

Advanced Registered Nurse Practitioner Care

Vol. 24, No. 10

Official Newsletter of ARNPs United of Washington State

October 2013

Pre-Conference Meet & Greet

ARNPs United would like to invite you to join us at the Fountain Wine Bar and Lounge at the Sheraton Hotel, 1400 Sixth Avenue, on October 30 from 7-9 pm. Meet with one another and ARNPs United President and Washington State Representative to AANP, Nancy Lawton. Share your ideas and concerns about our state Nurse Practitioner organization and learn what you can do to advance Nurse Practitioner practice and policies.

We look forward to seeing you there.

Seeking Board of Directors Members for ARNPs United of Washington State

At the Primary Care Conference, we will hold an election for a new board of directors. 4 BOD positions are open and we have 3 candidates running:

Chris Porter, FNP
Lorena C. Guerrero, FNP
Stephany Nesser, FNP

The term of the service for board members is 2 years. The time involvement is approximately 5-10 hours per month, as we have board meetings every 2 months (which can be attended via conference call) and sub-committee work based on your area of interest.

If you are interested, know someone you would like to nominate, or have any questions about this opportunity to serve Washington's ARNPs and their clients, please feel free to email tracy@auws.org.

National NP Week Nov 10-16, 2013

National NP Week will be held November 10 – 16, 2013. NP Week is a great time to build awareness in your community of the many benefits of NP-delivered health care. To assist you in doing this, AANP has prepared a resource guide for your use in planning activities and promotions in your community. The resource guide includes a press release, community activity suggestions, talking points, public service announcements and other tools to help you build a great campaign in your local area. Additional resources will be added to the guide over the next few weeks, so check aanp.org for updates. Link to the AANP resource guide at <http://www.aanp.org/images/documents/press-room/npweekbinder.pdf>

Proposed Bylaws Changes

There are proposed changes to the AUWS Bylaws which will be voted on at our annual meeting Thursday 10/31/13 at 12:15pm at the Advanced Practice in Prima-

ry and Acute Care Pacific Northwest 36th Annual National Conference.

Proposed changes are on the AUWS website at www.auws.org.

Mary Ann Draye, ARNP A Pioneer Retires...

After forty years as a stalwart advocate for NPs and as faculty in the Family Nurse Practitioner (FNP) Program at the University of Washington School of Nursing, Mary Ann Draye is now retired emeritus. She served as the Director of the FNP Program for the past 13 years and was instrumental in transitioning the curriculum to the Doctor of Nursing Practice. Mary Ann received her BSN from Loyola University, Chicago and her Masters at the University of Michigan. She is nationally certified as a Family Nurse Practitioner. Areas of practice included primary care at USPHS Indian Health in San Carlos, Arizona, Yessler Terrace Health Clinic, Seattle and UWMC. Mary Ann's special joy and major teaching responsibility was a respected core course in health promotion and behavior change for graduate nurse practitioner students. She has served on multiple committees and commissions including the Continuing Nursing Education Planning Committee for the Annual Primary Care Conference. Publications and papers include articles and book chapters on health promotion, behavior change, NP Pioneers (study conducted with Dr Marie Annette Brown), and transforming education and practice with the DNP. Recently she has been a UW faculty with the Center of Excellence in Primary Care at the Puget Sound VA, Seattle, one of five sites selected for interprofessional education of DNPs and medical residents. Mary Ann will continue in a selected teaching role in the FNP Program.

Please join the FNP faculty in celebrating MaryAnn's retirement on Thursday, November 21, 4:30-6:30PM in T202, Turner Conference Room, Health Sciences Building, University of Washington. Parking is available in S-1 behind the Health Sciences. We would like to put together a Memory Book for her. Bring your memory to the celebration. If you are unable to attend the event and would like to send your Memory Note/Letter, please email note to Dr. Christine Hoyle at cah@uw.edu. In lieu of gifts, Mary Ann requests donations in her name to:

Mary A. Draye Scholarship
UW School of Nursing
Advancement Office
Box 357260
Seattle, WA 98195-7260
ATTN: Christine Miller

Nursing Care Quality Assurance Commission Announces Job Opening

Nursing Consultation Advisor – Part-Time (50% Time)
Link: <http://agency.governmentjobs.com/washington/default.cfm?action=viewJob&jobID=733076%20>
Open until filled.

NOTE: Applicant review begins October 9, 2013. The hiring authority reserves the right to make a hiring decision at any time.

Face-to-Face Encounters for Durable Medical Equipment (DME)

Due to continued concerns that some providers and suppliers may need additional time to establish operational protocols necessary to comply with face-to-face encounter requirements mandated by the Affordable Care Act (ACA) for certain items of DME, the Centers for Medicare & Medicaid Services (CMS) will start actively enforcing and will expect full compliance with the DME face-to-face requirements beginning by a date that will be announced in Calendar Year 2014.

