

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

October 2012

AUWS Election Results

Ashley Fedan, CRNA and Nancy Lawton, FNP were re-elected. Cindy Jensen, FNP was elected to her first term and will take office in January 2013. Deb Smith, FNP, Deonne Brown-Benedict, FNP, Catherine Luria, FNP and Mary Anne Murry, PMHNP will be leaving the board.

We had an unprecedented number of write-in candidates on this ballot. We are in the process of contacting those 7 individuals to determine if they are willing to serve. More on this next month.

Proposed AUWS Bylaws Changes Pass

The proposed changes to the AUWS Bylaws passed at our annual meeting. The new bylaws will be available on our web site www.auws.org

Calling all Eastside Nurse Practitioners!

We are hoping to reignite the Association for Eastside Nurse Practitioners! This wonderful group is dedicated to supporting nurse practitioners working and/or living on the eastside of king county. This group is great for networking and meeting your peers! Are you interested in a leadership opportunity to become a board member? Vacancies are open and your support is needed! If you are interested in joining the group or becoming a board member please contact Stephany Nesser at stephany_nesser@yahoo.com

Improve Patient Safety by Use of the New Prescription Monitoring Program

Drug overdose deaths, due mostly to the misuse or abuse of prescription drugs, are the leading cause of accidental death in Washington State.

One way to improve patient safety regarding prescription drugs is through the use of Prescription Monitoring Programs (PMPs) to identify and intervene in these cases. These programs electronically collect information on controlled substances that have been dispensed.

PMPs give prescribers a tool to make better-informed prescribing decisions by helping them identify unsafe medication regimens, especially with patients who see multiple prescribers. This information can be analyzed to help identify misuse or abuse of controlled substances and reduce medication errors from duplicate or excessive drug therapy.

The Washington State Department of Health is pleased to have this new resource online. It provides important information on controlled substances that have been dispensed to patients. Data collection began in October

2011 and as of September 7, 2012 the system has over eleven million records. Over 9,700 health providers have accounts with the system, and these providers have made over 259,000 patient history requests.

The following feedback comes from a registered health provider: "I believe that the program is the single biggest advancement in patient safety over the last ten years".

Practitioners may request prescription history reports for their patients from the program. The information is online 24 hours a day, seven days a week anywhere a user has Internet access. Prescribers can also delegate authority for requesting information to other licensed health professionals working for them. For example, a prescriber can delegate to a health care assistant or registered nurse license holders. Information on how to assign delegates is found online in our user guide (link provided below).

To register to access the information, visit (www.wapmp.org/practitioner/pharmacist/) and follow the steps in the *Training Guide for Practitioners and Pharmacists*.

The department's program website (www.doh.wa.gov/hsqa/PMP/default.htm) provides more information and an option to receive updates through a listserv. You can also contact PMP Director Chris Baumgartner at 360.236.4806 (prescriptionmonitoring@doh.wa.gov).

Grad Student Study Help Needed

A policy recommendation to include 17 behavioral measures into the electronic health record was issued recently. To understand how this policy recommendation may affect diverse primary care practices, research is underway to collect primary care providers' perspective on how implementing this policy recommendation may impact their workflow, patient care and future policies.

If you have an interest in informing future policy around this recommendation and be involved in this qualitative research, please contact Carolin Spice, RN, Principal Investigator at cspice@uw.edu.

Please Participate

Social media is a common method of communication, but little is known about how nurses use social media, and their perception of social media.

We would like to invite you to participate in a research study by completing an online, anonymous survey. The purpose of this study is to identify how often and for what reasons nurses use social media and how nurses

perceive usefulness, privacy and trust when using social media. If you have a nursing license, you're eligible to participate.

The survey will take approximately 10-15 minutes to complete. Upon completion, you are eligible to enter into a random drawing for one of three \$100 Amazon gift cards. If you decide to participate in the survey you're free to withdraw at any time. Your responses in this study will be kept anonymous, private, and confidential.

Please click the link below to participate in the survey:

https://fsu.qualtrics.com/SE/?SID=SV_6wWckr1Te0Zav8p

This study is approved by the Institutional Review Board at the Florida State University. The Assurance Number is FWA00000168/IRB number IRB00000446. You can find information about the project and the informed consent form at <http://socialqa.cci.fsu.edu/ns.html>.

If you have any questions about the survey, feel free to contact Dr. Sanghee Oh (shoh@cci.fsu.edu) or Dr. Mai Kung (mkung@fsu.edu).

