

Advanced Registered Nurse Practitioner Care

Vol. 23, No. 8

Official Newsletter of ARNPs United of Washington State

August 2012

Phyllis Zimmer Receives the Loretta C. Ford Lifetime Achievement Award



Phyllis Ann Zimmer, MN, FNP, FAAN received the Loretta C Ford Lifetime Achievement Award at the National Nurse Practitioner Symposium, 2012. She was nominated by her mentor Loretta C. Ford. The award recognizes her contribution to nurse practitioner education through NONPF, her work at the University of Washington, national and international consulting on nurse practitioner education, as a founder and past president of the American College of Nurse Practitioners, and her establishment of the Nurse Practitioner Healthcare Foundation whose goal is to promote health care and health care access through nurse practitioner innovation, education, research and philanthropy.

Darrell Owens Receives Sojourns Award



Dr. Darrell Owens, DNP, ARNP is the founder of the Palliative Care Service at the University of Washington's Harborview Medical Center. He is the current Director of Outpatient Palliative Care Services. He holds a BS in Nursing from Emory University, an MS in Health Services Administration from St. Mary's College of California, an MS in Nursing from Seattle Pacific University, and a Doctor of Nursing Practice from the University of Alabama at Birmingham. He is also a post-doctoral graduate of the Harvard Medical School's Faculty Scholar in Palliative Care Program. His an advanced registered nurse practitioner with board certifications in Adult Health/Primary Care, Geriatrics, and Hospice and Palliative Care. Dr. Owens has over 20 years experience in hospice and palliative care, having served in a variety of roles from staff nurse to administrator. He is an internationally known author and speaker, having published over 20 review and research articles, a reference book on the provision of palliative care for people with liver disease, and the first ever chapter on palliative care in the 3rd edition of the Fundamentals of Disaster Management. In addition to

providing the first palliative care lecture in Southern China, Dr. Owens has also lectured on Palliative Care in Hue, Vietnam. He is also the founder of the Primary Palliative Care Clinic, the first, and only nurse practitioner directed clinic in the United States that provides both palliative and primary care patients with a life-limiting illness.

Since its inception in 2007, The Cambia Health Foundation has worked with a wide range of stakeholders to enhance quality and improve access to palliative and end-of-life care for individuals and their families in Idaho, Oregon, Utah and Washington.

The Sojourns Award recognizes inspirational leaders in the field of palliative and end-of-life care within Washington, Oregon, Idaho and Utah. Through the awards we honor exemplary leaders whose work advances the field of palliative care through improved access, education and innovative solutions.

Recipients are nonprofit organizations or individuals with accomplishments in this area and the passion to make a positive difference in unexpected ways. Recipients receive a \$50,000 grant from The Cambia Health Foundation, representing an investment in the awardees' future contributions in the area of palliative and end-of-life care. Nonprofit organizations receive the cash grant directly; individuals designate a related nonprofit organization to receive the grant.

Seeking Board of Directors Members for ARNPs United of Washington State

We need your help. This October, at the Primary Care Conference, we will hold an election for a new board of directors. 7 BOD positions are open; the old board members have the option for running, as does every AUWS member. The bylaws call for 12 members on the BOD, with 4 of them serving as Board officers – President, Vice-President, Treasurer, and Secretary. The Chair of the Legislative Committee is automatically on BOD as well (Legislative Committee members meet separately.) Board officers are determined by the board at their January retreat. The term of the service for board members is 2 years. The time involvement is approximately 5-10 hours per month, as we have monthly to quarterly board meetings (which can be attended via conference call) and subcommittee work based on your area of interest.

If you are interested, know someone you would like to nominate, or have any questions about this opportunity to serve Washington's ARNPs and their clients, please feel free to email tracy@nurse.net.

Top Doctors and Nurses 2012

The SeattleMet is an influential magazine in western Washington with readership that often sets trends. For

many years the "Top Docs" issue has been widely popular and used by physicians to promote their profession and colleagues. For the first time this year ARNP specialties are included in the new Top Docs & Nurses issue! Seattle Met is partnering with ratings company Avvo to present a comprehensive survey of the best health care providers in the Seattle metropolitan area.

The article is at: <http://www.seattlemet.com/health-and-fitness/top-doctors-2012>

Resources to Learn More About the PPACA

HealthCare.gov provides numerous resources including the full text of the PPACA, summary of key aspects of the law, a timeline for implementation, and related resources. <http://www.healthcare.gov/law/index.html>

The Kaiser Family Foundation's Health Reform Source has numerous fact sheets including a summary of the law, research and analysis, polls, timelines, and a video that clearly describes how health coverage will change under the law. <http://healthreform.kff.org/>

The American Nurses Association has a web page devoted to health care reform that includes a document that describes how the PPACA affects nurses and nursing practice.

<http://www.nursingworld.org/MainMenuCategories/Policy-Advocacy/HealthSystemReform>

The American Association of Colleges of Nursing has reviewed the healthcare reform law and how it promotes nursing education and practice.

<http://www.aacn.nche.edu/government-affairs/healthcare-reform>

Calling all Eastside Nurse Practitioners!