Section 6407 of the ACA established a face-to-face encounter requirement for certain items of DME. The law requires that a physician must document that a physician, nurse practitioner, physician assistant or clinical nurse specialist has had a face-to-face encounter with the patient. The encounter must occur within the 6 months before the order is written for the DME.

Although many durable medical equipment suppliers and physicians are aware of and are currently complying with this policy, CMS is concerned that some may need additional time to establish operational protocols necessary to comply with this new law. As such, CMS expects that during the next several months, suppliers and physicians who order certain DME items will continue to collaborate and establish internal processes to ensure compliance with the face-to-face requirement. CMS expects all durable medical equipment suppliers to have fully established such internal processes and have appropriate documentation of required encounters by a date that will be announced in calendar year 2014.

CMS will continue to address industry questions concerning the new requirements and will update information on our web site at www.cms.gov/medical-review. CMS and its contractors will also use other communication channels to ensure that the provider community is properly informed of this announcement.

<http://www.cms.gov/Research-Statistics-Data-and-Systems/Monitoring-Programs/Medical-Review/FacetoFaceEncounterRequirementforCertainDurableMedicalEquipment.html>

Independent Practice Survey

In the current healthcare environment, independent practice owners may be needed to accommodate the large numbers of patients newly insured under the Affordable Care Act. Little is known about the barriers or characteristics of NPs who own their practice and the potential affect or influence these barriers and characteristics may have on NP entrepreneurship.

If you are an NP who owns your own practice or has a financial interest in your practice, we invite you to participate in this important survey. The data collected may help to identify issues that impede NP practice ownership and may be used to generate further research to help advance the profession and provide valuable information for those seeking to own their own practice. <https://akeller.wufoo.com/forms/independent-practice-survey/>

Puget Sound Nurse Practitioners Association 2014 Scholarship Submittal Requirements

The Puget Sound Nurse Practitioner Association (PSNPA) will be awarding a \$1000 scholarship to a Washington state nurse currently enrolled or accepted into the 2014 Winter Quarter of a Master of Nursing program for nurse practitioner preparation or a DNP program in Washington State or enrolled in an online program for either of the aforementioned degrees.

PSNPA is a non-profit professional organization supporting nurse practitioners in Puget Sound. The work of the association is to provide venues for networking with peers, to offer forums for continuing education, and to promote the roles and opportunities for nurse practitioners and students in this field.

In keeping with this work, members of PSNPA are offering scholarship money to nurses enrolled in nurse practitioner degree programs. The first scholarship targeted students of the Doctor of Nursing Practice (DNP) programs in an effort to support that educational pathway. This year, PSNPA members would like to expand that opportunity to support a nurse who is enrolled in or accepted in, a master, post master, or doctoral level program, in pursuit of an advance practice degree as a nurse practitioner.

Students interested in applying for a one-time scholarship of \$1,000 should apply by completing the scholarship application requirements:

Eligibility Criteria:

- US Citizen or Legal Alien
- WA State resident
- Currently enrolled or accepted into the 2014 Winter Quarter of a Master of Nursing program for nurse practitioner preparation or a DNP program in

Washington State or enrolled in an online program for either of the aforementioned degrees

Each interested student is requested to submit a one to two page statement describing the following:

- Why are you pursuing a career as a nurse practitioner?
- Do you have a specific clinical area of interest that you are exploring while in your program? If so, tell us about it and why you chose it.
- What have you done in your career thus far that might set you apart from other candidates pursuing this scholarship?
- How will this degree help you to make a contribution in health care?
- Describe your vision of your practice in 5 years.

In addition, the following will be required for submission:

- Proof of enrollment in or acceptance into a Master of Nursing for Nurse Practitioners or DNP Program.
- Resume/CV including full name, address, e-mail, phone number
- A letter of recommendation from a colleague or faculty member telling us about you and why you should be chosen for a scholarship from other Nurse Practitioners in PSNPA.

In an effort of being green and reducing paper waste, we are trying to conduct this process entirely via email. The deadline is October 31, 2013. All documents should be submitted to Happy Salinas-Santos, ARNP, at psnpamail@gmail.com. If the applicant has not received acknowledgement of submission within three working days, please contact Happy Salinas-Santos via e-mail. Applicants may be requested to have an interview with the scholarship committee to further clarify their goals and/or background. The winner will be contacted via e-mail or phone, and will be invited to attend the PSNPA meeting on December 11, 2013 at 6pm to accept the award. Membership and Attendance to PSNPA Meetings are required upon receipt of scholarship.

