free 1-800-913-4146 for all languages
- Complete a postage-paid, self-addressed enrollment mailers (available to providers on request)

Questions? Contact Regina Chacón, Outreach Coordinator, Washington Prescription Drug Program, at 206-521-2027 or [regina.chacon@hca.wa.gov](mailto:regina.chacon@hca.wa.gov)

### NP Shout Outs

#### Nancy Lawton

Nancy recently made a welcome contribution to ARNPs United. In addition to her volunteer work on the Board of Directors and as President she is leading the way with her contribution beyond her lifetime membership. **Thank you Nancy!**

#### Mary Seger

Michigan nurse practitioner Mary Seger offers parenting tips and shares her experiences on raising children in her second book *The Parent Rule Book*. Find info on [amazon.com](http://amazon.com)

Let your colleagues know what's happening to you and your colleagues. You can submit a brief announcement about you or someone you want to brag about. They will be published at no charge on a space available basis. Send news to [care@nurse.net](mailto:care@nurse.net).

### CE Opportunities

#### UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: [www.keeplearning.uw.edu](http://www.keeplearning.uw.edu).

#### 12 Lead EKG Interpretation: Critical Skills

Earn 7 ANA approved contact hours while updating quality of patient care and decreasing liability in this 1 day seminar.

4 sites and dates: April 30, Olympia; May 14, Bellingham; June 11, Kelso; July 10, Wenatchee; Additional sites and dates pending.

Presented by Nursing Education Consultants

For brochure, Email: [NursEdCons@mail.com](mailto:NursEdCons@mail.com) or phone 206.795.5740

#### Pediatric Obesity Prevention in Primary Care FREE 1 hr AANP CE Opportunity:

Please allow me to invite you to complete an online CE program about: Pediatric Obesity Prevention in Primary Care

The program will take an hour or less, and has a research component/survey, so your participation is highly valued!

To access the program, please access the following link:

<http://www.unco.edu/nhs/nines/HesslerCEforWeb2011/HesslerCEforWeb2011.html>

#### Acute Care Neurology and Neurosurgery

From the ER to the OR to the NCCU

June 1, 2012 - Swedish/Cherry Hill

Register Online: <http://swedish.org/acutecareneuro>

This focused primer will provide a framework for recognition and management of commonly encountered problems in acute care neurology and neurosurgery. The full-day CME conference is designed to benefit adult hospitalists, nocturnists, pulmonologists, emergency medicine physicians and advanced practice clinicians who care for acutely ill neurological and neurosurgical patients. This activity has been approved for AMA PRA Category 1 Credit™ and Nursing CE Contact Hours.

### Classified Ads

#### Puyallup, WA – Full-Time PNP/ARNP

Would you like to have fun playing with kids, while you are taking care of their medical needs? Would you like to join a family of pediat-

ric providers that genuinely enjoys taking care of children? If you are, we're looking for a full-time PNP/ARNP to join us at the Evergreen Children's Clinic in Puyallup, WA. Experience caring for children is a plus. We have Epic as our EHR and a medical laboratory in the office that is capable of doing most basic diagnostics testing on site. The staff is wonderful to work with. If this sounds like a place you would like to work, please send your resume to [sroach@evergreenchild.com](mailto:sroach@evergreenchild.com) or fax it to 253-848-8956.

#### Seattle, WA - ARNP Wanted

**Job location:** Long Term Acute Care setting, Seattle, WA  
**Positions:** Full time, Part time (per diem)  
**Qualifications:** Emergency room / ICU experience desired  
**Salary:** Negotiable  
**Benefits:** Provided for full time position  
 Please email a copy of CV to: [abdullahoz62@gmail.com](mailto:abdullahoz62@gmail.com)

### Meetings

#### Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests.

Apply for membership and find meeting information at <http://PSNPA.org>

#### Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May on the third Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to [mwiley@familycareofkent.com](mailto:mwiley@familycareofkent.com) so we can order food and drinks. Address and directions on [www.familycareofkent.com](http://www.familycareofkent.com). Sponsored by NP Central.

#### West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail [Fionafnp@centurytel.net](mailto:Fionafnp@centurytel.net) for more information.

### Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email [care@nurse.net](mailto:care@nurse.net).

