

Advanced Registered Nurse Practitioner Care

Vol. 24, No. 4

Official Newsletter of ARNPs United of Washington State

April 2013

Independent ARNPs Where Are You?

ARNPs United is working to assemble a list of independently practicing ARNPs of all specialties.

If you are in private practice please send an email to tracy@nurse.net and let us know who you are. If you know of a practice that's not yours please send that information as well. Thanks in advance.

Treatment Guideline for Prescribing Opioids - Proposed Rules

L&I is proposing changes in the Medical Aid rules to implement a new Guideline for Prescribing Opioids to Treat Pain in Injured Workers. This guideline was distributed to members of the medical community in January. The guideline and proposed rules are intended to implement best practices for prescribing opioids and improving the care of injured workers.

You can review the draft at:
<http://www.lni.wa.gov/rules/AO13/02/1302Proposal.pdf>.
The public comment period ended April 23

Washington Nursing Commission Set to Fill Seven Vacancies

State health officials are looking for seven citizens who have what it takes to help oversee Washington's licensed nurses.

The Nursing Care Quality Assurance Commission is responsible for licensing, consistent standards of practice, continuing competency and discipline for over 100,000 nurses in our state. The Nursing Commission has seven positions coming open in June.

People interested in serving may apply to be appointed by the governor to serve four-year terms that run from July 1, 2013 to June 30, 2017.

The vacant positions will be filled by licensed practical nurses, registered nurses, advanced registered nurse practitioners, and members of the public who value diversity and want to serve the people of Washington.

The Nursing Commission meets several times a year; members are reimbursed for travel and paid \$250 a day for those meetings. Commission members also serve on subcommittees, task forces, and hearing and charging panels.

More information on how to serve on this or any of Washington State Department of Health's 26 boards, commissions, and advisory committees can be found online.

The Department of Health Website (www.doh.wa.gov) is your source for a healthy dose of information.

Protect the Affordable Care Act. Take Action Today!

The Affordable Care Act is still in jeopardy!

Act now to prove that you remain committed to the Affordable Care Act and Health Care Reform. Join thousands of your colleagues in expressing your support.

Together, we can tell Washington that this law has already enhanced the lives of millions of Americans. Many of the law's provisions have gone into effect, such as continuing coverage for young adults, and are already improving Americans' access to care. But, provisions that have not been enacted are at risk of being gutted from the law.

- ☑ Chairman Paul Ryan (R-WI) proposed a budget based solely on the repeal of ACA's expansion of Medicaid eligibility, individual mandate and health insurance exchanges.
- ☑ Senator Ted Cruz (R-TX) proposed prohibiting funding for ACA until there is a 3-4 percent growth in the economy – an amendment that just narrowly failed with a vote of 45-52.
- ☑ House Representative Joe Pitts (R-KY) recently introduced a bill to repeal the Prevention and Public Health Fund established by the ACA. Pitt's proposal marks the 34th attempt at repealing the fund since it was passed into law.

Your commitment to your patients, colleagues and your own personal families make the ACA worth fighting for. Stand up and tell Washington that we can't afford to make cuts within the Affordable Care Act.

Ninth Annual Pediatric Bioethics Conference July 19-20, 2013

There are cases that test our moral values, raising complicated ethical issues in our day-to-day care of individual patients. Frequently, as they search for the proper course of action, clinicians and families seek advice from ethics committees or consultants. Yet, even when these situations are resolved, they may leave us feeling unsettled and uncertain. Did we do the right thing? Did we act in the best interests of all concerned? Could we have done more?

Plan to attend the Ninth Annual Seattle Children's Pediatric Bioethics Conference as we explore "Cases That Keep Us Awake At Night: Challenges In Pediatric Bioethics." A distinguished panel of experts will address a range of challenging ethical issues:

- Should a teenager be allowed to refuse a lifesaving blood transfusion on religious grounds?
- Should an organ transplant be performed over a family's objections?
- Should Child Protective Services be encouraged to intervene when a family fails to address the eating habits of a morbidly obese child?
- Should healthcare professionals withdraw medical interventions against the wishes of a family?

Join us in the picturesque city of Seattle as healthcare providers and bioethicists from around the country share insights and opinions. To learn more and to register, visit: seattlechildrens.org/pediatric-bioethics-conference

Happy Birthday, KCNA!

King County Nurses Association was established in March 1903. They are celebrating 110 years of advocating for nurses and the profession, and supporting members in health education, advocacy and community service. Help us celebrate this milestone!

Join them at the Annual Meeting & Spring Banquet on Thursday May 9, 5:30-9p.m. at Shilshole Bay Beach Club. There will be silent and live auctions (all proceeds to the KCNA Scholarship Fund), presenting of Shining Star nurse awards and student scholarships, a tasty buffet and loads of nurses and nursing students. Register today at:

<https://www.kcnurses.org/index.php?mact=KcnEvents,cntnt01,default,0&cntnt01cmd=reg1&cntnt01eid=26&cntnt01returnid=15>

Classified Ads

Office Space for Rent-Kent, WA

13 x 16 office space available immediately, rent negotiable. Great space for counseling or even a satellite office. Located next door to a well established Family Health Care Clinic. For more information contact Bob Smithing at 253.852.7723

Flexible NP Opportunities Offering Work/Life Balance

UnitedHealth Group is proud to offer per diem, part-time, and full-time Nurse Practitioner opportunities throughout Washington with our House Calls program! You will have the freedom to set your own schedule and work independently. We often hear our Nurse Practitioners love their jobs because they get to spend quality time with patients discussing their individual medical histories, answering important questions, and sharing valuable educational information to better their health and well-being! Qualified candidates must have an active and unrestricted NP license in the state of Washington, certification as ANP, FNP, or GNP, and at least one year of clinical experience. Contact Kaitlin Osborn today at Kaitlin_Osborn@uhg.com / 952.936.3888 if you, or someone you know, have an interest in learning more!