Classified Ads

Family Nurse Practitioner - Board certified Full/Part time

We have been an Independent Nurse Practitioner Clinic for 13 years. The clinic is close to WWU, REI, and Starbucks. We have a positive supportive staff. The client load is reasonable. Minimum one year family practice experience or experienced with nursing background. (Fulltime position includes benefits)

This is a Nurse practitioner clinic providing primary and holistic care to wide variety of ages/ patients. The clinic is located adjacent to major university so we see many students and ex students. We have a focus for women's health. We are an integrative medicine clinic providing services such as acupuncture, herbal therapy, hypnotherapy, restorative medicine, and healthy weight loss. We want to educate and motivate our clients to take great care of their health. The clinic

has excellent resources and connections within the local Bellingham medical community. www.BellinghamHealth.com

Nurse Practitioner & NP Leadership Opportunities in Washington!

Improve your quality of life while helping seniors and join our exceptional Optum CarePlus team! We are proud to offer a variety of opportunities for Nurse Practitioners in various locations in Washington. These positions include a full-time NP in Tacoma or Snohomish, as well as a Clinical Services Manager in the Bellingham/Seattle area. These exciting opportunities provide flexibility and autonomy, while bringing enormous satisfaction in the care and comfort of our aging population. Qualified candidates must have an active and unrestricted NP license in the state of Washington, DEA license, certification as ANP, FNP, or GNP, and past experience working in a nursing home or with seniors in other settings. Contact Kaitlin Osborn today at Kaitlin_Osborn@uhg.com / 952.936.3888 if you, or someone you know, have an interest in learning more.

CE Opportunities

EPHT Online CE

Are you looking for some continuing education credits? Do you have an interest in environmental hazards and health outcomes? If yes, the CDC has a free online class available for nurses and nurse practitioners worth four CEUs.

Visit the [National Environmental Public Health Tracking Network \(EPHT\)](#) with the CDC to take the free online class "Tracking 101".

This course gives an overview of the major components of EPHT. EPHT is the ongoing collection, integration, analysis, interpretation, and dissemination of data on environmental hazards, exposures to those hazards, and health effects that may be related to the exposures. The goal of tracking is to provide information that can be used to plan, apply, and evaluate actions to prevent and control environmentally related diseases. CDC is currently leading the initiative to build a National EPHT Network, to integrate these three types of data into a standardized electronic network.

For more information about EPHT or the training, please contact the [CDC Tracking Program: 1-877-923-TRACK](#) trackingsupport@cdc.gov

UW Health Care and Social Work Certificates

Advance your skills, expand your network or earn contact hours and CEUs. UW Professional & Continuing Education offers the following certificate programs: Gerontology (online), Geriatric Mental Health (classroom), Medical Management (classroom), Psychological Trauma: Effective Treatment and Practice (online & classroom), Integrated Behavioral Health (online), and Infant Mental Health (classroom). Visit our website for full descriptions and start dates:

www.keeplearning.uw.edu.

**Pediatric Obesity Prevention in Primary Care
FREE 1 hr AANP CE Opportunity:**

Please allow me to invite you to complete an online CE program about: Pediatric Obesity Prevention in Primary Care

The program will take an hour or less, and has a research component/survey, so your participation is highly valued!

To access the program, please access the following link: www.unco.edu/nhs/nines/HesslerCEforWeb2011/HesslerCEforWeb2011.html

Service Ads

Guiding the Future... Love to teach...

Precept an FNP, ANP or PNP student!

Precepting involves 1 to 2 days a week for the 10-week quarter, Fall, Winter and/or Spring.

Preceptors needed for beginning to advanced students.

Contact Fiona Shannon, fiona@uw.edu for more information on precepting University of Washington students.

Interested in Mentoring the Next Generation of ARNPs?

Pacific Lutheran University in Tacoma, WA is looking for preceptors in the south Puget Sound area for the Family Nurse Practitioner program. Your commitment requires a minimum of 1 day a week for a semester. We need preceptors Fall (Sep to Dec), Spring (Feb to May) and Summer (May to August) semesters. If interested, please contact Dr. Lorena Guerrero at guerrelc@plu.edu or call (253) 535-7374.

Meetings

Puget Sound Nurse Practitioners Association

Join us! Puget Sound Nurse Practitioners Association is a non-profit organization supporting ARNPs in Puget Sound since 1998. We meet every other month and offer a social hour/networking and a speaker presentation.