### ARNPs United of WA State

10024 S.E. 240<sup>th</sup> St., Suite #230, Kent, WA 98031  
 253.480.1035 Fax: 253.852.7725  
[www.facebook.com/ARNPsUnited](http://www.facebook.com/ARNPsUnited)  
 Email: [au@auws.org](mailto:au@auws.org) Web site: [www.auws.org](http://www.auws.org)

### ARNP Care

10024 S.E. 240<sup>th</sup> St., Suite #230, Kent, WA 98031  
 253.852.9042 Fax: 253.852.7725  
 Email: [care@nurse.net](mailto:care@nurse.net) Web site: [www.nurse.org/wa/arnpcare](http://www.nurse.org/wa/arnpcare)

#### Editors:

Robert T. Smithing, MSN, ARNP, FAANP  
 Madeline D. Wiley, MSN, ARNP

#### ARNPs United Contributing Editors:

Nancy Lawton, ARNP (President)  
 Louise Kaplan, PhD, ARNP, FAANP (Legislative Chair)

#### Managing Editor: Tracy Kiele

#### Production Staff: Sarah Abid

#### Publisher: NP Central

© 2012 NP Central

Ad rate sheet available on request.

### Photograph of the Month



Pronghorn antelope out for a spring stroll in Yellowstone Park. Photo by Bob Smithing.

# The Advanced Practice Registered Nurse as a Prescriber

**Marie Annette Brown, PhD, ARNP, FNP-BC, FAAN**

is Professor at the University of Washington School of Nursing and a primary care nurse practitioner at the Women's Health Care Clinic at the University of Washington Medical Center

**Louise Kaplan PhD, ARNP, FNP-BC, FAANP**

is Associate Professor and Director, Nursing Program, at Saint Martin's University, Lacey Washington and a family nurse practitioner at Tumwater Family Practice Clinic

A new era of opportunity is emerging for advanced practice registered nurses (APRNs) to increasingly address gaps in access to quality health care. APRNs must be prepared to practice to the full scope of their education and abilities. As more and more states pass legislation enhancing prescriptive authority and fully autonomous practice for APRNs, a comprehensive resource on prescribing practices is needed.

The increasing demands of today's fast-paced health care environment require a new level of prescriber expertise. Knowledge about medication characteristics and effectiveness must be accompanied by an understanding of the context and process of prescribing. *The Advanced Practice Registered Nurse as a Prescriber* provides practicing APRNs and students information necessary to make fully informed, rational and ethical decisions as prescribers.

The book opens with an overview of the role of the APRN prescriber and moves on to discussing practical issues such as managing difficult patient situations, special considerations when prescribing controlled substances, the influence of pharmaceutical marketing, state regulation, and legal aspects of prescribing. The book also examines barriers to prescribing, and the concluding chapter underscores key information to build cultural competence when prescribing.

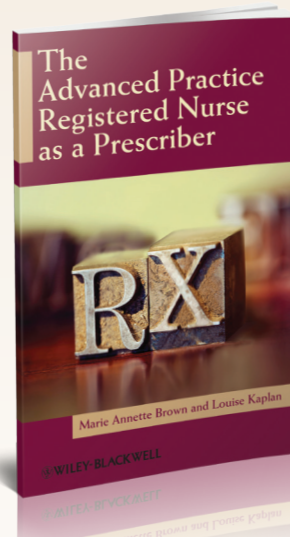
An evidence-based resource for all APRNs and APRN students, *The Advanced Practice Registered Nurse as a Prescriber* provides a comprehensive and practical resource essential for APRNs in all advanced practice roles.

## Look for these other books for Advanced Practice Nurses

- *Clinical Case Studies for the Family Nurse Practitioner* (Neal-Boylan)
- *Case Studies in Gerontological Nursing for the Advanced Practice Nurse* (Wallace)
- *Child and Adolescent Behavioral Health* (Yearwood)



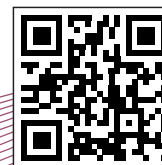
Many Wiley-Blackwell titles are available digitally for download onto your computer, laptop, or mobile device, or can be accessed 24/7 on Wiley Online Library. Explore the possibilities on [Wiley.com](http://Wiley.com), visit your preferred eBook retailer, or go to [www.onlinelibrary.wiley.com](http://www.onlinelibrary.wiley.com) today.