Washington - New Nurse Practitioner Opportunities in Bellingham and Seattle - \$3k Signing Bonus Offered!

Join our elite Evercare team in Washington, and improve your qualify

of life while helping seniors! As an Evercare Nurse Practitioner, you will provide primary and preventative care to a caseload of patients in long-term care settings. These exciting full-time opportunities provide flexibility and autonomy, while bringing enormous satisfaction in the care and comfort of our aging population. Qualified candidates must have an active and unrestricted NP license in the state of Washington, DEA license, certification as ANP, FNP, or GNP, and past experience working in a nursing home or with seniors in other settings. Contact Kaitlin Osborn today at Kaitlin_Osborn@uhg.com / 952.936.3888 if you, or someone you know, have an interest in learning more!

CE Opportunities

Are you looking for some continuing education credits? Do you have an interest in environmental hazards and health outcomes? If yes, the CDC has a free online class available for nurses and nurse practitioners worth four CEUs.

Visit the [National Environmental Public Health Tracking Network \(EPHT\)](#) with the CDC to take the free online class "Tracking 101".

This course gives an overview of the major components of EPHT. EPHT is the ongoing collection, integration, analysis, interpretation, and dissemination of data on environmental hazards, exposures to those hazards, and health effects that may be related to the exposures. The goal of tracking is to provide information that can be used to plan, apply, and evaluate actions to prevent and control environmentally related diseases. CDC is currently leading the initiative to build a National EPHT Network, to integrate these three types of data into a standardized electronic network.

For more information about EPHT or the training, please contact the CDC Tracking Program:

1-877-923-TRACK trackingsupport@cdc.gov

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates: www.keeplearning.uw.edu.

Pediatric Obesity Prevention in Primary Care FREE 1 hr AANP CE Opportunity:

Please allow me to invite you to complete an online CE program about: Pediatric Obesity Prevention in Primary Care

The program will take an hour or less, and has a research component/survey, so your participation is highly valued!

To access the program, please access the following link:

www.unco.edu/nhs/nines/HesslerCEforWeb2011/HesslerCEforWeb2011.html

Service Ads

Seattle University NP Students Need Preceptors

Winter Qtr 1/7-3/20/13, 2 days/week

Spring Qtr 4/1-6/10/13, 2 days/week

Fabulous preceptors are ARNPs, MDs, PAs in: Family, Geriatrics, Psychiatrics, Pediatrics, Midwifery, Women's health, Urgent Care, Specialty (eg; cardio, neuro, etc) Please contact Elly Detweiler at: 206-398-2098 or detwelle@seattleu.edu

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall,

Winter and/or Spring.
 Preceptors needed for beginning to advanced students.
 Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Interested in Mentoring the Next Generation of ARNPs?
 Pacific Lutheran University in Tacoma, WA is looking for preceptors in the south Puget Sound area for the Family Nurse Practitioner program. Your commitment requires a minimum of 1 day a week for a semester. We need preceptors Fall (Sep to Dec), Spring (Feb to May) and Summer (May to August) semesters. If interested, please contact Dr. Lorena Guerrero at guerrrelc@plu.edu or call (253) 535-7374.

Meetings

Puget Sound Nurse Practitioners Association
 Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.
 Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

Private Practice NP Discussion Group
 All are welcome. Meetings will be Sep/Nov/Jan/Mar/May on the third Thursday of the month from 6:30-8:00 at FamilyCare of Kent in Kent, WA. RSVP at least 48hr in advance to mwiley@familycareofkent.com so we can order food and drinks. Address and directions on www.familycareofkent.com. Sponsored by NP Central.

West Sound Advanced Practice Association
 Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Upcoming Events

Washington State Nurses Convention - May 1st - 3rd, 2013. Tulalip Casino. With nationally renowned speakers, a full year's worth of CE credits in one conference, nurses from across the state, and planning sessions on WSNA's future, this will be the premier nursing event in Washington. Be there!

Celebrate National Nurses Week
 May 6-12, 2013

Inspirational Quote

You see things and say, "Why?" but I dream things that never were; and I say, "Why Not?"
 George Bernard Shaw

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State
 10024 S.E. 240th St., Suite #230, Kent, WA 98031
 253.480.1035 Fax: 253.852.7725
www.facebook.com/ARNPsUnited
 Email: au@auws.org Web site: www.auws.org

ARNP Care
 10024 S.E. 240th St., Suite #230, Kent, WA 98031
 253.852.9042 Fax: 253.852.7725
 Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:
 Robert T. Smithing, MSN, ARNP, FAANP
 Madeline D. Wiley, MSN, ARNP, FAANP
ARNPs United Contributing Editors:
 Nancy Lawton, ARNP (President)
 Louise Kaplan, PhD, ARNP, FAANP (Legislative Chair)
Managing Editor: Tracy Kiele
Production Staff: Sarah Abid
Publisher: NP Central

© 2013 NP Central
 Ad rate sheet available on request.

Photograph of the Month



Mt Rainier, the view from Kent, WA. Wishing this was in my back yard...

Photo by Bob Smithing