We are hoping to re-ignite the Association for Eastside Nurse Practitioners! This wonderful group is dedicated to supporting nurse practitioners working and/or living on the eastside of king county. This group is great for networking and meeting your peers! Are you interested in a leadership opportunity to become a board member? Vacancies are open and your support is needed! If you are interested in joining the group or becoming a board member please contact Stephany Nesser at stephany_nesser@yahoo.com

WSNA Applauds Supreme Court's Full Support of Health Care Reform

The Washington State Nurses Association (WSNA) expressed strong approval of the Supreme Court's decision to uphold all major provisions of the Affordable Care Act (ACA). With many reforms already having a positive impact in Washington, WSNA has pledged to continue work already under way to increase access to quality, affordable, appropriate care.

As frontline health care providers, registered nurses are acutely aware of the consequences when people do not have access or cannot afford quality health care. Our health care system has been plagued by rising health care costs, increasing numbers of uninsured and underinsured individuals, and growing disparities in health care access. With the passage of health care reform came the promise that we would fix our broken health care system, lower costs, and improve health outcomes.

"It is incredibly encouraging to know that the Supreme Court stands behind health care reform and has agreed that we must move forward with this transformational process. Nurses supported health care reform because we knew that our patients and our communities could no longer thrive under a broken health care system. As more and more pieces are implemented, I hope I will no longer have the heartbreak of seeing patients forced to make decisions about their treatment based on cost rather than what's best for their recovery. We all know there is still much work to do, but this is truly a moment to celebrate," said Julia Weinberg, RN, President of the WSNA.

There are currently over one million people in Washington without health insurance who will benefit from programs already in development. A state health-insurance exchange will allow many of these individuals to purchase affordable insurance and the ACA also includes provisions to expand Medicaid. WSNA is committed to ensuring that the exchange and Medicaid expansion move forward so that Washington can continue to increase access to health care.

"Nurses are already seeing the positive effects such as increased coverage for young adults and better access to preventive care. Increasing access to coverage will only continue to provide more benefits and better outcomes to individuals and our state as a whole. As we increase coverage and access, we are also increasing demand on our health care system and it is critical that we have an adequate supply of qualified registered nurses moving forward. Now is the time for nurses to be involved in planning for the future of our health care system and the future of our profession," said Judy Huntington, MN, RN, Executive Director of the WSNA.

CMS Rule Revision to Authorize NPs to Order Portable X-ray Services

ACNP Member Advisory

The Centers for Medicare and Medicaid Services (CMS) recently proposed to revise current Medicare regulations to clearly authorize nurse practitioners to order portable x-ray services, responding to concerns raised by ACNP and other NP organizations.

In the annual update of policies related to the Medicare Physician Fee Schedule (CMS-1590-P,

<http://www.ofr.gov/inspection.aspx?AspxAutoDetectCookieSupport=1>), CMS stated, "We propose to revise our current regulations, which limit ordering of portable x-ray services to only a MD or DO, to allow other physicians and nonphysician practitioners acting within the scope of their Medicare benefit and State law to order portable x-ray services." The agency continued, "This proposed change would allow a MD or DO, as well as a nurse practitioner, clinical nurse specialist, physician assistant, certified nurse-midwife, doctor of optometry, doctor of dental surgery and doctor of dental medicine, doctor of podiatric medicine, clinical psychologist, and clinical social worker to order portable x-ray services within their State scope of practice and the scope of their Medicare benefit."

The proposed rule was published in the July 30 Federal Register with a 60-day period for public comments that closes September 4. A final rule is likely to be released by November 1, with the new regulations going into effect January 1, 2013.

Classified Ads

ARNP Wanted- Western WA

ARNP wanted for 30 hours per week Tuesday to Friday in a North Seattle Wound Care Center. Another ARNP wanted Monday morning and all day Thursday in a Wound Care Center in Arlington, 50 miles north of Seattle. Both Wound Care Centers are well established outpatient programs with excellent reputations of healing chronic wounds. Be a wound care specialist and part of a team with many disciplines. Experience as an ARNP required, but will train for wound care. Also option to buy this successful practice of 13 years that provides ARNP's to wound care clinics. Email olympicarnp@gmail.com or call 425-275-7629.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

Pediatric Obesity Prevention in Primary Care FREE 1 hr AANP CE Opportunity:

Please allow me to invite you to complete an online CE program about: Pediatric Obesity Prevention in Primary Care

The program will take an hour or less, and has a research component/survey, so your participation is highly valued!

To access the program, please access the following link:

www.unco.edu/nhs/nines/HesslerCEforWeb2011/HesslerCEforWeb2011.html

Service Ads

Seattle University NP Students Need Preceptors

Fall Qtr 9/19-12/4/12, 2 days/week
Winter Qtr 1/7-3/20/13, 2 days/week

Spring Qtr 4/1-6/10/13, 2 days/week

Fabulous preceptors are ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg: cardio, neuro, etc) Please contact Linda Frothinger at: 206-293-4416 or frothil@seattleu.edu

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall, Winter and/or Spring.

Preceptors needed for beginning to advanced students.

Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests.

Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May on the third Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.480.1035 Fax: 253.852.7725
www.facebook.com/ARNPsUnited
Email: au@auws.org Web site: www.auws.org

ARNP Care

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.852.9042 Fax: 253.852.7725
Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:

Robert T. Smithing, MSN, ARNP, FAANP
Madeline D. Wiley, MSN, ARNP, FAANP

ARNPs United Contributing Editors:

Nancy Lawton, ARNP (President)
Louise Kaplan, PhD, ARNP, FAANP (Legislative Chair)

Managing Editor: Tracy Kiele

Production Staff: Sarah Abid

Publisher: NP Central

© 2012 NP Central
Ad rate sheet available on request.

Photograph of the Month



African jicana running on lily pads.

Photo by Steve Fury