Annual dues are \$40/\$20 for students. \$20 per meeting for guests. Apply for membership and find meeting information at <http://PSNPA.org>

West Sound Advanced Practice Association

Meets the second Thursday of the month. Meetings include networking/dinner/educational session. E-mail Fionafnp@centurytel.net for more information.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available and Continuing Education Ads of less than 66 words

are \$45, of 66 to 130 words are \$75, 131-180 words are \$105, and greater than 181 words are \$175. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75, more than 130 words are \$175. Ad Inserts are \$750 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #230, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.480.1035 Fax: 253.852.7725
www.facebook.com/ARNPsUnited
Email: au@auws.org Web site: www.auws.org

ARNP Care

10024 S.E. 240th St., Suite #230, Kent, WA 98031
253.852.9042 Fax: 253.852.7725
Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

Editors:

Robert T. Smithing, MSN, ARNP, FAANP
Madeline D. Wiley, MSN, ARNP, FAANP

ARNPs United Contributing Editors:

Nancy Lawton, MN, ARNP (President)
Louise Kaplan, PhD, ARNP, FAANP (Legislative Chair)

Managing Editor: Tracy Kiele

Production Staff: Sarah Abid

Publisher: NP Central

© 2013 NP Central
Ad rate sheet available on request.

Photograph of the Month



Photo by Bob Smithing

He's excited that the AUWS meeting is happening this month. Come to the meeting on Thursday or visit us at the AUWS booth.

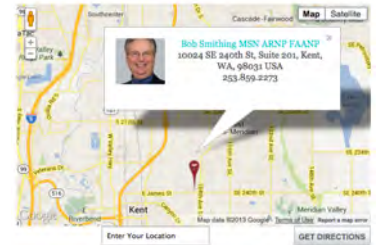


NP Central, 10024 SE 240th St, #230, Kent, WA 98031 | p. 253.852.9042 | f. 253.852.7723

Launch of the National Nurse Practitioner Directory

Kent, WA: Bob Smithing, MSN, ARNP, FAANP & Maddy Wiley, MSN, ARNP, FAANP announce the launch of NPDirectory.com a resource for finding nurse practitioners in the US and Canada. Designed to help consumers to find a nurse practitioner for their care and to help nurse practitioners connect with consumers. The service is free to nurse practitioners of all specialties who are interested in having patients find them in their practices.

Regardless of specialty or organizational affiliation all nurse practitioners and other APRNs are welcome to be listed. As you know, nurse practitioners are the best-kept secret in healthcare and NPDirectory.com is going to help change this. If you're a patient who wants to see a nurse practitioner you have a hard time finding us wherever you look.



Have you ever tried to refer a patient to a nurse practitioner (including CNM or psychiatric NP) in another state? Tough doesn't begin to describe it. Even people with a national network of NP contacts have trouble making these referrals.

We stand on the verge of the largest marketing push ever done by NPs, but when patients go to find an NP where will they look? Do you want potential patients to be able to find you? Do you have a specialty practice and want other nurse practitioners to find you? How can consumers demand access to your care if they don't know you are there?

So, what's a Nurse Practitioner to do? List yourself and your practice in the National Nurse Practitioner Directory at NPDirectory.com. It's so inexpensive (FREE) that you can't afford not to be listed. For NP Business owners who want to highlight their practices there are two paid upgrade options that let you get more information to consumers who are looking for you.

Listing Owner?
Address : 10024 SE 240th St, #201, Kent, WA, 98031 USA
Visit Website
Time : 8:00am to 5:00pm Tu-Fr
Send inquiry Send To Friend
Phone : 253.852.2273
Fax : 253.850.8894
Graduation NP Program Year : 1990
NP Program : Master's
Highest Earned Degree : Master's
Certified Specialty : Family Nurse Practitioner
Certifying Body : ANCC
NMC (Nurse Managed Center)? : Yes
Practice Name : FamilyCare of Kent
Focus : Primary Care
Age Cared For : Birth to 5y, 6-12y, 13-18y, 19-35y, 36-55y, 56-65y, 66y+
Procedures : Colposcopy, Endometrial biopsies, IUD insertion, IUD removal, Nexplanon insertion, Nexplanon removal, Skin biopsies
Clinical Expertise : Family Health Care, Travel Health, Women's Health Care
Precepting : Currently precepting
Practice Status : Active

The National Nurse Practitioner Directory is located at npdirectory.com. An easy to remember web address that you can give to your patients, friends and family. It's always up-to-date because you can update your listing any time, 24/7.

Consumers look for health related information on the Internet. Make it easy for them to find a nurse practitioner. Get your practice listed today. Go to www.npdirectory.com and add your directory listing. Then get at least one other NP to join as well. There is power in numbers and at the moment we've been divided and hidden, but not any more!

The National Nurse Practitioner Directory is sponsored by NP Central (www.npcentral.net & www.npjobs.com). NP Central was the first web site for NPs. It is a non-profit, NP run, business promoting nurse practitioners since 1994.

Basic Listing: Annual subscription is FREE

Please share this information with other nurse practitioners, consumers and most importantly take a moment to



Join Today! NPDirectory.com