NP Shout Outs

Pamela Davies

Congratulations on your recent publication of "Compact Clinical Guide To Cancer Pain Management An Evidence-Based Approach For Nurses"

Michelle Grandy

Congratulations on your interview with Ross Reynolds at KUOW. You can listen to her interview at www.kuow.org/program.php?id=27874

Let your colleagues know what's happening to you and your colleagues. You can submit a brief announcement about you or someone you want to brag about. They will be published at no charge on a space available basis. Send news to care@nurse.net.

Classified Ads

2 ARNPs Wanted- Western WA

ARNP wanted for 30 hours per week Tuesday to Friday in a North Seattle Wound Care Center. Another ARNP wanted Monday morning and all day Thursday in a Wound Care Center in Arlington, 50 miles north of Seattle. Both Wound Care Centers are well-established outpatient programs with excellent reputations of healing chronic wounds. Be a wound care specialist and part of a team with many disciplines. Experience as an ARNP required, but will train for wound care. Also option to buy this successful practice of 13 years that provides ARNPs to wound care clinics. Email olympicarnp@gmail.com or call 425-275-7629.

CE Opportunities

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma:

Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

**Pediatric Obesity Prevention in Primary Care
FREE 1 hr AANP CE Opportunity:**

Please allow me to invite you to complete an online CE program about: Pediatric Obesity Prevention in Primary Care

The program will take an hour or less, and has a research component/survey, so your participation is highly valued!

To access the program, please access the following link:

www.unco.edu/nhs/nines/HesslerCEforWeb2011/HesslerCEforWeb2011.html

**Working with Insurance and Managed Care Companies:
Tips for Behavioral Health Clinicians**

October 30, 2012 • 4:30 - 8:00 pm • The Moore Center - 1601 114th Ave. SE, Ste. 180 Bellevue, WA 98004

Continuing Education (2 credit hours) will be available through Eating Recovery Center for: All Masters-level professionals through the National Board of Certified Counselors; Registered Dietitians through the Commission on Dietetic Registration; Nurses through the Colorado Nurses Association; Social Workers through the National Association of Social Workers; and Psychologists through the American Psychological Association.

For questions, or to RSVP by Friday, October 26, contact Katie Klute, Senior Marketing & Community Relations Coordinator, at kklute@MooreCenterClinic.com or 509.430.9988

**Multiple Sclerosis Symptom Management:
A Complete Approach to Care**

November 10-11, 2012 • 8:30 – 5:00 pm • Seattle, WA

This two-day conference for naturopathic physicians provides an update on an integrative approach to treating many diseases and symptoms seen in a primary care practice. These include anxiety, migraines, asthma, diabetes, hypertension, GERD and low back pain. MDs, DOs, PAs, ARNPs, and students in a naturopathic program are welcome to attend. Nov. 10-11; 8:30 a.m. - 5:00 p.m. 6 CEUs each day

ARNPs are invited to the Washington Association For Naturopathic Physicians Fall Conference November 10-11, 2012. For more information call 425.602.3152 or visit:

www.bastyr.edu/civCRM/event/info?reset=1&id=330

**Multiple Sclerosis Symptom Management:
A Complete Approach to Care**

November 15, 2012 • 6:30 - 8:30 pm • Daniel's Broiler, 809 Fairview Avenue N, Seattle, WA 98109

Presenting will be Bobbie Severson, ARNP, an experienced member of the care team at the Swedish MS Center. RSVP to Kimia Talajour 206.588.9098 kimia.talajour@tevapharm.com

Service Ads

Seattle University NP Students Need Preceptors

Winter Qtr 1/7-3/20/13, 2 days/week

Spring Qtr 4/1-6/10/13, 2 days/week

Fabulous preceptors are ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg; cardio, neuro, etc) Please contact Linda Frothinger at: 206-293-4416 or frothil@seattleu.edu

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall, Winter and/or Spring.

Preceptors needed for beginning to advanced students.
 Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Interested in Mentoring the Next Generation of ARNPs?

Pacific Lutheran University in Tacoma, WA is looking for preceptors in the south Puget Sound area for the Family Nurse Practitioner program. Your commitment requires a minimum of 1 day a week for a semester. We need preceptors Fall (Sep to Dec), Spring (Feb to May) and Summer (May to August) semesters. If interested, please contact Dr. Lorena Guerrero at guerrelc@plu.edu or call (253) 535-7374.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests.

Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group

All are welcome. Meetings will be Sep/Nov/Jan/Mar/May on the third Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication.

Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

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Photograph of the Month



Mule deer taking an autumn frolic in a meadow near Cle Elum, WA. Photo by Bob Smithing