February 2012 • 9780813805245  
284 pages • Paperback

For more information or to place an order,  
scan this into your smartphone

 **WILEY-  
BLACKWELL**





Nurse Practitioner  
Healthcare Foundation

KRAMES  
staywell

*Announce:*

# Reducing Your Pain

## A Patient Resource Guide

*Free, easy-to-read  
self-management  
workbook available  
in 2 formats:*

### Print Guide

To order go to:

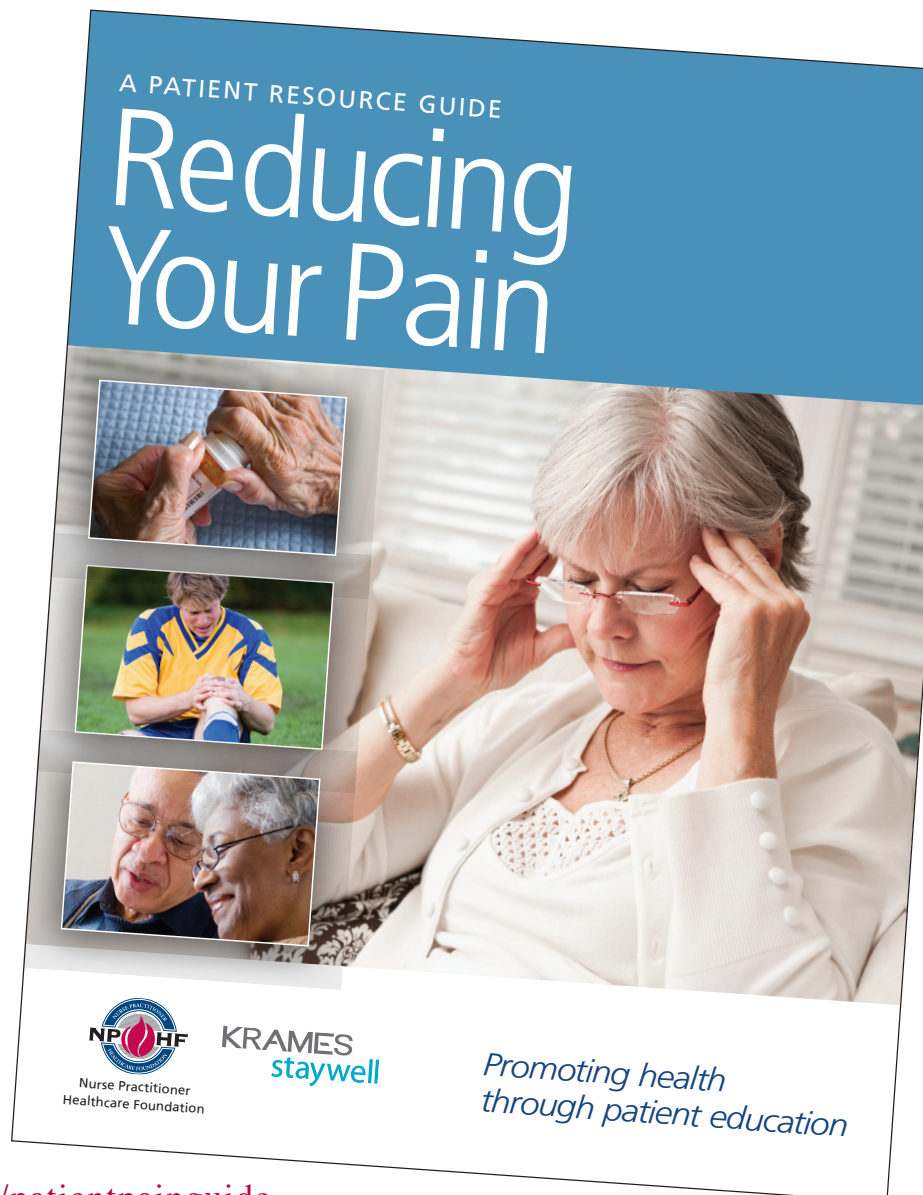
[www.nphf-ksw.com/painorder](http://www.nphf-ksw.com/painorder)

### Interactive, Web-based Guide Includes:

- Videoclips
- Audio recording of content
- Instant definitions of medical terms

Go to:

[www.nphealthcarefoundation.org/patientpaiguide](http://www.nphealthcarefoundation.org/patientpaiguide)





# Medical

Presented by **Bank of America** 

**Volunteers Needed**  
**ARNP, MD, PA, RN**

September 14-16, 2012

Seattle, WA

**\*\*Do not need to commit to all 3 days, 4 hour shifts available\*\***

**Event specific training provided**

**Questions:**

**Cydne Marckmann, MN, ARNP**  
**Seattle Medical Director**  
**arnpcyd@comcast.net**

**Wendie Murchie, MN, CCRN**  
**Seattle Crew Captain**  
**Wendy.murchie@seattlechildrens.org**

**Register:**

**Robin Shapiro**  
Crew and Volunteer Coach  
<http://www.the3Day.org>  
Email: [rshapiro@event360.com](mailto:rshapiro@event360.com)

Be a part of the boldest breast cancer event in history.